

Deliverance Ministry

Plain & Simple



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Deliverance Ministry

Plain and Simple

-- A Practical Manual --

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Ephesians 3:20-21 (Amplified)

Now to Him Who, by (in consequence of) the [action of His] power that is at work within us, is able to [carry out His purpose and] do *superabundantly*, far over and **above** all that we [dare] ask or think [*infinitely beyond* our highest prayers, desires, thoughts, hopes, or dreams], To Him be glory in the church and in Christ Jesus throughout all generations forever and ever. Amen. (*italics added*)

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1. INTRODUCTION

Above & Beyond Deliverance Academy created this manual to provide insights, background, and practical guidance on deliverance ministry. We have refined this process through ministering to thousands. Our unique approach involves several key steps: we begin with preparing individuals through teaching and assessment, then proceed with gentle, confidential ministry sessions focused on identifying and addressing root issues.

We rely on prayer, Scripture, and the authority of Jesus Christ throughout the process. Finally, we provide follow-up support and teaching to help individuals maintain their freedom. This practical process has been developed and tested through extensive experience in deliverance ministry.

We thank Warfare Plus Ministries, Henry Wright, Peter Horrobin, Derek Prince, Francis McNutt, Frank and Ida Mae Hammond, and others for their foundational insights. We believe every deliverance ministry should build upon the experiences of others. While only Christ is perfect, our goal is to share a model and process that has proven effective.

We continue to learn as our experience in deliverance ministry grows. While we are not theologians, we are NCCA-Licensed counselors with degrees in Christian counseling. Our counseling background leads us to approach each person with compassion, discernment, and respect for confidentiality, while also applying biblical truth.

We recognize the foundational authority of God's Word, and we are careful to test all insights and practices against Scripture. Our experience has shown that combining sound scriptural teaching with practical, biblically informed counseling principles helps people find lasting freedom. We believe God's Word remains true and that the church is called to cast out demons (Mark 3:15-19).

We support our positions with Scripture where possible, though many insights are experiential and may evolve as we learn. Whenever we gain new experiential insights, we always carefully examine and test them against the teachings of Scripture to ensure that our practices remain biblically sound. Our goal is to honor God's Word as the standard while also sharing effective practices and insights from our ministry.

We respect other deliverance methodologies that bring freedom to the captives. Some use on-stage ministry; others utilize small groups of intercessors to help people gain freedom.

Our approach is to prepare individuals for deliverance, minister quietly and gently, and rely on God's power for freedom. We also emphasize follow-up teaching on maintaining freedom and spiritual discernment.

For free video teachings on deliverance, please visit our YouTube channel at **AandBCounseling**.

1.1 Ministry Overview

Founded in 2008, Above & Beyond Counseling Ministries, Inc. helps Christians fulfill their calling, as reflected in Ephesians 3:20 ("Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us"), in a three-fold mission:

1. Christian counseling and deliverance ministry services online and in-office.
2. Educational programs to allow motivated students to earn degrees and licensing in Christian counseling
3. Provide excellent training courses and materials to equip the saints to minister in deliverance and spiritual warfare.

1.1.1 Above & Beyond Counseling Center

The Counseling Center (<https://AandBCounseling.com>) provides individual, couples, and marriage counseling, as well as deliverance ministry services. We are committed to using computer and internet technology to offer services worldwide. Our offices are located in Tampa, Clearwater, and Brandon, FL.

Christian counseling is an important service within the Body of Christ, and we actively participate in it. However, counseling alone cannot address spiritual issues such as demonic influence. To best serve our clients, we use a range of counseling tools and processes.

Deliverance ministry, a biblical practice of helping individuals gain freedom from spiritual bondage and demonic oppression, is a key component of our therapeutic approach and the primary focus of this manual.

1.1.2 Above & Beyond Counseling Academy

Christian Counseling Degrees and Licensing (Worldwide):

There is a significant need for trained counselors within the Body of Christ. The Academy is a Certified Academic Institution with the National Christian Counselors Association. We offer programs leading to Bachelor's, Master's, or Doctorate degrees in Christian Counseling, enabling students to pursue NCCA licensure.

Students may complete their studies at their own pace through online courses or by receiving course materials by mail. The program is affordable, self-paced, and available to students worldwide.

1.1.3 Above & Beyond Deliverance Academy

Deliverance Ministry Training (Worldwide)

We are committed to training and equipping individuals for this important ministry. Through this program, ministers will gain practical skills such as recognizing spiritual needs, applying effective ministry techniques with confidence, and building safe, supportive environments for those seeking deliverance. We believe ministers can learn an effective framework for deliverance ministry. This manual outlines the process we have developed and refined over many years.

Our online **Deliverance Ministry Boot Camp** provides comprehensive training based on our model and approach. The boot camp includes this guide in PDF format, downloadable manuals, customizable PowerPoint presentations, and handouts.

To earn an optional 'Certificate of Completion' from the ministry, participants must complete all course modules and pass the online test. This certificate demonstrates a solid understanding of the principles and practices of deliverance ministry, equipping trainees to minister with greater confidence and credibility in their communities.

We also offer a training product designed to support deliverance ministry for children ages 4 to 12. This program adapts the adult Boot Camp model by incorporating age-appropriate language, interactive activities, and a focus on building trust with both children and their caregivers.

A primary requirement for children to undergo deliverance is that at least one parent or caregiver undergoes deliverance first.

2. SPIRITUAL WARFARE/DELIVERANCE MINISTRY

2.1 Deliverance Ministry: Then and Now

Jesus dedicated much of his ministry to teaching about spiritual warfare and the demonic realm. Throughout his public ministry, he focused on preaching, healing, and delivering people. As one commentator noted, he had the original "Ph.D." ministry: preaching, healing, and delivering.

Accounts of Jesus ministering deliverance are plentiful:

- Mark 1:23-28 Jesus cast a demon out of a man in a synagogue
- Luke 13 – Jesus casts the spirit of infirmity out of a woman
- Matthew 8:16
- Matthew 8:28-34 – Gadarene demoniacs
- Mark 1:23-34
- Additional examples are found throughout the Gospels.

Jesus trained the disciples for ministry, granting them authority to heal and cast out demons (Matthew 10:1, Matthew 10:7-8), and sent them out. The early church continued to minister deliverance following Jesus' death, resurrection, and ascension.

Another important aspect of deliverance ministry in the Bible is that when people are delivered from spirits, the spirits come out of them, indicating the spirits were present within them. Relevant scriptures include Matt 12:43, Mark 1:26, and Mark 5:8. Demons exist outside individuals but seek to enter to fulfill their mission: to kill, steal, and destroy.

It is important to clarify what this means for Christians. There is much discussion about whether a Christian can be indwelt by a demon or only influenced and oppressed from the outside. The majority of Christian teaching holds that while a believer, who the Holy Spirit indwells, cannot

be fully possessed by a demon, Christians can still come under demonic oppression or influence to varying degrees.

After his resurrection, Jesus gave the church clear instructions in Mark 16:15-19, commanding his followers to preach the good news, heal, and drive out demons. We believe the ministry of deliverance remains relevant for the church today and did not end with Christ's death.

To establish a foundation for understanding deliverance ministry, it is important first to define key terms that will be used throughout this teaching. Deliverance refers to the process of driving out demon spirits.

Spiritual warfare is the ongoing battle between the forces of God and the forces of evil, both in the spiritual realm and in the lives of believers. The demonic realm, comprised of three heavens, describes the existence and activity of evil spirits or demons who oppose God's purposes and seek to harm and deceive people. Deliverance ministry is one aspect of spiritual warfare.

2.2 Nature of the Demonic Realm

Demonic spirits are created beings. One-third were cast out of heaven with Lucifer during his rebellion against God (Rev 12:3-9). They possess minds, wills, and emotions, can communicate with each other, and vary in degrees of wickedness (Matt 12:43-45).

Not all demons are in hell; many are active in the world today, seeking to kill, steal, and destroy (John 10:10). They attempt to enter people to fulfill their mission better. While demons can influence thoughts, we believe they cannot read minds.

This perspective is supported by passages such as 1 Kings 8:39 and Jeremiah 17:9-10, which affirm that only God knows the hearts and minds of people. No scripture directly states that demons can read minds. Our view is based on both these scriptural principles and personal experience. However, we acknowledge that others may hold different beliefs.

The demonic realm has a hierarchy similar to the angelic realm, with wicked princes assigned to specific regions or countries (Daniel 10:13). However, deliverance ministry primarily addresses the environment in which we live.

2.3 Can a Christian Have a Demon?

No single Bible passage explicitly answers this question, nor does any passage state that Christians cannot have demons. Many reference 2 Corinthians 6:14 to argue otherwise: *"Do not be yoked together with unbelievers. For what do righteousness and wickedness have in common? Or what fellowship can light have with darkness?"*

Scripture must be interpreted in context. This passage specifically warns believers against marrying unbelievers and does not address the question at hand.

We believe Christians can experience demonic oppression but not possession. The Bible states that believers are "owned" or "possessed" by God. Christians become children of God, adopted into his family and grafted into the vine. A person can be mentally sound, saved, and still have a demon.

Derek Prince, author of "They Shall Expel Demons" and a Greek scholar, explains that the Greek text does not suggest a demon can 'own' a person. Rather, a person can be under the 'influence' of a demon.

Claiming that a Christian can be possessed is comparable to suggesting that termites own a house. While termites may damage the house, they do not own it. Similarly, a Christian may be influenced or in bondage to demons, but this does not mean Satan owns the individual.

Some demons are described as causing blindness, deafness, or mental illness. Others are associated with fear, depression (as in the case of King Saul), or epilepsy (Matthew 17:15-21). For example, a person under the power of a spirit of blindness will not see (Matthew 12:22), while a spirit of infirmity results in physical affliction (Luke 13:11). A spirit of fear leads to fearfulness, and a spirit of anger results in uncontrollable anger.

Since 2008, our Center has ministered to thousands of individuals. We have witnessed many born-again, Spirit-filled, Bible-believing Christians delivered from demonic spirits. For example, we once prayed for a young woman who had struggled for years with overwhelming fear and anxiety, despite her strong faith and regular involvement in church life. After a time of gentle prayer and deliverance ministry, she experienced freedom from these oppressive feelings. She was able to move forward with peace and confidence. Stories like hers remind us that deliverance is a practical reality for believers today.

Demons can affect the soul and body of a believer if given the right, but not the spirit, as the

spirit belongs to the Lord. This distinction is supported by passages such as 1 Thessalonians 5:23, which says, "May your whole spirit, soul and body be kept blameless at the coming of our Lord Jesus Christ," and Hebrews 4:12, which notes that the word of God "divides soul and spirit, joints and marrow." These verses clearly show a biblical distinction between spirit, soul, and body. The soul is the source of thoughts and emotions. Demons may cause fear, depression, lust, uncontrollable anger, and other iniquities in the soul, as well as sickness and disease in the body. We will examine these areas in more detail.

2.3 Man: Body/Soul/Spirit

The Bible teaches that we are a triune being: body, soul, and spirit. Understanding this distinction is essential to recognizing which part of us receives ministry. Knowing the difference can also change how we approach our walk with God. For example, when we pray, we may focus on aligning our spirit with God's Spirit. In worship, understanding that our spirit connects with God while our body and soul express praise helps us experience worship more fully. This awareness can also guide our personal growth, as we learn to nurture not only our bodies and minds, but also our spiritual life.

Genesis 2:7 shows that God formed man's body from the dust of the ground, which is why the elements of our bodies are found in the soil. Thus, the body is one part of our being.

Genesis 2:7, "And the Lord God formed man of the dust of the ground and breathed into his nostrils the breath of life (**His Spirit**), and man **became** a living soul."

God created us in His image and formed man's body from the dust, but it had no life until God breathed into him. This act made man a living soul, meaning the soul gives life to the body. Adam also received God's Spirit, enabling fellowship with God.

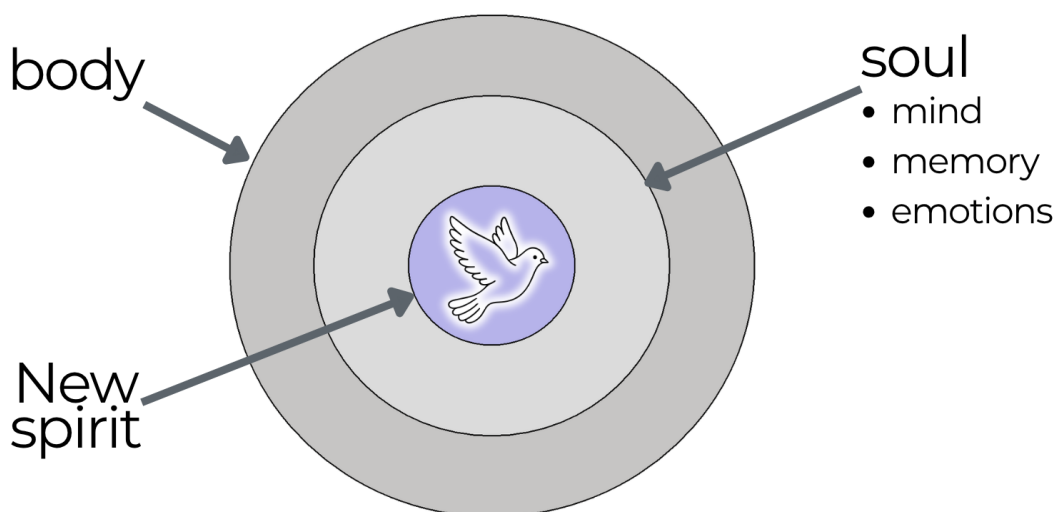
Adam possessed a **body** formed from dust, a **soul** that gave life to his body, and a **spirit** that enabled him to communicate with God. When Adam and Eve ate from the tree of the knowledge of good and evil, God had warned that they would die that day. Since Adam's body lived for many years after, and his soul continued to give life, it is clear that another aspect died.

This disobedience brought about spiritual death, which means separation from God's presence. Spiritual death resulted in Adam losing fellowship with God, and this loss affected not just him but all of humanity, who inherited a fallen spiritual state.

Because God's word is always true, something died that day. Adam lost the spirit God had given him. He retained his body and soul, but no longer had a spirit in fellowship with God. This loss represented spiritual death. However, through Jesus Christ, spiritual fellowship with God can be restored. By accepting Christ, we receive new spiritual life and can once again experience a relationship with God.

Let us consider each in more detail:

A Born Again Believer



2.3.1: The BODY

The body is the physical aspect of our being, comprising skin, hair, teeth, bones, and muscles. It grows, matures, declines, and eventually decomposes, returning to the earth. As it is written, "Then the Lord God formed a man from the dust of the ground and breathed into his nostrils the breath of life, and the man became a living being" (Genesis 2:7 NIV).

2.3.2: The SOUL

The soul is the core of your spiritual identity, encompassing your mind, will, memory, and

emotions. It defines your individuality and endures eternally, beyond human influence. Man cannot kill it, as Jesus taught: "What good will it be for someone to gain the whole world, yet forfeit their soul? Or what can anyone give in exchange for their soul?" (Matthew 16:26 NIV).

Do not be afraid of those who kill the body but cannot kill the soul. Rather, be afraid of the one who can destroy both soul and body in hell. (Matt. 10:28 NIV).

At death, the soul departs from the body and enters either heaven or hell, based on the individual's choices. Throughout life, the soul is transformed into the likeness of Christ as we renew our minds and follow the guidance of the Holy Spirit and our renewed spirit (Rom 12:2). This transformation involves intentionally aligning our thoughts and attitudes with God's truth, which leads to real change over time.

For instance, as we meditate on Scripture and allow it to shape our thinking, we begin to respond to situations with faith and love rather than fear or anger. An example from Scripture can be found in Ephesians 4:22-24, where Paul encourages believers to put off the old self and put on the new self, created to be like God in true righteousness and holiness. In practical terms, forgiving others, choosing humility, and pursuing godly wisdom are all ways we partner with the Holy Spirit in the ongoing renewal of our souls.

2.3.3: The SPIRIT

The spirit serves as the source of power and control for both body and soul. It can be characterized as either good or evil, light or darkness, holy or unholy, clean or unclean, and influenced by either demonic power or God. Scripture illustrates these contrasts clearly: "So I say, walk by the Spirit, and you will not gratify the desires of the flesh. For the flesh desires what is contrary to the Spirit, and the Spirit what is contrary to the flesh.

They conflict with each other, so people are unable to do whatever they want. But if the Spirit leads one, they are not under the law" (Galatians 5:16-18 NIV). This passage reveals that the influence of the Spirit produces godly fruit, while an evil spirit produces works of the flesh.

"But he turned, and rebuked them, and said, Ye know not what manner of spirit ye are of."
(Luke 9:55 KJV)

Due to Adam's sin, our spirit is born separated from God. We are not naturally in fellowship with Him. This fact is why Jesus told Nicodemus in John 3:5 that to enter the kingdom of God, one must be born again. In verses 6 and 7, He states, "Flesh gives birth to flesh and Spirit gives

birth to spirit. You should not be surprised at my saying that you must be born again."

Your soul exists eternally after death, and your relationship with God determines its destiny. As an eternal being, you are responsible for your own destiny. The Bible states, "You are gods, and all of you are sons of the Most High." (*Psalms 82:6 NIV*).

In context, Psalm 82:6 refers to human judges or leaders who were given authority to represent God's justice on earth, highlighting their responsibility rather than divinity. For believers, this verse serves as a reminder of the accountability and dignity entrusted to us by God, not as a claim that we share in the nature of God Himself.

A believer's spirit is "sealed" by the Holy Spirit, as Paul writes: "When you believed, you were marked in him with a seal, the promised Holy Spirit, who is a deposit guaranteeing our inheritance until the redemption of those who are God's possession" (Ephesians 1:13-14 NIV). We are called to become disciples and followers of Christ. Discipleship requires us to yield our will to the Holy Spirit and allow His power to work through us in ministry. The Holy Spirit also transforms us into the likeness of Christ.

Jesus teaches in John 15 that we are to bear fruit as evidence of the Holy Spirit's work. Galatians 5:22-23 lists these fruits as love, joy, peace, patience, kindness, goodness, faithfulness, and self-control.

In summary, when we receive Jesus as our Savior, we are "born again" and adopted into the Father's family. We receive a new spirit that is right with God, but our body and soul are not renewed in the same way. The soul remains an area in need of transformation and sanctification as we seek to become more like Christ and find freedom from spiritual challenges.

2.4 Strongholds Explained

Many people who seek help from us are experiencing very "negative fruit" in their lives. They are battling issues such as addictions, fear, anger, depression, perversions, rejection, pride, and more. Apart from the torment in their own lives, many have brought this "baggage" into relationships and family situations. Some people need counseling to help overcome these issues, but for many, years of counseling have yielded limited or temporary healing at best.

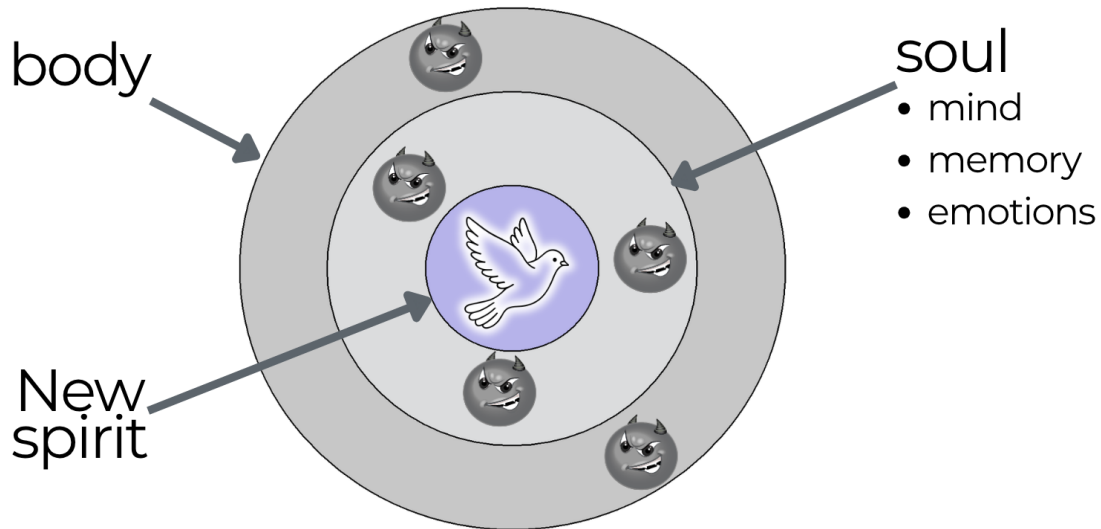
We believe that many are dealing with strongholds in their lives. While this term is widely used in the Body of Christ and in counseling situations, we contend the descriptions below best depict the issue:

- An area of the person's soul (mind or emotions) that refuses to yield to the Lordship of Jesus, or
- An aspect of their life where they cannot gain the victory, despite repeated efforts, prayer, ministry, counsel, and more. Medications are also not effective and are "band-aid" solutions at best.

During the teaching sessions, we help clients (or seminar attendees) understand that the forces behind the strongholds can be demonic spirits residing in the soul. Many sicknesses and diseases are also demonic in origin, and these devils reside in the body. See the graphic below. The "driving out", or deliverance from, of the demons is the only remedy.

These individuals, if they belong to Christ, are demonically "oppressed". Tormented individuals who do not have Jesus as their Lord have no countering positive force and can certainly be characterized as "possessed" or owned by Satan.

A Demonically Oppressed Believer



3. DELIVERANCE MINISTRY PROCESS OVERVIEW

The following sections describe the five-step process at Above & Beyond Christian Counseling when preparing a person for deliverance ministry. The five steps are: 1) The Interview, 2) Teaching on open doors for torment, 3) Teaching on how to close the open doors and prepare for deliverance, 4) Deliverance Prayer Session, and 5) Follow-up teaching. Listing these steps here provides an overview of the entire process. It shows where the interview fits within the broader framework.

This approach is a process rather than a formula. We recognize that Christ accomplishes the work and receives the glory. Through His Holy Spirit, we have been given authority and power. In each counseling session, we actively seek guidance from the Holy Spirit to discern underlying spiritual dynamics and respond wisely to the client's needs.

We depend on the gifts of the Holy Spirit, such as wisdom, knowledge, and discernment, to help us identify root issues and minister effectively. Counselors are encouraged to pray both

before and during sessions, inviting His presence to lead, direct, and work through us. This action means that reliance on the Holy Spirit is not just a theological foundation but a practical guide for every interaction with clients.

3.1 Session 1: The Interview

The first session, which lasts fifty minutes, focuses on building rapport, creating a safe and welcoming environment, and gaining a thorough understanding of the client's background. The main goals are to build trust with the client, uncover the key issues they are facing, and begin identifying their spiritual needs and possible areas where support or deliverance may be needed. The following questions guide this discussion:

- What are the issues you are dealing with?
- What was your home life growing up?
- The general atmosphere in the home
- Mother/father issues? Step-parents?
- Please provide a brief overview of your siblings' lives. Was there a favored child in the family?
- Were there any experiences of abuse during your upbringing? If so, what type and by whom? Have you experienced any significant traumas at any point in your life?
- What is your first memory? (Not one someone told you about or one you saw in a picture, but one you have in your head?)
- What age were you?
- Occult activities of family members
- Please share a summary of your significant relationship history. A detailed list of partners or experiences is not required.
- Were any of these relationships abusive or controlling?
- Any involved in occult activities

- Has anyone expressed strong negative feelings toward you or your family?
- Has anyone ever separated you from someone you cared about, such as a partner?
- Occult sin in the background? Freemasonry? Generational?
- Are there any ongoing physical issues or infirmities?
- Tell me about your relationship with the Lord.
- Address the salvation issue (Determine if they are saved or just religious?)

This list is included in the handouts section for your reference and use as a guideline.

After this session, we typically provide the handout "Who I Am in Christ?" It is important to understand that becoming a child of God means we are no longer slaves or orphans. We encourage clients to read and reflect on this handout to strengthen their faith and foster expectation for positive change.

In the following session, counselors should invite clients to briefly share any reflections, insights, or questions that arose while reading the handout.

Simple prompts such as "What stood out to you in the handout?" or "How did what you read impact the way you view your relationship with God?" can help start these discussions. Encourage clients to identify specific statements from the handout that spoke to them personally.

If appropriate, ask how embracing these truths might affect their day-to-day life or sense of identity in Christ. This inquiry not only reinforces the handout's message but also provides an opportunity for deeper engagement, helping clients begin to internalize these spiritual truths and prepare for the first teaching.

3.2 Session 2: Teaching on Entry Points/Open Doors

This fifty-minute session addresses potential open doors for demonic torment in a believer's life. The material is usually presented in depth, using PowerPoint, flip charts, laminated sheets, or spoken instruction. Visual aids are helpful but not required.

The session materials are included in the Appendices, with each topic addressing a specific open-door area. During the session, participants receive the "Strongholds/Issues List" and "Demonic Torment Entry Points List" as assignments. Please note that this homework is private and should not be shared. The counselor or minister will not review the "Entry Points" list, so clients should complete it thoroughly and honestly.

Confidentiality is a top priority in this process. Maintaining privacy allows participants to be open and honest without fear of judgment or exposure. All information shared in assignments or during sessions will be protected and handled with sensitivity, ensuring a safe environment for personal reflection.

Participants are advised to use the Strongholds List as a guideline. While we focus more on areas they have marked, we will pray for all items on the list. This approach ensures nothing is overlooked. Many find reassurance knowing that individuals are often set free from issues they were previously unaware of.

3.3 Session 3: Teaching on Preparing for Deliverance/Closing Entry Points

This fifty-minute session guides the client in closing open doors and revoking the spirits' legal rights to remain.

The key elements here focus on four primary areas: forgiveness, releasing judgments, dealing with generational and word curses, and ungodly soul ties. The purpose is to ensure the prayee understands that these are open doors and to prepare them to deal with them through the declarations to come. These topics are addressed in the "Teachings" session.

Homework assigned is the "Closing the Door" Declarations and the "Preparing for Deliverance" handouts.

3.4 Session 4: Deliverance Prayer Session

A private session typically lasts two hours. During our "Released to Soar" group deliverance seminars, the prayer team moves throughout the room, praying for multiple participants in sections. The group process may take three hours or more. We recommend that clients wear

comfortable, casual clothing and confirm they have completed any assigned preparation.

Please ensure a quiet room is available, with worshipful or instrumental music in the background. It is also helpful to provide mints, tissues, and a waste basket. If the client feels anxious or unsure about the session, we encourage them to reach out with any questions or concerns beforehand. We are here to support them and want them to feel as comfortable and prepared as possible.

We advise participants not to talk, pray, or speak in tongues aloud during the deliverance prayer. Instead, we encourage them to agree internally that the spirits will leave as they are called out. It is important to know that a range of emotional or physical responses during the session is normal.

If participants feel the need to cough, yawn, cry, scream, or spit up, they should allow these responses, as such manifestations may indicate spirits leaving. Some may feel emotional release, while others may remain calm; both are natural. However, spirits may also depart without any visible signs.

If at any point a participant feels overwhelmed, distressed, or unable to continue due to the intensity of any manifestations, they should let the minister or prayer team know immediately. The session can be paused, and support will be provided to help them feel safe and comfortable. Participants are reminded that they are not alone and that their well-being is our priority throughout the process.

Before prayer, the minister invites the Holy Spirit to anoint the session with gifts such as faith, wisdom, knowledge, discernment, healing, and miracles. We will pray for protection over all families, including spouses, parents, children, and pets, as well as everyone present in the building and on the property.

We will pray for warring angels to assist in spiritual battles and thank God for His work in your life. Any manifesting or tormenting spirits will be bound and commanded not to cause harm. We will instruct all evil spirits to leave the room and go to uninhabited dry places, and ask the angels to ensure their removal.

During the deliverance prayer session, the minister will sit facing the participant, hold their hands, and maintain eye contact. This physical connection is intended to facilitate the anointing, following the scriptural example of Jesus laying hands on those receiving deliverance.

We typically begin by breaking ungodly soul ties between the individual and their father, mother, children (including step, foster, or adopted), spouse, and ex-spouses. If applicable, we also

address soul ties with any abuser, as well as with any aborted child and the partner involved.

We begin the deliverance process by breaking generational and word curses and addressing familiar spirits. Next, we address the "Haughty" strong man and related spirits, proceeding through the "Stronghold List" and commanding each spirit to leave in turn.

At the conclusion, we provide the "Post Deliverance Instructions" handout, review it with the participant, and pray for them to be filled with the Holy Spirit and to experience spiritual growth. We strongly encourage attendance at the fifth session.

3.5 Session 5: Teaching Session - " Staying Free: The Narrow Road to Life"

This session introduces key elements of spiritual warfare and supports the client's ongoing sanctification process. Clients receive the "Staying on the Narrow Road" handout.

- Actions and reactions can become habitual.
- You can resist temptation.
- If you fall into sin, confess and repent promptly to return to your path.
- Keep the door closed.
- Do not go to bed angry. If you have had a conflict, choose to forgive before you go to sleep to avoid being vulnerable to negative influences.
- Do not allow any cracks in your armor. All Satan is looking for is a tiny seed to take root.
- Pray and ask God to show you the demons' tactics in advance.
- The spiritual battle is in the mind. II Cor 10:3-6
- Having a thought is not a sin; while you cannot prevent thoughts from arising, you can control your response.
- Bind demonic spirits and loose the Holy Spirit in all life situations.

During our three-day "Released to Soar" Deliverance Seminars, each attendee receives this final

session as an audio teaching at the conclusion of the seminar. This material is also covered individually in private sessions, allowing us to assess each client's progress and determine the next steps in their ministry plan. In addition, ongoing support is available after the seminar.

Participants are encouraged to take advantage of follow-up resources, including additional counseling sessions and recommended reading materials. These resources are designed to help participants continue their journey and maintain their freedom. If you would like more information about our follow-up offerings or need support after your seminar, please reach out to our team.

4. TEACHINGS

4.1 Generational Curses

Generational curses are judgments affecting individuals due to recurring sins within a family line. While similar to original sin in their generational transmission, generational curses do not result in eternal judgment. Instead, they cause hardship or bondage during a person's life until the underlying issues are addressed. For example, someone might notice that anger or addiction continually shows up across several generations in their family, despite their efforts to change.

This recurring pattern can be a sign of a generational curse that needs to be addressed. These curses are often linked to demonic or angelic spirits, which must be identified and addressed when breaking the curse. However, it is important to remember that freedom from these patterns is possible through the power of God. No matter the depth or history of generational struggles, God can bring healing and deliverance. Through Christ, there is hope and victory over every curse.

Some of the manifestations of these curses are pride, stubbornness, fear, anxiety, heaviness, depression, suicide, jealousy, revenge, anger, hatred, murder, control and manipulation, lying, deception, adultery, bondage, addictions, infirmities, sinus, migraines, death, obesity, perversion, lust, pornography, rebellion, occult, witchcraft, etc.

The New Testament reveals that we can be redeemed from these curses. Galatians 3:13 says, "Christ hath redeemed us from the curse of the law, being made a curse for us; for it is written, cursed is every one that hangs on a tree." However, that does not mean the demons

automatically leave. Just as healing and salvation must be appropriated, so must freedom. Jesus Christ also shed His blood to redeem our sins.

Generation curses must be declared as broken and can be accomplished as follows:

1. Confess your sins and ask for forgiveness.
2. Acknowledge the sins of your forefathers (Leviticus 26:40-42). This step involves agreeing with God that these sins occurred, not seeking forgiveness on their behalf.
3. Forgive and release all judgments toward others, particularly your ancestors.
4. Break any ungodly soul ties with your ancestral line on both your mother's and father's sides.
5. Specifically break the power of each generational curse in the Name of Jesus and address any associated spirits.

These steps are typically addressed as the individual progresses through the five-step process and during the prayer session.

4.2 Word Curses

The Bible states that the tongue holds the power of life and death (Prov. 18:21). Many people experience curses, and some, in turn, curse others.

Proverbs 26:2 says, "Like a fluttering sparrow or a darting swallow, an undeserved curse does not come to rest." An undeserved curse cannot take effect. Some Christians mistakenly believe that being born again makes them immune to curses. However, unrecognized vulnerabilities, such as unforgiveness or judgments, can allow curses to take hold.

Curses may be pronounced by individuals involved in occult practices or false religions. However, some of the most harmful curses can come from those closest to us, such as family members or spiritual leaders.

Doctors may unintentionally speak of negative outcomes, such as "You have a tumor in your body, and you are going to die in six months." If a person accepts this statement, it can have a profound impact. Believers are encouraged to reject such pronouncements, break the curse, and

seek support from faith-filled individuals for deliverance and healing.

For instance, you can pray, "In the name of Jesus, I reject and break every negative word spoken over me. I do not accept this diagnosis as the final word. I trust in God's power to heal and restore me. I declare life, health, and wholeness in Jesus' name." Using simple prayers like this provides a practical way to stand against negative words and invite God's truth to prevail.

Individuals may also harm themselves by speaking negatively about their own lives, such as saying, "I'm so stupid," "I'll never be happy," or "I'll always be broke." These self-imposed curses should be broken, and any associated negative influences addressed in Jesus' name.

Manifestations of these curses may include sickness, disease, pain, financial difficulties, accidents, and a sense of defeat. It is important to address any associated negative influences while breaking these curses.

4.3 Unforgiveness/Judgments

The New Testament addresses unforgiveness extensively. Matthew 6:14-15 states that if we do not forgive others, God will not forgive our sins.

The parable of the unmerciful servant in Matthew 18:22-35 illustrates the consequences of unforgiveness, including spiritual torment. Verse 34 explains that God turns us "over to the tormentors" when we withhold forgiveness. Verse 35 further emphasizes that our Heavenly Father will treat us similarly unless we forgive others from the heart. Forgiveness is a deliberate choice, not dependent on emotions.

Luke 6:37 teaches that when we judge others, we are also judged. Romans 2:1 states that by judging others, we condemn ourselves. Similarly, judging others can lead to spiritual consequences.

At A&B, we teach that judgments include speaking negatively about others. While we may choose to forgive, speaking poorly still constitutes judgment. This fact underscores the power of words, as Proverbs 18:21 highlights: "life and death."

4.4 Occult Sin

Engagement in various occult practices may lead to spiritual distress. Such practices include ouija boards, séances, horoscopes, psychic hotlines, superstitions, certain types of music or movies with violent or demonic themes, martial arts with spiritual elements, and new-age or spiritually based healing methods such as acupuncture or holistic therapies.

The Bible states that "God's people perish for lack of vision or knowledge" (Prov. 29:18 KJV), which applies in this context. Many individuals become involved in occult practices without understanding the potential spiritual consequences. While forgiveness is available through repentance, spiritual oppression may persist and require further intervention. We have assisted individuals who, despite confessing and repenting of past occult involvement, continued to experience spiritual distress because the tormenting demons have not been evicted.

4.5 Sexual Sin

Sexual sin, like any other sin, may lead to demonic torment. This type of sin also creates an ungodly soul tie, which we will address in the next session. We ask each client to privately list the names of individuals with whom they have engaged in sexual sin.

4.6 Soul Ties

A soul tie is a strong connection between two individuals that can be highly beneficial in a healthy relationship or harmful if formed with the wrong person.

In the Bible, a soul tie is described using terms such as 'knit' and 'cleave,' which refer to being closely connected, following closely, or being firmly attached to another person.

4.6.1 Godly Soul Ties

Godly soul ties are founded on love. For example, consider Jonathan and David:

"Now when he had finished speaking to Saul, *the soul of Jonathan was knit to the soul of David, and Jonathan loved him as his own soul.* ²Saul took him that day and would not let him go home to his Father's house anymore. ³*Then Jonathan and David made a covenant because he loved him as his own soul.*" (1 Sam. 18:1-3 (NKJV) italics added)

David and Jonathan formed a covenant due to their deep mutual love. Their souls were closely joined.

Stronger soul ties between friends create deeper, more enduring relationships. These bonds provide support during adversity and foster shared joy in times of success.

Within marriage, God established the highest form of soul tie between husband and wife. The marriage ceremony unites the couple in spirit. Consummation makes them one flesh (Gen 2:24, Matt 19:5). While souls can be joined in covenant, they can also become bound in ways that lead to bondage.

4.6.2 Ungodly Soul Ties

4.6.2.1 UNGODLY CONTROL

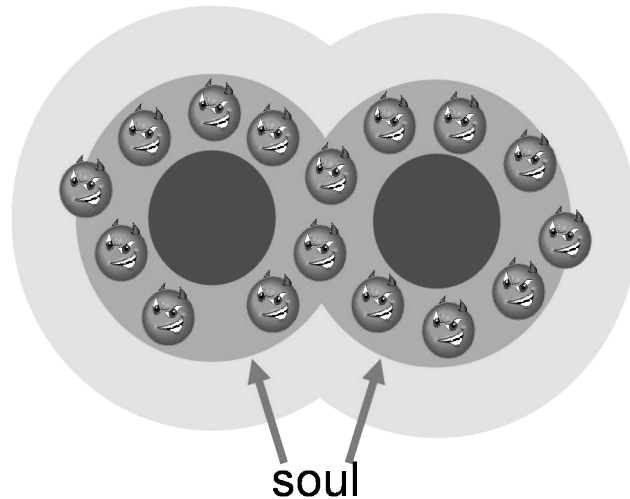
Soul ties can allow one person to influence or control another by creating a strong mental and emotional connection. If one individual in this bond acts with selfish or harmful intentions, the soul tie may enable manipulation or abuse. In unhealthy relationships, such ties can lead to emotional and mental dependence, causing individuals to act against their own well-being.

4.6.2.2 UNGODLY SEXUAL SOUL TIES

The sexual union within marriage is intended to unite two individuals as one. Engaging in fornication or adultery outside of marriage can also create strong emotional and spiritual bonds, similar to those formed within the marriage covenant. These connections can be as significant and binding as those established through marriage.

While the sexual union is intended to unite two individuals within marriage, it can also create unintended emotional and spiritual bonds outside of this covenant. Such connections, formed through premarital or extramarital relationships, may have lasting effects. It is important to recognize the seriousness of these bonds, as Paul emphasizes in 1 Corinthians 6:16-18.

1 Cor 6:16-18 *Do you not know that he who unites himself with a prostitute is one with her in body? For it is said, "The two will become one flesh." But he who unites himself with the Lord is one with him in spirit. Flee from sexual immorality. All other sins a man commits are outside his body, but he who sins sexually does so against his own body.*



4.7 Personality Spirits

We hold the view that what is medically referred to as Dissociative Identity Disorder (DID) may involve demonic spirits entering a person during significant trauma. Throughout Scripture, we see examples of spiritual vulnerability associated with trauma and identity confusion. For instance, in Luke 8:27-30, Jesus encounters a man possessed by many demons who had lost his sense of self. Ephesians 4:27 warns believers not to "give place to the devil," which can occur in times of intense emotional distress or when individuals open themselves to unbiblical identities.

We also believe this can occur when individuals attempt to assume other identities, such as adopting a different persona or nickname, echoing warnings in Deuteronomy 18:10-12 against opening oneself to spiritual influences outside God's will. We acknowledge that perspectives on this condition vary within both Christian and secular communities.

We break the soul ties between the client and these names or personalities and call them out. The process typically involves the following steps: First, the client is led to renounce any false name, persona, or identity that they have adopted, whether intentionally or unintentionally. Next, we guide the client in verbally breaking any ties they have formed with these names or personalities by declaring, for example, "I break all soul ties with every false identity I have assumed." We then pray, asking the Holy Spirit to reveal any spirits attached to these identities, and specifically name and call out these spirits to leave in the name of Jesus Christ.

Finally, we pray for the client's restoration and the filling of the Holy Spirit in every area

previously influenced by these spirits. For instance, we also see clients so fearful that a spirit of fear has entered them. Actors and dancers can also have personality spirits. Children who have been ritually abused often have personality spirits. We contend they have unwittingly invited demons in by desiring someone else to take this abuse instead of them.

4.8 Sickness/Infirmities

Scripture teaches that the enemy seeks to kill, steal, and destroy, often through sickness and disease. Throughout Jesus' ministry, he consistently healed those brought to him, either by laying hands on them, speaking healing words, or casting out demons. For example, in Luke 13:11, Jesus healed the woman afflicted by a spirit of infirmity.

Additionally, in Matthew 8:16, many who were demon-possessed were brought to Jesus, and he drove out the spirits with a word and healed all the sick. In Mark 1:32-34, Jesus healed many who were sick with various diseases and cast out many demons. In John 9:1-7, Jesus healed a man born blind, demonstrating divine authority over physical affliction. These Gospel accounts reinforce the biblical foundation for healing and deliverance ministry.

The medical field often classifies certain diseases as "syndromes" or "disorders" when their causes are unknown. Many of these conditions may have spiritual roots and be influenced by demonic spirits. Discernment is essential when ministering to individuals with such conditions. We encourage prayerful evaluation, seeking guidance from the Holy Spirit, and considering both spiritual and medical perspectives.

If symptoms persist despite medical treatment, or if there are clear manifestations of spiritual bondage such as persistent fear, torment, or occult involvement, these may indicate a spiritual root. In such cases, deliverance from these spirits is necessary for healing to occur. However, we also emphasize responsible care by encouraging clients to consult with medical professionals when needed.

4.9 Freemasonry

Freemasonry is a worldwide organization that promotes the glorification of man by his achievements, both within and outside Masonry. It is supported by a tightly controlled brotherhood of Masons, to the total exclusion of belief in and trust in the Lord Jesus Christ. It is

a secret society in which powerful oaths bind members. Penalties are sworn on pain of torturous death at the hands of Brother Masons to protect their secrets.

Freemasonry purports to be a quest for divine light. It is inherently religious, a mixture of Hinduism, Kabbalism, and Rosicrucianism, with the pagan religions of Egyptian and Greek mythology. The teachings of Freemasonry bear no relation to, nor are compatible with, biblical Christianity, and prayers raised in the name of Jesus Christ are forbidden. Still, the various ceremonies and oaths were taken only to cause spiritual blindness, darkness, and false claims.

There can be curses and spirits in a person's life because of family or personal involvement in Freemasonry. Key prayer points include confessing the sin of Freemasonry and its oaths, renouncing any allegiance to Freemasonry or its symbolism, breaking curses over oneself and one's family line, and asking the Lord Jesus Christ for forgiveness and full spiritual freedom. See the handout in Section 5.11 for the full prayer of release for former members and those with a history of family involvement.

4.10 List (Partial) of Cultic/Occult Activities

Acupuncture/Acupressure incl: Chinese
Medicine, Chinese Herbs, 5 Element
Theory
Akashic Record
Alexander Technique-Feldenkrais Method
Altered States of Consciousness
American Indian Ceremonies: herbal
medicine, sweat lodges, powwows, trail
of tears, dream catchers, medicine
wheel
Amulets, Amulet Healing
Angel Worship
Apparitions
Applied and Behavioral Kinesiology/Muscle
Testing
Aromatherapy
Ascended Masters: incl. Elizabeth Clair
Prophet
Astral Projection
Astrology/Biblical Observer of Times/

Horoscope/The Zodiac Signs/
Astrotherapy
Attitudinal Healing/Jerald Jampolsky
Auras/Aura Reading/Aura Therapy
Automatic Writing/Journaling (channeling)
Auric/Chakra Healing
Ayurvedic Medicine/Deepak Chopra

Bach's Flower Therapy
Bahaism (Bahai Church)
Biofeedback/Autogenic Training
Biorhythms
Body Work, incl. Rolfing, Postural
Integration
Buddhism: Zen, Vipassana, Tibetan
Buddhism, Buddhist Meditation

Cabala/Jewish Mysticism
Cartoons/Demonic comic material; movies;
videos

The Celestine Prophecy	Esalen
Chakras	ESP
Chanting/Mantras.	EST /Werner Erhard
Charms, incl. Ankh, Talismans', Italian Horns, Star of David, Horseshoes, Rabbit's Foot, Scarabs	Familiar Spirits/Necromancy, family spirits, table tipping, séances
Chi	Feng Shui
Christian Science/Mary Baker Eddy/Christian Science Monitor (newspaper)	Fetishes
Christian Science Reading Rooms	Fire Psyche by Candles
Clairvoyant Diagnosis	Firewalking
Clairvoyance, Mental Telepathy, ESP	Feminism/Goddess Worship
Color Therapy	False Prophets: Jean Dixon, Nostradamus
Course in Miracles	Financial Bondage to the Occult
Crystal Balls, Eight (8) Ball	Fortune Telling
Crystals, Crystal Healing, Birthstones (supernatural power of), Power Rocks	Geomancy (a form of divination)
Cultural/Pagan Ceremonies; superstitions; elves, fairies, genies, leprechauns, Santa Claus, Easter Bunny, godless worship, mother earth (Gaia) worship, tooth fairy, harmonic convergence Course of Miracles/Helen Schueman/ Kenneth Wapnick/Gerald Jambolsky	Herbology
Cursing/General Swearing	Hinduism/Gurus Transcendental Meditation, Hare Krishna/Deepak Chopra Holistic Medicine
Déjà vu	Homeopathy
Dianetics	Hypnotism; Self-Hypnotism; Subliminal tapes
Divination: Tarot, fortune-telling, tea leaf reading, handwriting analysis, palm reading, I Ching, numerology, false prophecy	Humanism/Human Potential Movement; EST, Actualization, The Forum, Life Spring, Momentus/Insight & others
Death/Dying Movement - Elizabeth Kubler- Ross; Tibetan Book of the Dead, Into the Light	I Ching
Dowsing (water-witching)	Incense/Moxibustion
Dungeons & Dragons	Iridology
Dream Work/Jungian	Inner Peace Movement
Dungeons & Dragons	Islam/Muslim/Black Muslims
Eastern Philosophies	Jehovah's Witness/Watchtower
Echankar	Jung, Carl (archetypes, dark shadows)
	Kabbala (Jewish mysticism)
	KKK-Racism
	Kundalini Energy/Kundalini Yoga
	Levitation
	Magic: White/Black/Stage Magic

Massage, including Esalen, Psychic, Jin Shin Do, Shiatsu, Reflexology

Mind Idolatry/Mensa

Mediums: Edgar Cayce, Arthur Ford, J.D.

Knight, Swedenborg, Jane Roberts

MENSA (self-idolatry)

Metaphysics

Mormonism

Martial Arts: Aikido, Tai Chi, Karate, Judo, Kung Fu, Taekwondo & others

Masonic Lodge/Freemasonry: incl. Eastern Star, Shriners; DeMolay, Rainbow Girls

Naturopathy

New Age Physics, Quantum Physics, Quantum Mechanics, The Tao of Physic (Fritjof Capra)

New Age Therapies

New Age Thinking

Nostradamus

"Now Signs" of the New Age: Unicorns, Rainbows, New Age symbols, Rock Music, or Hippie Memorabilia

Numerology

Occult Medicine

Occult Meditation

Occultic Music/Demonic Rock Music, Gregorian Chants, Stephen Halpern

Occult Books

Oracles

Ouija Board

Out-of-Body Experiences

Pagan Religion/Paganism in Christianity

Palmistry

Past Life Regression (Hypnotic)

Parapsychology /Paranormal

Pendulum Diagnosis/Radiesthesia

Pokémon

Polarity Therapy/Randolph Stone; diet, bodywork, polarity yoga

Poltergeists

Precognition

Primal Therapy/ Bioenergetics, Radix

Psi; the Psi-Tronics Super-Sensor Dowsing Rod

Psychic Detectives

Psychic Reading/Psychic Portraits

Psychic Surgery

Psychokinesis

Psycho-cybernetics

Psychometry

Psychotherapy, including the teachings of Carl Jung, Sigmund Freud, Fritz Perls, Carl Rogers, Abraham Maslow

Psychosynthesis

Radionics/Psychic Healing

Reiki Healing

Rosicrucianism

Satanism/Satan Worship;

Halloween/Pentagrams

Scientology/Dianetics; L. Ron Hubbard

Secret Brotherhoods/Sisterhoods; fraternities, sororities, blood oaths

Sensory Deprivation Tanks

Silva Mind Control/Mind Dynamics

Shamanism/Carlos Castaneda

Sorcery/Pharmakia

Spiritism/Spirit Guides

Statues or Idols: Diana, Angels, Mercury, Venus, Virgin Mary, Jesus, Buddha, including idolization of movie stars like Elvis, musicians, athletes, the Pope, gurus, JFK Jr.

Stonehenge

Therapeutic Touch

Trance Diagnosis

The Way International To Fitness

Chiropractic Technique Touch for Health

Unification Church/Rev. Moon, Moonies

Unitarian Church, Unitarian-Universalist

Church
Urantia
Unity/Daily Word/Affirmations

Scientology, Science of Mind

Vampires (incl. Anne Rice books)
Visualization/Guided Imagery, including Carl
Simonton's teachings
Voodoo

Water witching/Geomancy
Warlocks/Witches, Wicca
Wilhelm Reich/Neo-Reichian Bodywork

Witchcraft - Spells; Jezebel/Ahab spirits;
Control & Manipulation; Matriarchal
Witchcraft
Wart Charming

Yoga - Kundalini/Chakrasrrhird Eye/ Tantra-
Kamasutra

Visualization/Guided Imagery/ Carl
Simonton Wilhelm Reigh/Neo-Reichian
Body Work

5. HANDOUTS

Below is an overview of each of the handouts we use. The handouts themselves are contained in the pages that follow:

Suggested Interview Questions *(Session 1)*

Who I Am in Christ *(Session 1)*

The human tongue contains the power of life and death. We encourage our clients to begin believing and proclaiming what the Bible has declared over them. Handed out typically during the first interview session.

List of Demonic Strongholds *(Session 2)*

This list comprises demonic strongholds that we utilize and recognize as incomplete. We know from the Bible that Satan is a strong man and that spirits rule over other spirits. We see this in the angelic realm; not all angels are equal. We know of Michael and Gabriel, the Archangels, and Lucifer, a mighty angel, before being cast down. Clients are encouraged to review this list, reflect on which areas resonate with their personal experiences or struggles, and mark them on the sheet. This self-reflection is important for homework preparation before the deliverance prayer ministry session (session 4) and should be done quickly to avoid over-analysis.

Demonic Strongholds Entry Points *(Session 2)*

This homework assignment focuses on helping the client seek God and have Him reveal the entry points into their lives where demonic torment occurs. We ask them to write down everything that comes to mind, that they are not to share or show it to anyone, and that no one will see their list. It is private: between them, the Lord, and the demonic realm to see.

Declarations to Prepare For Deliverance *(Session 3)*

This sheet outlines some helpful directions regarding preparing for the deliverance prayer. We encourage fasting but do not insist upon it; each person needs to hear from the Lord. It is also an excellent time to do some "housecleaning" in the natural while the spiritual temple is cleansed. From that point, we encourage clients to scour their homes and identify which objects, pictures, or items may need to be removed.

Specific examples of items that may need to be considered include dreamcatchers, tarot cards, crystals, Ouija boards, books promoting occult practices, symbols or statues associated with other religions or spiritual beliefs, jewelry with occult or mystical symbols, or decorative items with dark, disturbing, or supernatural themes. Including these examples can help clients feel

more confident as they search their homes and reduce uncertainty about what to look for.

Preparing For Deliverance *(Session 3)*

This sheet outlines some helpful directions regarding preparing for the deliverance prayer. We encourage fasting but do not insist upon it; each person needs to hear from the Lord. It is also an excellent time to do some "housecleaning" in the natural while the spiritual temple is cleansed. From that point, we encourage clients to scour their homes and identify which objects/pictures/items may need to be removed.

Post-Deliverance Instructions *(Session 4)*

This sheet focuses on directions for the client during the interim between the deliverance prayer session and the evaluation appointment, during which we assess progress and teach how to stay free and wage spiritual warfare.

Staying Free: "Walking the Narrow Road" *(Session 5)*

This session focuses on remaining free steps and beginning to live with new insight and understanding of the demonic realm. The teaching associated with this handout is VITAL because the client needs to be prepared for the warfare that typically follows deliverance ministry.

Morning Prayer & Declarations *(Session 2)*

We encourage each person to have daily prayer and quiet time with the Lord. This prayer can be incorporated into what each client is already praying for. For many, it is the first prayer that they have done consistently. It is comprehensive, and a critical feature is a focus (daily!) on breaking curses and demonic assignments. We help the client understand that it needs to be prayed in bold faith and is not a "ritual" to be performed.

Evening Prayer & Declarations *(Session 2)*

Similarly, before retiring, the evening prayer provides protection and ensures a sound sleep!

Freemasonry Prayer of Release *(as appropriate)*

Home Cleansing Prayer & Blessing *(as appropriate)*

5.1 Suggested Interview Questions (Session 1)

- What are the issues you are dealing with?
- Tell me about your home life growing up.
- The general atmosphere in the home
- Mother/father issues? Step-parents?
- Brothers/sisters - get a (very brief!) "snapshot" of their lives to see if there are generational curses at work. Who was the favorite in the family? (possible open door for rejection)
- Abuse growing up - type and by whom (to break soul ties)? Traumas in your life at any time? (Open doors for fear)
- What is your first memory? (Not one someone told you about or one you saw in a picture, but one you have in your head?)
- What age were you? (People who cannot remember their early childhood often have been severely abused)
- Occult activities of family members. Freemasonry?
- Significant Relationships History (We do not need a complete list of sexual partners/experiences). (Make sure to break significant soul ties)
- Abusive/controlling ones (soul tie issues to be addressed)
- Any partners involved in occult activities
- Does anyone hate you or have ever hated you or your family? (Curses issue)
- Did someone ever take away from you someone that you loved? Boyfriend?
- Occult sin in the background? Freemasonry? Martial Arts? New Age Healings?
- Physical Issues/Infirmities (Be looking for spiritual roots)
- Tell me about your relationship with the Lord.
- Address the salvation issue (Determine if they are saved or just religious?)

5.2

"Who I Am in Christ"

- I am God's child (John 1:12)
- I am Christ's friend (John 15:15)
- I am united with the Lord (1 Cor. 6:17-20)
- I am bought with a price (1 Cor. 6:20)
- I am a saint (set apart for God). (Eph. 1:1)
- I am complete in Christ (Col. 2:10)
- I am free forever from condemnation (Rom. 8:1-2)
- I am assured that all things work together for good (Rom. 8: 28)
- I am free from any charge against me (Rom. 8:31-34)
- I am established, anointed, and sealed by God (2 Cor 1:21-22)
- I am hidden with Christ in God (Col. 3:3)
- I am a citizen of heaven. I am significant (Phil. 3:20)
- I am the salt of the earth (Matt. 5:13-14)
- I am the branch of the true vine, a channel of His life (John 15:1-5)
- I am a personal witness of Christ (Acts 1:8)
- I am God's temple (1 Cor. 3:16)
- I am a minister of reconciliation for God (2 Cor. 5:17-21)
- I am God's co-worker (1 Cor. 3:9, 2 Cor. 6:1)
- I am seated with Christ in heavenly realms (Eph. 2:6)
- I am God's workmanship (Eph. 2:10)
- I am confident that the good works God has begun in me will be perfected (Phil. 1:6)
- I have been justified (Romans 5:1)
- I have been adopted as God's child (Eph 1: 5)
- I have access to God through the Holy Spirit (Eph 2:18)
- I have been redeemed and forgiven (Col.1:14)
- I have been chosen and appointed to bear much fruit (John 15:16)
- I may approach God with freedom and confidence (Eph. 3:12)
- I can do all things through Christ who strengthens me (Phil. 4:13)
- I cannot be separated from the love of God (Rom. 8:35-39)
- I belong to God – He is my Father.

5.3

LIST OF DEMONIC STRONGHOLDS

STRONGHOLDS ("ISSUES") LIST

List Generational Curses and Word
Curses on Back

FAMILIAR

Occult
Witchcraft
Astrology
Divination
Spirit Guides
Witchcraft
Freemasonry
New Age
Kundalini

DEAF & DUMB

Mental Illness
Insanity
Double Mindedness
Seizures
Mind binding
Stupor
Suicide

HAUGHTY

Pride
Perfection
Accusation
Condemning
Mockery
Stubbornness
Selfishness
Self-righteousness
Boastful
Sarcasm
Critical

SLUMBER

Isolation
Sleepiness
Laziness
Forgetfulness
Stupidity
Daydreaming
Fantasy
Confusion

FEAR

Insecurity
Timidity
Worry
Anxiety
Panic Attacks
Fear of Authority
Terror
Nightmares
Phobias (_____)
Nervousness
Failure
Little girl/boy personality spirits
Other _____

HEAVINESS

Depression
Rejection
Self-pity
Sorrow
Grief
Despair
Fatigue
Guilt
Shame
Loneliness
Misery
Death

JEALOUSY

Anger
Rage
Hatred Impatience
Bitterness
Strife
Envy
Control
Revenge
Cruelty
Murder
Profanity

LYING

Drama
Superstition
Hypocrisy
Religious
Word Twisting

ANTI-CHRIST

Doubt/Unbelief
Legalism
Rebellion
Humanism
Self-help

POVERTY

BONDAGE

Hindering
Greed
Gluttony
Emotional Weakness
Slavery
Addiction (_____)

INFIRMITY

Family illnesses _____
Death
Arthritis
Asthma/Hay Fever
Allergies
Cancer
Heart Disease
Hypertension
Disorders _____
Syndromes _____
Other: _____

WHOREDOM

Love of World
Love of Money
Love of Food
Love of Self
Love of _____
Idolatry
Fornication
Adultery

PERVERSION

Lust
Pornography
Gender Confusion
Prostitution
Sodomy
Molestation
Exhibitionism
Incubus/Succubus

5.4 DEMONIC STRONGHOLDS ENTRY POINTS

1. **GENERATIONAL CURSES:** List any known generational curses (Write on back of "Strongholds List"; not on this page!)
2. **WORD CURSES:** List all word curses spoken over your life. Name the person who spoke this. (Write on back of "Strongholds List"; not on this page!)
3. **UNFORGIVENESS:** List all people from childhood to the present whom you now have or have ever had any unforgiveness or resentment towards (even if they are dead and even if you have already forgiven them!).
4. **OCCULT:** List all dealings you have had with the occult (example: ouija, séances, hypnosis, horoscopes, new age, superstition, witchcraft, santeria, palm reader, roots, martial arts, new age healing, etc.)
5. **SEXUAL SIN:** List all people you have been sexually involved with outside of marriage (example: rape, molestation, incest, homosexual/lesbianism, bestiality, even your spouse if you came together sexually before marriage).
6. **SOUL TIES:** List all people (dead or alive) who have had an ungodly control over you. Also list your mother, father, step-parents, spouse(s), grandparents, boss, spirit guides, abortions, hypnotist, ex-spouse(s), brothers/sisters (step or half), children (step, adopted, foster), etc.
7. **COVENANT, VOWS:** List all broken covenants and vows of the past (marriages, church membership, bankruptcies, foreclosures, private vows to God or other people, etc.)
8. **PRIDE:** List everything you are prideful of: (example: do you feel you have a better marriage than others, a better ministry, a better profession, know more Bible than others).
9. **IDOLATRY:** List all areas of idolatry. What stands (or has stood) between you and God? (example: spouse, home, job/position, money, children, etc.)
10. **UNCONFESED SIN.** List "hidden sin" or anything you've not confessed or repented of before God.

5.5

PREPARING FOR DELIVERANCE Questions and Answers

Is your problem demonic?

- Not all problems are demonic! We do have free will. We cannot blame demons for everything.
- You may need deliverance if there is a driving force behind your problem.
- You may need deliverance if you still have oppression after applying the word, spiritual discipline, and praying for relief.
- You may need deliverance if you have an infirmity and doctors cannot find it or its cause.
- You can be assured that the demonic kingdom has a plan for your life: to steal, kill, and destroy. You can be confident that demonic entities have been assigned to you. Suppose you have oppressions that characterize these descriptions. In that case, you may need deliverance where you cannot get or maintain victory in your life.

How can I prepare for my deliverance?

- You must want it. Stir up your faith – your part is necessary.
- Circle all items on the Demonic Strongholds list, past or present, that may apply.
- Put significant time, effort, and prayer into working on the "Demonic Strongholds Entry Points List." These are key requirements for success! Do not leave it to the last minute! The effectiveness of your deliverance is directly related to this.
- Do a house cleaning in the natural realm. Get rid of all pagan idols, items to which spirits can be attached, and pornographic materials in your household.
- Pray, and if possible, fast before your deliverance.

How can I assist during my deliverance?

- Arrive on time for your deliverance prayer. Wear comfortable clothes. Do not let anything interfere with this day in your life!
- Be completely honest about listing the strongholds in your life in your homework. Details are unnecessary (God already knows, and those who pray for you are trained and trustworthy). The demonic kingdom needs to see that you are serious about this!
- During the session, do not pray, worship, talk, or pray in tongues. Words can create a blockage. Agree in your mind with what the minister is praying. Do not hold back your emotions or reactions. Many demons are expelled by the mouth. Do not be embarrassed to cough, burp, yawn, sigh, scream, or spit up. It's only an evil spirit on its way out. However, there may be no physical reaction at all.

What can hinder my deliverance?

- Not doing the homework - preparing the entry points list and then making the declarations boldly, out loud, and in faith!
- Unconfessed or ongoing sins that you try to hide will be a problem. You must want your freedom for yourself!
- Bottom line: if you do not prepare, do not do the homework, and do not want to be free, it is doubtful that you will be delivered!

Summary of Instructions

- Make declarations out loud the night before or the day of the deliverance session.
- Burn the "Entry Points" List when you are done.
- Bring the "Strongholds/Issues" List, word curses, and known generational curses to the session.

5.6 "Closing the Door" Declarations

1. PROCLAMATION TO BREAK GENERATIONAL AND WORD CURSES

In the name of Jesus, I confess the sins of my forefathers and break the power of every inherited curse on my bloodline, specifically (list). I also break the power of word curses spoken over me, specifically (list and by whom). I also break any unknown curses, even those I have spoken over myself. I cancel the assignment of every spirit upon me from a bloodline or word curse and declare that you have no hold over me, in Jesus' name.

2. PROCLAMATION ON FORGIVENESS

Lord, I want to confess that I have not loved but have resented certain people and have unforgiveness in my heart. Understanding that forgiveness is a decision and not based on my emotions, I **choose** to forgive with my free will and release all judgments against (*at this time, read aloud the names of everyone on your Open Door List*). Now, I forgive and accept myself in the Name of Jesus.

3. PROCLAMATION FOR OCCULT CONFESSIONS

Lord Jesus, I confess that I have sought help from the demonic realm that should have come from God Almighty. I confess as sin (*at this point, name all occult sins from your Open Door List*) and even those I do not remember. Lord, I repent and renounce these sins and ask You to forgive me. In the Name of Jesus, I now close the door to all occult practices.

4. PROCLAMATION TO BE SET FREE FROM SEXUAL SIN

Thank you, Jesus, for dying on the cross so that I might be forgiven. I confess all my sexual sins and invite You, Jesus, to be Lord of my life, especially my sexuality. I ask You to set me free from everyone I have had sexual relations with outside of marriage. (Name each relationship aloud from your Entry Points List.) Any demonic spirit that has come into me through these sexual relationships, I use the authority I have in Jesus Christ, that you have no further right in my spirit, soul, and body in the Name of Jesus. I recognize this is a sin, and I repent of my sexual sin with...

5. PROCLAMATION BREAKING UNGODLY SOUL TIES

Thank you, Jesus, for dying so I might be set free. I invite You, Lord Jesus, to be Lord of my life, and I ask You to set me free. I confess and repent of my sin. In the freedom of my forgiveness, I forgive and lose those with whom I have ungodly soul ties. I now break and sever every ungodly soul ties with (*name aloud every person on the Entry Points List of soul ties and repeat the name(s) from the sexual sin list*). I now use my authority in Jesus Christ to command all demon spirits to have no further right in me through these relationships in the Name of Jesus.

6. PROCLAMATION ON BROKEN COVENANTS/VOWS CONFESSION

Lord Jesus, I confess that I have broken covenant/vows. I recognize this is a sin. I ask You, Lord Jesus, to forgive me for breaking these covenants between myself and (*name each relationship aloud: marriage, church membership, pledges, and contracts*). I now use my authority in Jesus Christ to close any open doors or curses that this could have brought on me.

7. PROCLAMATION TO BE SET FREE FROM PRIDE

Lord Jesus, I recognize that I have felt prideful about (*name each thing you have written down on your paper*), and I ask You to forgive me now. I know that anything I have ever done of any worth has come from You, and I repent that I have been prideful about my accomplishments and have not given You the glory. I humble myself and pray that You will cause me always to exercise humility.

8. PROCLAMATION ON IDOLATRY

Father, I realize that anything in my life that I have put before You is idolatry. Jesus is my Savior, my Lord, and I want You to be first in my life. I confess that I have put (name each thing on your list) before You in my life, and I repent and ask Your forgiveness.

9. PROCLAMATION ON UNCONFESED SIN

Heavenly Father, I realize that what I have done is a sin. Please forgive me now for... (*Call aloud everything you have written down on your Entry Points List as unconfessed sin*). Wash me clean with the Blood of Jesus and fill me with Your Holy Spirit. Thank You, Lord Jesus, for forgiving me of my sin and remembering it no more!

5.7

Post-Deliverance Instructions

1. Do not miss the next appointment! It is the most important one of all! The spirits will try to come back upon you (Matt. 12:43-45, Luke 11:24-26), and you need to be prepared! You will learn how to keep your deliverance and walk in victory.
2. If you sin, repent and ask for forgiveness and protection. Deliverance is neither fragile nor temporary. The spirits (now outside of you!) will lie to you and tell you that:
 - a. Either you did not get free or,
 - b. You can't stay free!

Many behaviors stem from habits we have developed; it takes time to form new habits (good or bad). You will see some new freedoms/fruit of the Spirit immediately; others may take more time to show up in your life.

3. Continue to pray your daily and evening declaration prayers. You can stay free!
4. Be encouraged and speak positive confessions. God HAS done a work in your life!

5.8 Staying Free: Walking the Narrow Road (*Matt 7:13-14*)

DEMONIC SPIRITS WILL SEEK TO RETURN

1. Matthew 12:43-45. They are deceptive and will work in our minds and through others to try to find an open door or a crack in your armor.
2. Luke 4:13, When Satan tempted Jesus, Satan planned to return at a later time.

REQUIREMENTS FOR STAYING FREE

1. Yield every area of your life to the Lordship of Christ. Make Him first!
John 1:11-12; Matthew 7:21-23, John 12:31-32
2. Seek to be continually filled with the Holy Spirit. Ephesians 5:18; Romans 8:13
3. Live by the Word of God. Luke 11:13; Matthew 4:4, 7, 11; Ephesians 6:17
4. Utilize the whole armor of God by faith and word. Ephesians 6:10-18
5. Renew your mind daily (Bible meditation) so you may be transformed. Romans 12:1-2; II Cor 10:3-5; Romans 8:5-7; Col. 3:1-2
6. Pray in the Spirit. Romans 8:26-27; I Cor. 14:2, 14-15; Jude 20
7. Practice praise & worship at all times. Isaiah 61:3; 60:18; Hebrew 13:15
8. Cultivate the right relationships. Matthew 18:15-20; I John 1:7; I John 2:9-11
9. Avoid those people who are a bad influence on your life. James 4:4
10. Actively participate in a "good" church.
11. Proclaim the Word of God. Hebrews 3:1, 4:14, 10:23
12. Seek to obey the Lord in every area of your life. When you sin, make an immediate confession. Be quick to forgive. I John 1:9
Note: Conviction comes from the Holy Spirit. Condemnation comes from demons.
13. Daily wrestle down the flesh by submitting to God and resisting the demonic spirits. You must discern the spirits! James 4:7; Romans 6:6,11
14. Stay humble. James 4:6
15. Use your authority in Jesus Christ. Matthew 16:19

DO NOT BE DISCOURAGED!

1. It can take up to six weeks to develop new habits!
2. Sometimes, deliverance occurs in phases and stages. God knows what we can handle!
3. Deliverance needs to be "walked out." You will learn how to win the battle of the mind!

5.9

Morning Prayer & Declarations

Heavenly Father, I come to you this day in the name of Jesus and ask to be forgiven of anything that I might have done or said that would displease you in any way. I turn away from my sin and want to walk in holiness. Cover me now with the blood of Jesus; fill me with your Holy Spirit. Thank you, Father, that today you cause me to be a living sacrifice that no longer conforms to the pattern of this world, but that the renewing of my mind transforms me.

I am a new creation in Christ. Therefore, I have the mind of Christ, and the wisdom of God is formed within me. I let no corrupt communication proceed out of my mouth, but that which is good to bring life to the hearer. By the power of the Holy Spirit, I take every thought captive this day according to your word and make it obedient to Christ. I declare that no weapon of the enemy formed against me will prosper, for greater is He that is in me than he that is in this world.

Heavenly Father, I lift in prayer today..... (*names of family members/those on your heart*). I ask that the God of peace will separate us from all unclean and profane people and things, and may each one's spirit, soul, and body be preserved sound and complete and found blameless at the coming of our Lord Jesus Christ. I thank you that generational curses are broken in Jesus' name. I declare that my entire family will be saved and will answer the call of God upon their lives. Cover each one of us with the blood of Jesus, and I dispatch now, by the grace of God, mighty warring angels to surround us and keep us walking in your perfect will for us this day.

For each person I have mentioned, I now break every curse put upon us. I break by the authority of Jesus Christ any curse by a witch, warlock, Satanist, roots curse, Indian curse, voodoo curse, the curse of words spoken, anything written or texted, or any curse associated with an object. I break every ungodly soul tie connected to any one of us, and thank you, Lord, for bringing people into our lives that You want there and moving those out that You do not!

In the name of Jesus and through the power of his living blood, I bind and sever every cord of any demonic spirit over my (home/apartment and business). I plead the blood of Jesus around each property line above the roof and below the foundation, and I bind every demonic spirit from crossing that bloodline. I render you inactive, cut off your communication, confuse your camp, and cast you out by the blood anointing of Jesus Christ.

For each person I have just referred to, I bind in the name of Jesus every demonic stronghold (name them as the Lord leads and as you discern them) at work in our lives. I bind every named and unnamed spirit under each of these strongmen with the blood of Jesus. I command that they will not be active in any one of our lives this day in Jesus' mighty name. I command every spirit of theft to be exposed this day and order by the word of God seven-fold restoration of time, health, finances, and relationships. I now loose the Holy Spirit in each person's life to do what He wants to accomplish.

Heavenly Father, I thank You that we will be a people recognizable by Your fruit in our lives and that by Your Holy Spirit, love, joy, peace, patience, goodness, gentleness, faithfulness, and self-control will be released fully in our lives. I speak forth blessings of prosperity, favor, honesty, power, love, and a sound mind.

I thank You, Father, that You have chosen us and that when we see You face-to-face, You will say, "Well done, good and faithful servant, come on in!" Thank you for all of this, in Jesus' mighty name!

5.10 Evening Prayer & Declarations

Heavenly Father, thank you for this day, and I ask you to forgive me of anything I may have done or said that was displeasing to You in any way. I turn away from my sin, and I ask that You help me do better tomorrow. I forgive those who have wronged me, release judgments against them, and break every ungodly soul tie that I formed today. Thank you that You remember my sins no more and that Your mercies are new tomorrow!

I plead the blood of Jesus around the property line of my home/apartment, above the roof and below the foundation, over every doorframe, window, floor, door, and wall. I pray the blood of Jesus over every pillow where a head is laid to sleep tonight.

I plead the blood of Jesus over the streets adjacent to my home and over all our vehicles. I ask that You dispatch mighty warring angels to stand guard around my home, fill my home with Your Holy Spirit, and hold back every demonic force.

I break every curse of words that may have been spoken over us this day, and break any curse we may have spoken over others. In the name of Jesus, I command every spirit associated with these curses to be bound and dispatched to dry, uninhabited places.

I thank you, Holy Spirit, that you send your ministering angels to watch over us as we sleep. Thank you now for your dreams and for reminding me of those important things in the morning.

Thank you, Lord, for hiding us in the shadow of your wings this night and causing us to realize how great is the love that You lavish on us that we may be called the children of God.

If you have children or family members who are not home when you go to sleep...

I plead the Blood of Jesus Christ around... (names) and any vehicle they may be traveling in. By the Grace of God, I dispatch mighty warring angels to surround them and bring them home safely this night without incident in the name of Jesus.

5.11 Freemasonry Prayer of Release *(reprinted by permission)*

PRAYER OF RELEASE FOR FREEMASONS AND THEIR DESCENDANTS

I renounce and forsake all involvement in Freemasonry or any other lodge or craft by my ancestors and myself. I renounce witchcraft, the principal spirit behind Freemasonry, and I renounce Baphomet, the Spirit of Antichrist, and the curse of the Luciferian doctrine. I renounce the idolatry, blasphemy, secrecy, and deception of Masonry at every level. I specifically renounce the insecurity, the love of money, avarice or greed, and the pride which would have led my ancestors into Masonry. I renounce all the fears that held them in Masonry, especially the fears of death, men, and fears of trusting, in the Name of Jesus Christ.

I renounce every position held in the lodge by any of my ancestors, including "Tyler," "Master," "Worshipful Master," or any other. I renounce the calling of any man "Master," for Jesus Christ is my only Master and Lord, and He forbids anyone else having that title. I renounce the entrapping of others into Masonry and observing the helplessness of others during the rituals. I renounce the effects of Masonry passed on to me through any female ancestor who felt distrusted and rejected by her husband as he entered and attended any lodge and refused to tell her of his secret activities.

1st Degree

I renounce the oaths taken, and the curses involved in the First or Entered Apprentice Degree, especially their effects on the throat and tongue. I renounce the Hoodwink, the blindfold, and its effects on emotions and eyes, including confusion, fear of the dark, fear of the light, and sudden noises. I renounce the secret word, BOAZ, and all it means. I renounce the mixing and mingling of truth and error and the blasphemy of this Degree of Masonry. I renounce the noose around the neck, the fear of choking, and also every spirit causing asthma, hay fever, emphysema, or any other breathing difficulty. I renounce the compass point, sword or spear held against the breast, the fear of death by stabbing pain, and the fear of heart attack from this Degree. In the name of Jesus Christ, I now pray for the healing of... (throat, vocal cords, nasal passages, sinus, bronchial tubes, etc.) for the healing of the speech area, and the release of the Word of God to me and through my family and me.

2nd Degree

I renounce the oaths taken and the curses involved in the second or Fellow Craft Degree of Masonry, especially the curses on the heart and chest. I renounce the secret words JACHIN and SHIBBOLETH and all that these mean. I cut off emotional hardness, apathy, indifference, unbelief, and deep anger from my family and me. In the name of Jesus Christ, I pray for the healing of ... (the chest/lung/heart area) and the healing of my emotions and ask to be made sensitive to the Holy Spirit of God.

3rd Degree

I renounce the oaths taken and the curses involved in the third or Master Mason Degree, especially the curses on the stomach and womb area. I renounce the secret words MAHA BONE, MACHABEN, MACHBINNA, and TUBAL CAIN and all that they mean. I renounce the Spirit of Death from the blows to the head enacted as ritual murder, the fear of death, false martyrdom, fear of violent gang attack, assault, or rape, and the helplessness of this Degree. I renounce the falling into the coffin or stretcher involved in the ritual of murder. I renounce the false resurrection of this Degree because only Jesus Christ is the Resurrection and the Life! I also renounce the blasphemous kissing of the Bible on a Witchcraft oath. I cut off all spirits of death, witchcraft, and deception, and in the name of Jesus Christ, I pray for the healing of ... (the stomach, gall bladder, womb, liver, and any other organs of my body affected by Masonry), and I ask for a release of compassion and understanding for my family and me.

Holy Royal Arch Degree

I renounce and forsake the oaths taken and the curses involved in the Holy Royal Arch Degree of Masonry, especially the oath regarding the removal of the head from the body and the exposing of the brains to the hot sun. I renounce the Mark Lodge and the mark in the form of squares and angles, which mark the person for life. I also reject the jewel or talisman which may have been made from this mark that sign and worn at lodge meetings. I renounce the false secret name of God, JAHBULON, and the

password, AMMI RUHAMAH, and all they mean. I renounce the false communion or Eucharist taken in this Degree, and all the mockery, skepticism, and unbelief about the redemptive work of Jesus Christ on the cross of Calvary. I cut off all these curses and their effects on my family and me in the name of Jesus Christ, and I pray for... (healing of the brain, the mind, etc.)

18th Degree

I renounce the oaths taken and the curses involved in the eighteenth Degree of Masonry, the Most Wise Sovereign Knight of the Pelican and the Eagle, and Sovereign Prince Rose Croix of Heredom. I renounce and reject the Pelican witchcraft spirit, as well as the occultic influence of the Rosicrucians and the Kabbalah in this Degree. I renounce the claim that the death of Jesus Christ was a "dire calamity" and also the deliberate mockery and twisting of the Christian doctrine of the Atonement. I renounce the blasphemy and rejection of the deity of Jesus Christ and the secret words IGNE NATURARENOVATUR INTEGRA, and its burning. I renounce the mockery of the communion taken in this Degree, including a biscuit, salt, and white wine.

30th Degree

I renounce the oaths taken and the curses involved in the thirtieth Degree of Masonry, the Grand Knight Kadosh, and Knight of the Black and White Eagle. I renounce the password, "STIBIUM ALKABAR," and all it means.

31st Degree

I renounce the oaths taken and the curses involved in the thirty-first Degree of Masonry, the Grand Inspector Inquisitor Commander. I renounce all the gods and goddesses of Egypt, which are honored in this Degree, including Anubis with the ram's head, Osiris the Sun god, Isis the sister and wife of Osiris, and also the moon goddess. I renounce the Soul of Cheres, the false symbol of immortality, the Chamber of the dead, and the false teaching of reincarnation.

32nd Degree

I renounce the oaths taken and the curses involved in the thirty-second Degree of Masonry, the Sublime Prince of the Royal Secret. I renounce Masonry's false Trinitarian deity AUM and its parts, Brahma, the creator, Vishnu, the preserver, and Shiva, the destroyer. I renounce the deity of AHURA-MAZDA, the claimed spirit or source of all light, the worship with fire, an abomination to God, and the drinking from a human skull in many Rites.

York Rite

I renounce the oaths taken and the curses involved in the York Rite of Freemasonry, including Mark Master, Past Master, Most Excellent Master, Royal Master, Select Master, Super Excellent Master, the Orders of the Red Cross, the Knights of Malta, and the Knights Templar degrees. I renounce the secret words of JOPPA, KEBRAIOTH, and MAHER-SHALAL-HASH-BAZ. I renounce the vows taken on a human skull, the crossed swords, and the curse and death wish of Judas of having the head cut off and placed on top of a church spire. I renounce the unholy communion and especially the drinking from a human skull in many Rites.

Shriners (America only - doesn't apply in other countries): I renounce the oaths taken and the curses and penalties involved in the Ancient Arabic Order of the Nobles of the Mystic Shrine. I renounce the piercing of the eyeballs with a three-edged blade, the flaying of the feet, the madness, and the worship of the false God Allah as the God of our fathers. I renounce the hoodwink, the mock hanging, the mock beheading, the mock drinking of the blood of the victim, the mock dog urinating on the initiate, and the offering of urine as a commemoration.

33rd Degree

I renounce the oaths taken and the curses involved in the thirty-third Degree of Masonry, the Grand Sovereign Inspector General. I renounce and forsake the declaration that Lucifer is God. I renounce the cable tow around my neck. I renounce the death wish that the wine drunk from a human skull should turn to poison and the skeleton whose cold arms are invited if the oath of this Degree is violated. I renounce the three infamous assassins of their grand Master, law, property, religion, and the greed and witchcraft involved in attempting to manipulate and control the rest of humankind.

All other Degrees

I renounce all the other oaths taken, the rituals of every other Degree, and the curses involved. I renounce all other lodges and secret societies such as Prince Hall Freemasonry, Mormonism, The Order of Amaranth,

Oddfellows, Buffalos, Druids, Foresters, Orange, Elks, Moose and Eagles Lodges, the Ku Klux Klan, the Grange, the Woodmen of the World, Riders of the Red Robe, the Knights of Pythias, the Mystic Order of the Veiled Prophets of the Enchanted Realm, the women's Orders of the Eastern Star, and of the White Shrine of Jernsa1em, the girls' order of the Daughters of the Eastern Star, the International Orders of Job's Daughters, and of the Rainbow, and the boys' Order of De Molay, and their effects on all my family and me.

I renounce the ancient pagan teaching and symbolism of the First Tracing Board, the Second Tracing Board, and the Third Tracing Board used in the ritual of the Blue Lodge. I renounce the pagan ritual of the "Point within a Circle" with all its bondages and phallus worship. I renounce the occultic mysticism of the black and white mosaic checkered floor with the tessellated border and hand the ring of this false marriage covenant, five-pointed blazing star. I renounce the symbol "G" and its veiled pagan symbolism and bondages. I renounce and utterly forsake the Great Architect of the Universe, who is revealed in the higher degrees as Lucifer, and his false claim to be the universal fatherhood of God. I also renounce the false claim that Lucifer is the Morning Star and Shining One, and I declare that Jesus Christ is the Bright and Morning Star of Revelation 22:16.

I renounce the All-Seeing Third Eye of Freemasonry or Horus in the forehead and its pagan and occult symbolism. I renounce all false communions taken, all mockery of the redemptive work of Jesus Christ on the cross of Calvary, all unbelief, confusion, and depression, and all worship of Lucifer as God. I renounce and forsake the lie of Freemasonry that man is not sinful but merely imperfect and so can redeem himself through good works. I rejoice that the Bible states that I cannot do a single thing to earn my salvation, but that I can only be saved by grace through faith in Jesus Christ and what He accomplished on the Cross of Calvary.

I renounce all anger, hatred, murderous thoughts, revenge, retaliation, spiritual apathy, false religion, all unbelief, especially unbelief in the Holy Bible as God's Word, and all compromise of God's Word. I renounce all spiritual searching into false religions, and all striving to please God. I rest in the knowledge that I have found my Lord and Savior, Jesus Christ, and that He has found me. I will burn all objects in my possession that connect me with all lodges and occultic organizations, including Masonry, Witchcraft, Mormonism, all regalia, aprons, books of rituals, rings, and other jewelry. I renounce the effects these or other objects of Masonry, such as the compass, the square, the noose, or the blindfold, have had on my family or me, in Jesus.

(All participants should now be invited to carry out the following sincerely :)

- 1 . Symbolically remove the blindfold (hoodwink) and give it to the Lord for disposal;
- 2 . In the same way, symbolically remove the veil of mourning;
- 3 . Symbolically cut and remove the noose from around the neck, gather it up with the cable-tow running down the body, and give it all to the Lord for His disposal;
- 4 . Renounce the false Freemasonry marriage covenant, removing from the 4th finger of the right hand the ring of this false marriage covenant, giving it to the Lord to dispose of it;
- 5 . Symbolically remove the chains and bondages of Freemasonry from the body;
- 6 . Symbolically remove all Freemasonry regalia and armor, especially the Apron;
- 7 . Invite participants to repent and seek forgiveness for having walked on all unholy ground, including Freemasonry lodges and temples, including any Mormon or other occultic/Masonic organizations.
- 8 . Symbolically remove the ball and chain from the ankles.
- 9 . Proclaim that Satan and his demons no longer have legal rights to mislead and manipulate the person(s) seeking help.

Holy Spirit, I ask that you show me anything else I need to do or pray so that my family and I may be totally free from the consequences of the sins of Masonry, Witchcraft, Mormonism, and Paganism.

(Pause while listening to God, and pray as the Holy Spirit leads you.)

Now, dear Father God, I ask humbly for the blood of Jesus Christ, your Son, to cleanse me from all these sins I have confessed and renounced, to cleanse my spirit, my soul, my mind, my emotions, and every part of my body which has been affected by these sins, in Jesus' name!

I renounce every evil spirit associated with Masonry and Witchcraft and all other sins, and I command in

the name of Jesus Christ for Satan and every evil spirit to be bound and leave me now, touching or harming no one, and go to the place appointed for you by the Lord Jesus, never to return to my family or me. I call on the name of the Lord Jesus to be delivered of these spirits in accordance with the many promises of the Bible. I ask to be delivered of every spirit of sickness, infirmity, curse, affliction, addiction, disease, or allergy associated with these sins I have confessed and renounced. I surrender to God's Holy Spirit and to no other spirit all the places of my life where these sins have been. I ask you, Lord, to baptize me in your Holy Spirit now according to the promises in your word. I take to myself the whole armor of God in accordance with Ephesians Chapter Six and rejoice in its protection as Jesus surrounds me and fills me with the Holy Spirit. I enthrone you, Lord Jesus, in my heart, for you are my Lord and my Savior, the source of eternal life. Thank you, Father God, for your mercy, your forgiveness, and your love, in the name of Jesus Christ, Amen."

(This prayer is taken from "**Unmasking Freemasonry - Removing the Hoodwink**," by Selwyn Stevens, (ISBN 0 9583417-3-7) published by Jubilee Publishers, PO Box 36-044, Wellington 6330, New Zealand. Copying this prayer is both permitted and encouraged, provided a reference is made to where it comes from. Written testimonies of changed lives and healings are welcome.) If additional prayer or ministry is needed after the above prayer, don't hesitate to contact one of the individuals listed below. For distance-related reasons, they may refer you to someone closer to you.

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5.12

Home Cleansing Prayer & Blessing

The prayer/information below was adapted from "abetterhope.com" and used with permission.

A home blessing is the dedication of the family and household to the Lord. The family recognizes that all they have and will ever have comes from the Lord. Effective home and family life do not just happen; they result from deliberate intention, determination, and practice. Below is a suggested process for cleansing the home of demonic spirits. Note: Tormented individuals who live in the home will still need their own deliverance to be set free and walk in freedom, but this process will help create a favorable spiritual climate.

CLEANSING THE HOME

Before the home is blessed, the house must be cleansed of all that is offensive to God. None of the items should be given away or used by others. If possible, they should be burned. Some things must be destroyed, while others require God's wisdom regarding their destruction. Seek advice when in doubt.

IDOLS: Destroy every item that has any slight association with idolatry. This action includes images, jewelry, jade objects, clothing, display objects, art pieces, masks, talismans, charms, books, literature, and objects that solicit fear or demand reverence of anything besides the true and living God.

GAMES: All games dealing with the occult and the forces of darkness must be destroyed, especially "Dungeons and Dragons" and "Ouija Boards." Many TV and computer games of this kind must be included in the destruction. Moreover, be sure the materials are deleted from the location where the computer stores deleted files.

PORNOGRAPHY: This includes pornographic books, novels, magazines, videos, computer materials, and television. What society calls pornography is not the same as God's definition of it. According to Christ's standards, all the soap operas, most talk shows, and many other programs are pornographic. Also, many magazines advocate an immoral lifestyle and antichristian principles, so Christians must not subscribe to them or read them. If a person cannot overcome his desire to watch trash TV, he must get rid of the TV. All such materials must be destroyed in the house cleansing.

DOLLS & TOYS: Troll dolls and Cabbage Patch dolls from the Orient connect with the occult and have caused problems for many people, so they must be destroyed. Cabbage Patch look-alike dolls produced in the US as craft items should also be destroyed because they are a mockery of humankind created in God's image. Dolls that are "sexually correct" are not proper toys for children, so they should also be destroyed. Many seemingly innocent games, such as Pokémon, have far eastern and occultic origins. They need to be destroyed. Similarly, Harry Potter books represent an open door for demonic torment in your children.

MUSIC/VIDEOS: "Don't love the world, neither the things that are in the world. If anyone loves the world, the Father's love isn't in him." 1 John 2:15. Some music falls into a gray area. To be safe, we need to make a chasm between the world's music and the music acceptable to God. Music that glorifies violence, sexual freedom, and drug use is clearly across the line.

DRUGS: Our bodies are the home of the Holy Spirit, so we must never harm our bodies but keep them pure and undefiled. Therefore, the use of any (illicit or illegal) drugs is forbidden to Christians. All tobacco products, marijuana, and all illegal drugs must be burned and their use discontinued. We believe that if a Christian is living a Christ-like life, such drugs are not needed, and they need deliverance if they are in bondage to these. Similarly, a person needs deliverance to be set free from the need for "band-aid" prescription drugs such as Valium, Xanax, Zoloft, and others. Each person must decide for themselves, but they must remember that they are the temple of the Holy Spirit and must not do anything to harm their body. They must destroy all that is harmful.

FALSE TEACHINGS: Get rid of all books and materials that advocate humanism and evolution. We do

not need materials about false philosophies in our homes. Many good books present the truth about the creation, where we came from, and where we are going.

Also, all books and materials advocating false religious teachings should be destroyed. A mature Christian who can use these materials to work with those following false teaching may have reason to own some of these materials. However, most Christians should not have the books and materials published by the cults or others who are not faithful to the Bible.

Any images of Mary, Jesus, and the saints that tend to be used as "good luck charms" should be destroyed. All images and pictures that prevent a person from knowing the honest Jesus should be destroyed and replaced with framed Scripture verses or appropriate pictures. Get help from a mature Christian if you have doubts about what to do here.

NOTE: When Israel was preparing to enter the promised land, the people were told: "The engraved images of their gods shall you burn with fire: you shall not covet the silver or the gold that is on them, nor take it to you, lest you be snared therein; for it is an abomination to Yahweh your God. You shall not bring an abomination into your house and become a devoted thing like it: you shall utterly detest it and utterly abhor it, for it is a devoted thing." Deuteronomy 7:25,26.

We should follow the same principle when anything of value, such as gold or silver, is left over after the destruction party. It should not be used for our own purposes, as it is sanctified by fire and should be given to God for His purposes.

NOTE: Sometimes, a family member will have a stash of pornography, liquor, or drugs unknown to the other family members. In such cases, the family member should confess his sins, ask for forgiveness from his family and God, and include all hidden materials among the destroyed items.

BLESSING THE HOME

The house blessing may occur immediately after the destruction party or be held later.

The service itself should be a simple affair, but very meaningful. The family's relatives, friends, and assembly members should be present if possible. This service presents an excellent time to be an example to others of the family's dedication to Christ as Lord.

1. **Start with a time of worship** through hymns, testimonies of God's blessings, and prayer. This worship will naturally flow into -

2. **A time of thanksgiving.** The father of the house can lift the entire gathering of God's people to heartfelt thanks and gratitude. The father thanks each family member for God's goodness toward the household, His faithfulness to the family, His watchful care and protection, and His abundant bestowal of health and strength, both physical and spiritual.

3. **Bless the household members and break the power of demonic curses and torment over the home.** The following is an example, but creativity is encouraged. You need not follow this prayer verbatim.

"Our Father in heaven, we thank You for Your kindness and goodness. Your grace has been evident to all the members of this household. Now, in the Name of Jesus, we speak blessing over this household. Grant us a heart that fears You. Help us to walk in Your ways and lead this family to do the same. Grant us health, strength, and wisdom to walk before You in sincerity, truth, and humility. Bless the labor of our hands so that we will make honest gains and provide abundantly for this household. May there always be food on the table, clothes on the back, and a roof over us by night. Teach us to live simply and with contentment. May we always have enough and be willing to share with all who come to us in need. Grant us the grace to exercise the gift of hospitality.

"Father, we pray the blood of Jesus over this home right now. We break the power of any curse, spell, or demonic assignment attached to this dwelling. We break the power of the plan and scheme of the enemy to bring destruction upon this marriage, family, and home. We bind and cast out every spirit of darkness over and about this home and send these spirits to dry, uninhabited places. We ask that warring angels be dispatched around this home and that a hedge of protection be put up for this family, protecting

them from all the forces of evil and keeping them from the wiles and attacks of the enemy.

"Bless this home with Your love and peace. Fill these rooms with Your joy and laughter. Let these be great halls of learning of Your truth and grace. Let Your glory shine through these windows to the neighbors. May their kind words and consideration for others draw many into Your kingdom. Bless this family richly in the precious name of Jesus. Amen."

4. Anoint the rooms with oil (door frames, walls, windows, floors) and **pray briefly at each location**. Sample prayer: *"I pray the blood of Jesus over this room, and I thank you, Lord, for protecting this dwelling" or "I pray the blood of Jesus here, and I tell you Satan and your kingdom will not cross the Bloodline of Jesus for now and all eternity."*

5. Follow the prayer of blessing with a time of refreshments and fellowship