

GOD'S VIEW

TODAY

ADJUSTING
THE LENS ON
HEALING &
DELIVERANCE



PHYLLIS TARBOX & KATHLEEN PECK

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FLOWING RIVER MINISTRIES

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Preface

God interrupted my commute home one day in 2004 with, “I want my own television show.” His voice instantly transformed my otherwise boring drive. However, my response was not an exuberant “Send me Lord!” It sounded more like, “Have fun with that!”

God faithfully continued, “I don’t want it to be like that show *The View*, I want it called *God’s View*.” That got my attention, and His show was inscribed on my heart.

Fast forward to 2012 when the call came into my office at Above & Beyond Christian Counseling, in Tampa Florida from the producers of Lisa Ling’s show “*Our America*.” They asked us to appear on their segment titled: “Fighting Satan.” The show contrasted the different methods of deliverance. We represented the professional counseling side.

The day they arrived in August of 2013, I caught myself staring at Lisa Ling sitting cross-legged on the floor of our office eating lunch. I thought this is it, God; you are getting your show. After all, Lisa Ling was once a co-host on “*The View*.” However, in early 2015 I heard God repeat, “I want my own show called *God’s View*.”

I asked God in prayer how a Christian counselor was supposed to put together a television show. I had nothing to go on but faith. I have learned that God delights in taking you out of your comfort zone and pressing you way past your pay grade! I know now, however, that He never overwhelms you. He just asks you to take one small step at a time so he can provide all you need.

I had lots of questions to ask before I was ready to take any steps. Foremost on my mind was who was crazy enough to be my co-hosts. I looked to my right and my left, and it seemed obvious. I took one small step and set up lunch dates with Kathleen Peck and Susan Ward. I kept thinking, all they have to say is “NO,” and then I can realize this idea is nuts. I was shocked when they both immediately said, “Yes.” At that moment, I knew I was in for the ride of my life.

All I had on my resume was a volunteer directing job on the local Christian Television Network nine years earlier. I had no experience working on YouTube with three co-hosts and weekly guests. God loves it when you have nothing to lean on but Him.

As I prayed, the people showed up in my office. The first to come was a client with a long history of work in television. She offered to design our set. Then we got a call from a movie producer wanting us to help him on a project, so he helped with our graphics.

My biggest prayer was for a videographer. In my ignorance, I thought I just needed someone to hold a camera and then upload it to YouTube. I am glad I did not know the technical ability necessary for this endeavor; it would have left me cowering under the covers of my bed! Thankfully God already knew. I just had to stumble across him like everyone else.

I began asking for references and got one name texted to me. I did not know him, so I ignored the text and went back to praying. In prayer, I got the impression that I should ask the young man who made music videos for one of our local worship teams. Before I reached out to him, I got a phone call from a local pastor. He asked me, “Do you have anyone yet to film your show?” I told him that was my big prayer request of the day. I mentioned the one referral. Then expressed my desire for the worship team videographer. Then he asked, “Who is the referral that was texted to you?” I told him it was Luigi Barros (who you will meet later in this book). He laughed and said, “That is the name I was calling to give you, and just so you know he is the videographer for that worship team you’ve been thinking about.”

The journey was getting real! I called Luigi that afternoon, and within five minutes he was part of the growing team. On film day, he came with three cameras, computers, lights, microphones, and helpers. He spent hours editing and uploading every show. “*God’s View Today*” premiered in April of 2016 and all 23 shows are now on YouTube for you to watch.

The purpose of this book and our show is to boldly present God’s multi-faceted wisdom and perspective based on cutting-edge teachings from the Word of God and powerful testimonies of those who have been delivered and set free. We touch on subjects not often addressed in the church in the areas of deliverance, healing, and sanctification.

It is time to adjust your lens to see and be liberated from demonic strongholds that plague your life.

“*God’s View Today*” is dedicated to glorifying Him who exercises loving kindness, judgment, and righteousness in our lives.

Our foundational scripture is Jeremiah 9:24:

*But let him who glories glory in this,
That he understands and knows Me,
That I am the LORD, exercising loving kindness, judgment, and righteousness
in the earth.
For in these, I delight," says the LORD.*

As you read the following chapters and watch the show, you will know that God wants you free, even more than you want to be free. I am glad you are joining us on this adventure. Get ready, your faith is about to explode!

Welcome to "God's View Today," where "the view" is different!

Phyllis Tarbox

Chapter 1

Understanding Generational Iniquity

God's View Today Episode 2

Keeping mercy for thousands, forgiving **iniquity** and transgression and sin, by no means clearing *the guilty*, visiting the **iniquity** of the fathers upon the children and the children's children to the third and the fourth generation." *Ex. 34:7 (NKJV)*

One night after settling down for bed, I was jarred awake by the sensation of a crushing weight on my chest. It was so swift and so intense that my heart began hammering, all the air left my lungs, and my panicked thoughts went straight to heart attack. My husband was about to make a 911 call, but the phone rang before he could dial. He listened for a moment and slowly handed me the receiver. The gentle voice on the other end was saying, "Mrs. Tarbox, this is your mother's hospice nurse." I reached for my husband's hand, anticipating her next words. "I am calling to inform you that she just passed away."

Ordinarily, I'd be speechless, but we knew my mother's death was imminent. So as my heart canceled its alarm and began calming down, I asked the nurse, "Is it normal for people to already 'know' before you call?" Her response has echoed in my head for years. "Seventy-five percent of the time the person closest to their loved one has some form of physical or emotional manifestation."

The nurse calling was a Christian. She knew what she was talking about, but sadly I had no clue. After sitting in church pews my entire life, I had little understanding of spiritual warfare. I thought my current physical state was due to my sensitivity in the spirit realm and I must have "just known" my mother had died. I was unprepared for the ride ahead.

There is an analogy going around about a frog sitting in tepid water. As the frog sits,

it doesn't realize the water temperature is rising until the frog is boiling and it's too late for it to jump. I was in that pot, but the grace of God was waking me up to feel the heat.

It took two years for me to attend a deliverance seminar. The catalyst was the sound of my friends saying, "Does Phyllis know how much she is acting like her mother these days?" I loved my mother, but only a few daughters want to be just like their mother. I could see the torment in her life, and I had made a vow never to follow in her footsteps. I found myself, however, wearing the same red stiletto heels.

I walked in off the street to a small group deliverance seminar where no one knew my history. When the teachings about generational sin popped up on the power point, I became agitated and restless and started shifting from seat to seat. I asked the teacher if he had noticed my rapid onset of movement and he replied, "Yes, you must have a lot going on in your bloodline." Fear began to choke me.

On deliverance day five of the church prophets made me the focus of their attention. They kept asking me, "Who was your mother?" That was a loaded question! My mom was what I would call a forerunner in the party scene. Our family banner should have read, "If you don't know how to party, you will never have fun!" I will leave it at that.

The bulk of my freedom from generational iniquity took place at that seminar. My battle with fear, lust for attention, rejection, and abandonment were over. When my mother passed away, her spirit went to heaven by the grace of God because she was a believer. However, the spirits assigned to torment her on earth did not die when she did. They were now free to search for a new body. I was not leading an upright life, so they didn't have far to travel. People often ask me, how long does it take for spirits to go from one generation to the next. I tell them to blink.

I connect this to Mathew 8:28 about the men in the tombs and how the spirits begged Jesus if they could go into the pigs. Two thousand spirits left those men and inhabited the pigs and then the pigs jumped off the cliff and died. A happy ending? Not really, if you read in Mark chapter 5, they chose the pigs because they liked that land and they knew Jesus had the authority to send them to the great abyss. The spirits quickly ditched the pigs and went on to torment others in that land. The spirits in your bloodline like the land of your family. They are familiar with it, and they are not anxious to find a new one.

Counselors love to throw around unsubstantiated percentages. I think it's safe to say that three-quarters of what people deal with are from the family they were born into. Every time I say that at a seminar, I can hear the crowd roar: "Amen to that!" The responsibility, however, now belongs to the hearer.

I listen with the ears of the Holy Spirit to discern the pattern repeating in my client's lives. It's always there, and it surprises me how often it goes unnoticed. The devil loves to hide the obvious. The spirits tormenting a family are the same, but they are repackaged to look different. Let's use the example of a spirit of debt that entered the prior generation through the sin of gambling. The children vow never to gamble, but they are shuffling high-interest credit cards instead of playing cards, and debt has its door.

Kathleen, I will toss the ball to you now. Your teaching on sin, iniquity, and curses straightens out many misconceptions in the Body of Christ.

Not My Fault

Have you ever had the nagging feeling that most of the teachings on generational curses (or generational sins) are not quite right? Have you felt uneasy, like it seems unbiblical to place the blame for our mistakes on a generational curse that was the fault of our father's sin or that of some distant relatives, as if we are innocent, unsuspecting victims with no responsibility for our actions? Well, give that inner spirit check of yours some credit; you have a point! It made me wonder, "Now where have I heard that excuse before?" It sounded very familiar to me. Oh, wait! I know where I heard it — in Genesis! First Adam declared, "the woman made me do it," then Eve defended her position with "the devil made me do it." It's part of our old nature to refuse accountability for our actions. It's always someone else's fault, i.e., my father, mother, grandparents, siblings, etc.

Ironically, the verse that is most often used in teaching generational curses or sins has no mention of curses. Many Bible versions translate the Hebrew word for "iniquity" as our English word "sin." That's how we came up with the concept. However, it is more accurate to say generational *iniquity* rather than generational *sin*, and I will explain why that is important in a moment.

You shall not worship them or serve them; for I, the LORD your God, am a jealous God, visiting the **iniquity** of the fathers on the children, on the third and the fourth generations of those who hate Me, but showing lovingkindness to thousands, to those who love Me and keep My commandments. *Ex. 20:5-6 (NASB)*

In all fairness, we can clearly see from this verse how the idea of a generational curse or iniquity implies a person is a victim of the sins of the family and it is not their fault.

But we are under a New Covenant, and it is this covenant we invoke over ourselves and to those to whom we are ministering.

Three Very Different Hebrew Words: Sin, Transgression, and Iniquity

What is iniquity? Is it just sin? Let's look at three distinct Hebrew words: sin, transgression, and iniquity. Exodus 34:6-7 lists them together, and each one has a different meaning and intensity. If they meant the same thing, they would not have been listed together.

Then the LORD passed by in front of him and proclaimed, "The LORD, the LORD God, compassionate and gracious, slow to anger, and abounding in lovingkindness and truth; 7 who keeps lovingkindness for thousands, who forgives **iniquity, transgression and sin**; yet He will by no means leave the guilty unpunished, visiting **the iniquity of fathers** on the children and on the grandchildren to the third and fourth generations. *Exodus 34:6-7 (NASB)*

- **Sin (*chattah*)** — Missing the mark, or missing the target; includes sins of ignorance
- **Transgression (*pesha*)** — A stronger word meaning willful rebellion against the law of Moses; often a premeditated choice to do wrong
- **Iniquity (*avon*)** — Idea of perversion, twisting and distorting

In verse 7 it is the "iniquity" of the fathers that visit the third and fourth generations, not curses, sin or transgression. The word "visit" can also mean "seeks out or pays attention to," which brings me to the defining nature of the word iniquity. Iniquity is actually a weakness or inclination to do evil. It is a propensity to behave in a twisted manner and the desire to seek or pay attention to perverted things. This means a person is drawn towards certain activities that they know are wrong, and they have a weakness within them that makes it very difficult to resist particular evil temptations.

A classic example is children of parents who are alcoholics. Often the children will begin drinking at an early age and become alcoholics as well. However, there may also be a sibling from the same family who never drinks. The child or children who do end up drinking to the point of alcoholism did not inherit the curse of alcoholism. What actually happened is they yielded to the weakness, the iniquity of drinking that is in the family line. If it was an inherited curse, we could say it was not their fault, they would not be guilty, and there

would be no need to repent. But actually, they did not inherit a curse but rather a weakness or propensity to drink. It is an iniquitous DNA structure that is only activated or turned on by yielding to the temptation of drinking through the act of transgressing. Remember, transgression means a willful choosing to do wrong and allow the iniquity of the family line to continue to ruin lives. This means we always have a choice.

Biology, Spiritual Genetics, and Corrupted DNA Structures

Someone struggling continuously with the same sin of their parents is experiencing the evidence of iniquitous DNA structures attempting to activate and replicate the iniquity of the fathers. But it doesn't have to be this way! We have complete authority over these corrupt DNA structures. We are brand new creatures in Christ, born again with fresh spiritual genetics that allow us to walk in righteousness and holiness.

No one being tempted should say, "I am being tempted by God." For God cannot be tempted by evil, and God himself tempts no one. ¹⁴ Rather, each person is being tempted whenever he is being dragged off and enticed by the bait of his own desire. ¹⁵ Then, having conceived, the desire gives birth to sin; and when sin is fully grown, it gives birth to death. *James 1:13-15 (CJB)*

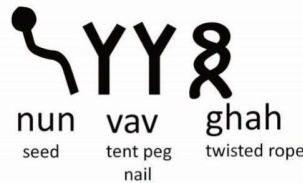
In verse 14, "being dragged off and enticed by the bait" is like a fish chomping down on a juicy worm, not realizing there's a dangerous hook hiding behind it. The fish is then dragged out of the water by the crafty fisherman. That hook is the iniquity in the family line that remains hidden (the mystery of lawlessness or iniquity). The devil knows exactly what bait to put on the hook to draw us back into the iniquity of our fathers. Thus, the devil cleverly continues the bondage in the family line. The bait that entices you may not be the same for me.

The words "his own desire" are known in Judaism as the *yetzer ra'*, which means an "evil inclination." That's what iniquity is, the propensity or the evil inclination to sin in a certain area.

Only when we take the bait through transgression or sin, can a curse perpetuate down the bloodline. The devil is successful in continuing his evil when we allow him to reel us in. However, as believers under the New Covenant, we can undo the iniquitous DNA. We can annul the weakness in this area and establish our family line with blessings instead of the curses acquired by our personal disobedience. We can deny iniquity the right to perpetuate itself in ourselves and in our children's lives through the blood and finished work of the Cross.

Now for the Fun Part

There is a lot of biology in James 1:13-14! We have conception, birthing and growing to maturity. Take the Hebrew word for iniquity (*avon*). Hebrew was originally written in pictographs, which in their simplicity, beautifully illustrate the original intent. Every Hebrew word is a commentary!



iniquity_{-avon}

(Hebrew is read from right to left)

ghah — twisted rope

vav — tent peg; nails (there are two of them together)

nun — a seed sprouting

Looking at the above pictograph and reading it from right to left, the first letter is a **ghag**, which is a picture of a twisted rope. Remember, iniquity actually means twisted or perversion. The next two letters are **vav**'s which are pictographs of tent pegs or nails. We know that nails fasten one object to another. There are two vavs side by side. In the Hebrew language whenever letters or words repeat, it is called reduplication and it reflects a stressing or intensity. This means there is an emphasis and it's serious! The last letter on the far left is a **nun**. The **nun** is a pictograph of a seed sprouting, which means life or continues, as the father's seed continues the bloodline.

The body is a mirror image of the soul, and by studying how it functions, we can gain an understanding of how the soul functions. The soul is not visible to the naked eye, so the Lord gave us a visual to understand the inner workings of the soul. We know the soul can eat and drink as Jesus told His disciples to "eat My flesh and drink My blood," and "taste and see that the Lord is good." The Bible offers many other metaphors using the body to describe the functions of the soul.

Notice how the first letter, the twisted rope, looks like a strand of DNA and the last letter, the nun, looks like a sperm. This is amazing given the fact that there were no microscopes in Moses' day! If we put these letters and their meanings together, we can see that the DNA of the father (parents) attaches to the seed or children.

We inherit genes from our parents that determine our hair, eye, and skin color. Other genes cause us to be thin, fat, bald, or predisposed to certain diseases such as cancer.

Nevertheless, the good news is that geneticists have discovered that genes have switches and they are finding ways to turn these genes on or off so that we may live longer healthier lives.

I believe, through the blood of Jesus Christ, we can switch off any corrupted, mutated, or twisted inheritance from our fathers' iniquities. In other words, we can switch off the iniquitous DNA and be completely free! While it is true that we are all born with a genetic propensity to sin, we do not have to submit to it once we are born again under the New Covenant.

Switch Off the Old and Embrace Your New Normal

King David wrote in Psalms 51:5 that he was shaped in iniquity even in the womb. Paul, the apostle, also spoke of the hidden shame that needs to be renounced:

But we have renounced the hidden things of shame, not walking in craftiness nor handling the word of God deceitfully, but by manifestation of the truth commending ourselves to every man's conscience in the sight of God. *2 Cor. 4:2 (NKJV)*

The word *renounce* in the Greek (*apeipomēn*) literally means to bid farewell; to disown; to refuse to acknowledge as belonging to iniquity and therefore, speaking out the opposite. So renounce, bid farewell, and refuse to acknowledge belonging to any iniquity and establish your identity with your born again, newly inherited bloodline complete with its genetic upgrade. You are a child of Abraham, the father of our faith, and as his child, you have inherited his spiritual genetics — his ability to believe and not waver. Think about it! You have a genetic propensity to believe and walk in incredible obedience, which will only result in prosperity, health, and the ability to influence nations.

Remember also, God is our Father, and there is no better bloodline than that! No longer consider it normal to be constantly enticed to repeat the sin in your family line. No longer say “I can't help it” or “this is just the way I am” or “I'm Italian, that's how we are” or “it runs in my family.” Expose the iniquity by renouncing it and repenting if you have activated it. You have been imparted a great measure of grace to walk in complete freedom from your past.

Say this: “Father, I come to You in the Name of Jesus. I repent and renounce (*name your sins*) that I have blamed on my past. You are the Lord of my life, and I will listen to Your voice when faced with temptation. My family line only goes back one generation to You, my precious Father in heaven, and I look more like You every day.

Thank you for weaving your nature into me. Thank you for empowering me through the blood of Jesus to override the earthly corrupted DNA that came through my natural family bloodline. I have been born again, and I have my Father's eyes. *(Now worship Him in your own words before closing with...) Amen.*"

Chapter 2

Generational Iniquity Familiar to Culture and Ethnic Background

God's View Today Episode 2

Meet Jelly a petite woman with a passionate, lively personality that is infectious. She never seems to run out of energy. She talks fast and moves even faster. The first time I met Jelly at a church gathering, I could see that she used humor to keep people laughing and at a safe distance.

Jelly circled around our counseling center for years, attending our group seminars and referring many clients, but she never came into the office. Then one day, I got the call; I remember the odd feeling that I was somehow waiting for her. We planned a time for her to come in.

I was at home cooking dinner when my cell phone rang. It was Jelly asking, “Am I at the right office? Wasn’t our appointment tonight?” I dropped my spatula and replied, “I can’t believe this, and I rarely forget my clients!” It was hard to fathom missing the appointment I was eagerly anticipating. I promised her a free session, and we set up a time for the following week.

Meanwhile, the producers of Lisa Ling’s show “*Our America*” began contacting us. They were looking for a professional counseling group that incorporated deliverance for an upcoming segment. It sounded exciting, but I had concerns about confidentiality issues. I explained that it would be difficult to find a client willing to expose their “dirty laundry” on network television.

They called again on Jelly’s appointment day, and while I felt honored, I could not understand why they were so intent on having our counseling center on their show. They told me the network was going to cancel if we did not agree to come on with one of our clients. I hated to miss this opportunity, but I told them, I did not think it would work.

Jelly walked in for her appointment just as I was ending the call. I started her session by talking about how a network show called “Fighting Satan” for *Our America* might be scrapped. I started to say, “Where on earth do they think I’ll find a client willing to share their life on national television?”

Jelly couldn’t contain her excitement. She interrupted me, “I am right here! Let’s do it!” I guess I shouldn’t have been surprised; Jelly was always up for an adventure, and so ours began!

Jelly’s long-awaited session became more about the show than her counseling issues. When I finally did hear her story, I saw that her past was laced with the same generational iniquity familiar to my other Hispanic clients: incest, pride, secrecy, matriarchal dominance, patriarchal adultery, abandonment, and Santeria mixed with Catholicism.

Jelly’s grandfather had molested her as a child. She remained silent and took on the role of people-pleaser and peacekeeper, desperately attempting to earn God’s approval and her mother’s favor. However, her mother seemed to have only enough love and affection for her first-born son, the “family prince.” Jelly stifled her pain to preserve the family name.

Jelly turned to psychiatrists and medications, trying without success to numb her pain. She recognized a pattern of negativity in her life that sabotaged her progress. She started wondering, “What’s wrong with me?” She had accepted Jesus Christ as a child, but as an adult, the focal point of her faith centered on keeping her daughter safe from the generational torment hurting her.

Ready, Set, Go!

In August 2013, the film crew arrived. They wanted to know everything about Jelly and essentially took over her life, following her to church, worship practice, work, and home. Then they came into our office to film her deliverance.

The producers of the show naturally loved Jelly. Her story had all the drama they wanted for network television. Her deliverance happened in an office crowded with camera operators, producers, an intercessor, and Lisa Ling. Way out of our comfort zone we relinquished control over the show’s final content; it was all in God’s hands. The producers did a flawless job of editing, perfectly displaying the power of the Holy Spirit as He set Jelly free.

Generational Iniquity Familiar to the Hispanic Bloodline

Jelly confirmed that in the Hispanic culture, extended family members often live together; incest is common. She grew up with her grandparents, aunts, uncles, and cousins under one roof. Her babysitters were always family members. Her grandfather had lots of access to her, and the incest started in first grade. Jelly's sexual curiosity turned to her cousins. It seemed natural for her to experience what she termed "cousin-cuddling." Jelly developed a distorted perspective of love that attached itself to sex. She explained that if she was not having sex, she did not feel loved.

Jelly shared that after years of counseling and finally deliverance, she was able to forgive her grandfather and those who did not protect her, but she was never able to confront her mother with the incest. As the saying goes, what goes on in the family stays in the family. Secrecy in the Hispanic culture requires silence, so no shame comes to the family. Denial locks in the secrets in an attempt to avoid all negativity and suppress emotions. It is typical for the family unit to be overly concerned with appearances.

Jelly told us matriarchal dominance is not about male hatred; it's more about self-protection because the man does not take his proper role. Women emotionally castrate their husbands when their needs are not met. Hispanic women do not confront their husbands about issues or allow others to have control; they just handle everything on their own and take over. The abuse in their past exaggerates the need to control their surroundings.

Santeria is a common form of witchcraft used among Hispanics that is often added to religious practices. Most of the spells Jelly witnessed were love spells. She once caught her mother-in-law wielding a mop and water, using them to cast a spell aimed at separating her son from his wife and bringing him back to her in Cuba. Jelly shared that sons are favored over daughters—especially first-born sons. It was a story I repeatedly heard in counseling; husbands who abandoned their wives in America to return to their mothers.

As Jelly explained, "Hispanic women are lively and social. We are always dancing and laughing. It's hard to fathom why we feel so lonely." The breakthrough moment of her televised deliverance occurred when the spirit of loneliness was cast out. The Holy Spirit revealed a vision of Jelly sitting alone in a shack, but that day God moved her to the throne room. She no longer felt alone.

I would estimate that approximately one-third of the women I counsel are Hispanic. The Hispanic church understands deliverance. I remember two women early in my counseling career from Puerto Rico. Their stories were so similar I could not keep them

straight. Both had childhoods filled with broken homes, poverty, molestation, and divination. Both were separated, struggling, single parents whose husbands had filed for divorce and returned to their mothers in Puerto Rico.

Many of the Hispanic women I counsel resonate with Jelly's childhood. The trauma of their abuse, rape, and molestation also followed them into their adult lives. Jelly's testimony confirms what I have experienced in deliverance sessions. However, I would add broken commitments, emotional and physical abuse, and poverty to the iniquitous structures found in the Hispanic culture. They result in divorce, bitterness, fear (from trauma and abuse), depression, confusion, and weariness.

What Are the Spiritual Roots?

I realize generalizations can be misleading, but in our practice, we have seen absentee husbands and fathers as significant culprits. In the case of the Puerto Rican women, as I mentioned earlier, the male head of the household left the family; poverty and vulnerability moved in. Gone were the traditional lives the women had been promised. They became bitter, frustrated and weary.

Why have so many Latino men left their families in the first place? I believe it is because their good intentions backfired on them. They came to the United States to escape poverty and, ostensibly, to provide their families with greater financial security. The women left behind were formerly submissive to their husbands, but all of that changed when they were forced to assume all the family responsibilities. Abandonment left them feeling bitter. They became matriarchs, controlling family members with fear. Hispanic children who left their homeland to establish new lives in America faced different spiritual tormentors. Like Jelly's mother-in-law, who ritually performed "prayers" rooted in witchcraft in an attempt to bring her sons back to her in Cuba.

We understand the points above are not universally applicable, but I often see their recurring pattern. When we shed light on the roots of generational iniquity, the demonic kingdom is exposed and expelled from causing torment in God's children.

What is Your Land of Inheritance?

Several years ago, I felt impressed to look into the issues of ethnic, generational iniquity and demonic torment, expanding my understanding of diverse people groups. Over the course of ministering deliverance to many women like Jelly, I recognized predominant themes based on their land of inheritance. My focus was primarily on what I *observed*

and *learned* in deliverance ministry sessions, so the following comes with an important disclaimer: I *am not* an expert on the full history of any ethnic groups. The specific causes and sources of these common themes may be open to debate and, as with all assessments of this type, they are not universally applicable to each client.

Knowing the land of your ancestors is fundamental to understanding the generational iniquity that is repeating in your family bloodline. The land is valuable to God, and God’s children are His inheritance. After all, God formed His inheritance from the land. From the dust of the land, we came, and to the land, we will return. (Gen 2:7)

Again, understanding the iniquity of the land and its effects on us are critical to the discernment of generational torment. In Gen. 3:17, God told Adam that because his wife sinned, the ground was now cursed and their lives would be full of struggle.

America is a good example. The trauma of the Great Depression that swept the nation with devastating loss and financial failure affected our land; a spirit of poverty and depression hit nearly everyone without notice. I often heard my mother recount her days of struggle. “Depression” was the word on everyone’s lips.

Our generation has yet to experience that type of financial collapse. However, a spirit of depression is more prevalent today than ever before. In my age group alone, the percentages of women suffering from depression and on medication are alarming. The tactics of the enemy for causing depression are different, but the spiritual torment remains the same. The Great Depression arrived in America in the 1930’s, and the effects upon our land are still causing generational suffering.

Kathleen: Land Assignments Caused by Generational Iniquity

In Chapter 1, we discussed the nature of generational iniquity and how it can affect our children’s lives and ours. Now we will see how people can affect a land to either bless or curse it.

We often do not realize the influence human beings have on the planet. Even the rest of creation understands the influence of man and waits with eager expectation for the sons of God to be revealed. Creation will experience freedom from decay and corruption when the sons of God are unveiled. God told Adam in the garden that the earth (ground) was cursed on his account, and Cain’s murderous behavior negatively influenced the land. As part of Cain’s punishment, he was told the land would not yield her fruit easily. In both cases, Adam and Cain were blocked from the blessings and presence of God, and the land suffered as well.

It was because of man that creation was subjected to a curse, but it will also be because of man that the land will be released.

The entire universe waits with excitement, yearning to see the unveiling of God's glorious sons and daughters! For against its will the universe itself has had to endure the empty futility resulting from the consequences of human sin. But now, with eager expectation, all creation longs for freedom from its slavery to decay and to experience with us the wonderful freedom coming to God's children when they are glorified. *Rom. 8:19-21 (The Passion Translation)*

The land is affected by acts of iniquity, and the families that dwell on the land are also affected. Even if the people do not personally have an area of iniquity running in their family line, individuals can still be adversely influenced or troubled by the sins committed on the land. The land itself becomes corrupted and often results in barrenness, fruitlessness, and poverty. The area may even become noted for a high level of criminal activity. All of this is due to covenant acts of wickedness that allow evil to rule and reign.

More importantly, the converse is true. The righteous can positively affect the land. I know of agricultural towns that were transformed by becoming largely Christian. Their crops yielded double; even their fruit doubled in size. One town had to close down their jail, and the police officers had to find other jobs because criminal activity became non-existent. (See *Transformations: A Documentary* by George Ottis Jr. as an example of how righteousness affects the land.)

As a personal example, my husband and I lived and ministered in a Mayan village in Southern Mexico. The town was impoverished both economically as well as spiritually. Dysfunctional families, crime, drugs, and alcohol use were epidemic. Today, I am happy to say, believers govern the village, and the church's influence has totally changed everyone's lives. Prosperity and family values have returned as the church has blessed the land. Even the destructive force of hurricanes have mysteriously gone around the villages, and not even touched their crops and homes. Years before, the Lord led us to invite the individual families to bring soil in a cup from their property into the church. We pronounced blessing and prosperity on each one of their cups of soil and declared that the righteous ones lived upon that property. They returned home and sprinkled the blessed soil back onto their land. The land received its blessing and favor because of their faithfulness to the Lord.

When it goes well with the righteous, the city rejoices, And when the wicked perish, there is joyful shouting. By the blessing of the upright a city is exalted, but by the mouth of the wicked it is torn down. *Prov. 11:10-11 (NASB)*

Man Creates an Atmosphere that Allows God to Bless or the Devil to Curse.

Consider the lands of Pakistan and parts of Africa like Nigeria and Angola. We can see the effects of bloodshed from the horrific defilement in its wake. Every day innocent, defenseless women and children cower in fear of being kidnapped, raped, disfigured or maimed, all the while civilized nations watch but do little to help. The land responds to this wickedness with drought, famine, and defiled water. Many areas are teeming with mosquitoes that make it extremely difficult to produce good, bountiful crops. The results are disease and starvation which perpetuate crime. Even organizations like the Red Cross cannot keep up; millions still suffer and die painful deaths.

Countries such as Syria, Iran, and Iraq have a history of injustice, and innocent blood spilled upon the land. Their legacy is poverty, continued murder, terrorism, slavery, and abuse. How many folks do you know plan to take a vacation or want to own a timeshare in Iraq? These countries are inherently beautiful, and fertile but have been destroyed and polluted by the wickedness of man.

“So you shall not pollute the land in which you are; for **blood pollutes the land** and no expiation can be made for the land for the blood that is shed on it, except by the blood of him who shed it. You shall not **defile the land** in which you live, in the midst of which I dwell; for I the LORD am dwelling in the midst of the sons of Israel.” *Num 35:33-34 (NASB)*

What Happens to Land When Abortion is Allowed and Promoted?

Oppression and tyranny are in store for a nation that allows the murder of its innocent sons and daughters. The Lord gives those countries over to their enemies to be subdued and ruled by oppressors.

They even sacrificed their sons and their daughters to the demons, and **shed innocent blood, the blood of their sons and their daughters**, whom they sacrificed to the idols of Canaan; and **the land was polluted with the blood**. Thus, they became unclean in their practices, and played the harlot in their deeds. Therefore, the anger of the LORD was kindled against His people and He abhorred His inheritance. Then He gave them into the hand of the nations, and **those who hated them ruled over them. Their enemies also oppressed them, and they were subdued under their power.** *Psa 106:37-42 (NASB)*

It is well known that the innocent blood of Abel cries out from where? It cries out from the land!

He said, "What have you done? The voice of your brother's blood is crying to Me from the ground. Now you are cursed from the ground, which has opened its mouth to receive your brother's blood from your hand." *Gen 4:10-11 (NASB)*

The blood of aborted babies is crying out from the land, and we know their cries will not go unheard. Their heavenly Father will ask, "What have you done?" May we continue to stand against abortion and remain a country faithful to righteousness. Let us keep America great and not allow her oppressors to rule. (Psa 106:37-42)

Examples of Regional and Personal Land Assignments

Regions such as cities or counties may have widespread cases of fibromyalgia, thyroid disease, or even certain types of heart disease. This is evidence of an assignment on the land, and certain people seem to be more sensitive to the principality that is affecting the region. Studies have shown on a map that non-congenital diseases such as these are often found in clusters.

Demons and principalities are territorial, and for some reason, certain people are more affected by them than others. After praying for 21 days, Daniel described angelic warfare with principalities over the region of Persia (Dan. 10). Obviously, this "prince" is not a natural prince but a spiritual entity or principality that has dominion over the region of Persia. Michael the Archangel had to help Gabriel defeat the demonic prince to bring Daniel the answer to his prayer.

Jesus led a blind man outside the city limits to heal him. I believe He did so to remove the blind man from being under the influence of the principality of that particular village. There is no way of knowing, but I wonder if vision problems were prevalent in that town; and like this man, some were greatly affected. Jesus commanded the man not to return to the village, perhaps so he would no longer be under the influence of the evil regional assignment.

And they came to Bethsaida. And they brought a blind man to Jesus and implored Him to touch him. Taking the blind man by the hand, He brought him out of the village; and after spitting on his eyes and laying His hands on him, He asked him, "Do you see anything?" And he looked up and said, "I see

men, for I see them like trees, walking around.” Then again He laid His hands on his eyes; and he looked intently and was restored, and began to see everything clearly. And He sent him to his home, saying, “Do not even enter the village.”
Mark 8:22-26 (NASB)

On a more personal level, let’s say you purchase a previously owned home and are unaware that someone living in the house before you had committed suicide. You move in, and suddenly you start having thoughts like, “Why bother” or “Why don’t you just end it all.” Normally, you are a perfectly happy and content person, yet these thoughts keep coming to you. This is because a covenant of death was previously made on that ground and demons have access through that covenant. An assignment of death or suicide was established. At the very least, spiritually discerning folks will feel the oppression. They will feel uncomfortable in the home and not know why. Of course, as believers, we have the authority to destroy the covenant of death, cleanse our homes, and sanctify our properties with the blood covenant made through Jesus Christ.

Whenever I travel and stay in a hotel room, I always speak the cleansing and sanctifying work of the blood over the room. Who knows what unclean and unholy activity has previously been committed in that room? When I pray and cleanse the room, I always sleep like a baby. Why not try it over your own home? It really is that simple! When you are finished, you can press that red button from Staples Office Supply and say, “That was easy!”

Power to Bless the Land

The land upon which you live or dwell is blessed because you carry His name and are called among the righteous ones, the majestic ones to whom fall pleasant boundaries lines (Ps. 16:3). This is the principle and scripture we used to bless the Mayan villages.

LORD, you give me stability and prosperity; you make my future secure. It is as if I have been given fertile fields or received a beautiful tract of land. *Psa 16:5-6 (NET)*

We can discover a land’s assignment through prayer and intercession. Every city has a thumbprint of God. The area in which Phyllis and I live has many blessings prophesied and assigned to it. The name Tampa, in the indigenous Indian language, means “fire stick” and Tampa Bay is known as the lightning capital of the world. I believe Satan will fall like lightning in our area, and God’s holy fire will fall throughout the land to purify it. The inner bay is named *Bahia de Espiritu Santo*, which translated means the

Bay of the Holy Spirit. Yes! Holy Spirit is over our waters. Safety Harbor, a town that is part of the Tampa Bay area and located on this bay, was originally named “Healing City” from a spring believed to have healing properties. This water was sold and shipped worldwide. What a prophetic drama for our region!

The land cries out for healing and the subduing of the enemy. Clearwater, another city in our region, was named for its “clear” water, unpolluted and pristine. The bay was so full of fish, women would walk out into the bay when the mullet were schooling, and the mullet would jump right into their outstretched skirts and aprons! Can we say Clearwater will be a city known for the many souls jumping into the Kingdom? It is also known for its many springs along the coast that have been plugged up for a variety of reasons. We are in the process of unplugging the spiritual springs and re-digging the wells of our city.

Ask God to reveal the thumbprint of your area and declare His name upon the land and cleanse it. He will set it apart for His glory.

There is a very interesting satellite photo of the mountains between Shiloh and Jerusalem. You can see the name of God actually stamped into its landscape! Now *that's* a thumbprint! His name Yahweh written in Hebrew script is actually formed by the crevices in the mountains.

The Hebrew script for YHVH is יהוה

*“But go now to My place which was in **Shiloh**, where I set My name at the first, and see what I did to it because of the wickedness of My Israel.” Jer 7:12 (NKJV)*



Bible Archaeology Digest

We are placed in regions and cities to be God’s name engraved upon the land to transform it according to righteousness. I like to say we are in the process of ‘terra-

forming' or transforming Tampa Bay to be a place for His glory to dwell.

Is your region groaning for righteousness, for the sons of God to rise up and cleanse the land? What has God revealed about the land where you live?

Phyllis: Demonic Torment Based on Ethnicity

The cultures mentioned in this book are the ones I have worked with extensively in the area of deliverance, so this comes with another important Phyllis disclaimer: *these are based on my own personal observations and experiences in deliverance ministry only.* We must recognize, as a church and as a society, that the demonic kingdom has manipulated us with prejudice issues that cause division and strife! God does not look at skin color, but demons use it to stir up hatred and strife.

This focus is on the lands of your inheritance, and the torment familiar to that land's culture. As children of God, we all belong to the same family, and for us to bring in the harvest, we must stand together on the front line in unity and be informed.

The English Culture

Jelly was very transparent about her cultural influence so I will be, too. I grew up on Long Island Sound in a tiny beachside community where everyone knew your name and small-town gossip replaced privacy. This was an odd place for my very private first generation English grandparents to settle. My grandfather possessed a polished sense of humor that he used to keep people off guard and at a distance. My grandmother, however, was very reserved, quiet and proper. My father was their only child. The best word to describe mealtime at their house would be "sterile." No two items on the plate touched. There was always a plate of plain white bread on the left, with a single pat of butter and a knife. Meals were simple or simply horrible and baked in milk. The constant ticking of a grandfather clock was the only interruption to the dead silence throughout the house.

Proper, ordered, and reserved are the words that describe my father's heritage. When I pray deliverance for the English, a rigid, stiff-necked spirit of pride manifests along with strong spirits of religion and intellectualism. Most people from this bloodline struggle with religious freedom. They complain their worship is mechanical, muted, and without any outward expression. This is familiar to the strict religious customs found in the Church of England.

One day while reading the book "Deliverance from Evil Spirits" by Francis MacNutt,

I noted that the Frankish tribes of England took the anointing oil out of the hands of the lay ministers and made a church law that only the priests could use the oil. Imagine my horror, since my maiden name is Frankish! It must be why I always have lots of anointing oil to share in my purse!

The English are known for their involvement with the Freemasons (the Masonic Lodge) and other secret men's societies. Since I work predominantly with women, I see the torment passed on to their wives. It manifests as long-suffering illnesses such as diabetes resulting in amputation, head and neck traumas, choking, and breast cancer along with other forms of cancer due to the oaths and vows the husbands take to advance through the degrees in their lodges. I do not have any evidence of Freemasonry on my father's side of the family. However, my grandmother died on July 6, 1965, from a rather rare form of cancer. One year later to the day on July 6, 1966, my father died of the same thing. Thankfully, Masonic or not, we were able to sever that iniquitous structure from further travel down our bloodline.

There is an aristocratic claim of enlightenment in these secret societies that allow spirits of pride, judgment, and silence to torment. Lack of communication in marriages is typical and rooted in the secret oaths vowed at each degree of the Masonic Lodge.

Divination and witchcraft curses are also predominant in the English bloodline due to the mixing of religion with occult activities. Spirits of witchcraft gain entry through New Age type activities of horoscopes, psychics, palm reading, tarot cards, and New Age healers.

I am grateful for freedom through the power of the Holy Spirit. The blessings of my English Heritage for the Kingdom of God far outweigh the iniquities.

The Irish Culture

The Irish heritage is rich in blessings but also presents some usual suspects for torment. Although it is rare to meet someone directly from Ireland, when I did, her story summarized my assumptions.

My client was a beautiful redhead named "Josie," who landed on my couch with a heavy sigh. The fear in her eyes was even more evident than the freckles that covered her face. She told me how she had come to America via Miami trying to escape the torment of Ireland, but she could not outrun it. Josie knew that spirits of anger, addiction, and isolation were tormenting her. She had trouble leaving her apartment and trusting people.

Spirits commonly found in the Irish culture are anger, poverty, addiction, and bondage.

To understand the poverty stronghold in the Irish bloodline, one can simply look at the five million who fled Ireland due to the potato blight. Deprivation, starvation, and death tormented the people. In our generation, it is common to see these spirits manifest with various forms of lack and eating disorders.

Spirits of bondage came into play because many of the Irish gained entrance to the colonies by first becoming indentured servants. This differs from slavery in that there was a contract signed for service with a beginning and end. However, the harsh living circumstances typically lasted seven years. The money gained under this contract was for traveling to their “Land of Promise” here in America.

One article on this stated, “They did not pass their unfree status on to their descendants.” I found that interesting. Perhaps the actual contract was completed, but the spirits of bondage visited the next generation with harsh marriages, fear of authority, and the feelings of being a slave to something or someone.

Religious rebellion and wars continue today in Ireland causing great division and conflict. Spirits of anger, rage, violence, and murder still explode in this culture and cause tremendous damage to relationships.

The colorful lifestyle of the Irish centered on their gathering places, primarily the pubs, where spirits of addiction congregated. Historians note that this is where the spinning of tall tales entered into the culture; indeed, the Irish are famous for their storytelling. Exaggerating the details of the story, brought in spirits of lying. It is hard for an Irishman to “get to the point.” With a splash of Irish mixed into my English heritage, I love to tell the stories. Some of my friends and readers enjoy the journey others are more interested in getting to the destination. This leads to the malady of being misunderstood, hence causing communication breakdowns in relationships.

It follows that if the gatherings took place in pubs, then spirits of addiction had easy targets. My client “Josie” told me her problems started in Ireland with alcohol, but when she arrived in Miami in the 1980’s cocaine took over as her drug of choice.

The German Culture

Spirits that repeat generationally down the German bloodline are anger, judgment, stubbornness, and isolation. When I pray deliverance for German clients, I cancel the assignments from wars that opened the door for these spirits to enter. Many of my clients describe their fathers as strict, uncaring and legalistic. German mothers are viewed as cold, fearful and quiet. Hidden spirits of fear will manifest during deliverance. I often hear my clients say, “Our house was run like the military, so when I broke a rule

I hid in my room in fear of punishment.”

Childhoods are painted as lonely, isolated and exiled. One male client shared that he felt so rejected by his family that he abandoned all of them. He became judgmental, critical and angry. He fought for whatever he had in life, but eventually, everything he worked for slipped away. He was a warrior, but not in a Godly way. His deliverance was telling. During our session, I heard the Holy Spirit tell me to break the soul-tie he had with the owner of his gym. I actually laughed aloud at that request, but as I severed this tie, my client flew back in his chair as the demons of anger manifested. He told me later that was a clear word from God because the owner of his gym once beat him up. His anger had cost him his marriage, his business, and nearly his life.

The German women I counsel reject first to avoid rejection. It is a self-defense mechanism. They struggle with how to love or be loved because it was not displayed in their home. Divorce, depression, and isolation seem predominant in this culture.

For some Germans, the treatment of the Jewish nation during WWII opened the door to generational spirits of judgment. It looks different today, but Antichrist spirits of intellectual supremacy, hatred and judgment are still in operation. They also show up at work as striving, perfection, competition, and performance issues. Also, the German population in particular struggles with spirits of unrest that are highly active at night, preventing their minds from shutting off and achieving peaceful sleep.

The African-American Culture

What follows are my observations and experiences in the field of deliverance with African-American women, whose generational roots are founded in slavery. They are prone to attack by spirits of slumber, fear, hiding, perversion, theft, and poverty.

This is my favorite group to work with. The African-American church understands deliverance, and they have no problem seeking help. My first attempt at casting out demons began at a group seminar with an African-American woman. I was in training, shadowing another prayer warrior most of the day, but felt compelled to pray alone for the woman sitting in the front corner of the room. When I got to her, I was assigned to pray for the Strongman of Slumber. As I opened my mouth to cast out a spirit for the very first time, she let out a tribal scream and then fell sound asleep. I quietly freaked out and then called in the recruits. I was instructed to call her back to consciousness by her name. When I did, she sat straight up in her chair. As I took authority in the Name and Blood of Jesus Christ, spirits of sleepiness, lethargy, and sluggishness left her. This woman owned her own business and was a high-level intercessor for a well-known

ministry in Florida, but she was wearied by the amount of energy it took for her to get things done.

The fact that it was a generational spirit of slumber became apparent two years later when her sister came in for deliverance. The same thing happened: when we called out a spirit of sleepiness, she headed straight for the couch to take a nap. It is easy for me to conclude that sleep disorders and sleepiness are generational for African-Americans; many of my clients with African roots have a difficult time staying awake in my office. One client who knew her propensity for nodding off asked for a straight chair, rather than sitting on our comfortable couch.

As I studied some of the atrocities of sexual, physical and emotional abuse that the slaves endured, I realized that the only time they got peace was when they slept. They looked forward to sleep and most likely invited spirits of slumber in song and with words to escape the abuse. This is similar to the way these spirits attack clients with depression, and their invitation comes with the words, "I wish I could sleep all day."

Generational iniquitous structures of abuse frequently manifest with spirits of fear (of trauma, of abuse, and of authority), and hiding. Perversion spirits follow with repeated evidence of molestation and rape at the ages of 3, 9 and 12. Incest was common among the slaves and continues today. Family division, divorce, and abandonment stem from the uprooting and separating of the slaves from their land and families. With little exception, you will always see a spirit of theft in operation, specifically, theft of inheritance, birthright and real estate. Theft manifests today in collusion with spirits of poverty. The blessings that God intended for African-Americans the enemy has come to steal, kill and destroy (John 10:10). However, we know the rest of that scripture! Jesus came to give Life, and life to the fullest.

I will tell you that my most rewarding deliverances are found in the openness of these women who are so willing to share their history and allow the name and blood of Jesus Christ to set them free from the slavery of their past! One client came in slumped over but after deliverance, literally danced her way out of my office singing a victory song.

When more deliverance data streams in on the cultures not mentioned this list will expand. In the meantime, I encourage you to ask the Lord to reveal what is lurking in your family's history, because the same demons could be tormenting you.

Chapter 3

Strongholds that Steal the Identity of a Woman

God's View Today Episodes 4 & 21

There is a worn-out cycle Satan unleashes on the heart of a woman. He is a thief, he knows you, he hates you, and he wants to steal your identity. He creeps in to kill, steal and destroy God's plan for your life (John 10:10). He is not creative with his assault because what he is using has worked for centuries. His agenda is a repeating play of rejection, isolation, abandonment, and distrust. It continues to debut with different actors at the various stages of your life. The play has the same ending. It leaves you defeated and sinking deeper into a den of distrust.

On Episode 21 of *God's View Today*, Kimberly revealed that her life was trapped in this repeating "play." Satan had planted lies in Kimberly's heart during the years of her father's drug abuse. Spirits of fear, insecurity, rejection, and abandonment forced their way in through an unmet need for his love. She partnered with the words "unlovable" and "unworthy." She sought comfort in fornication and adultery for a short time, but as she confessed on our show, these things only left her feeling like a whore. They were cheap Band-Aids that kept falling off, leaving her wounds raw, exposed, and growing.

The inner turmoil in Kimberly's life was hidden. She ignored the pain by keeping busy, attending church activities three to four times a week and singing in the choir. She looked great on the outside, but inside she wrestled with demonic strongholds keeping her from the love of God.

Kimberly was seeking deliverance information for someone else when she first called Above & Beyond Counseling. Several phone calls and many questions later, she finally made the appointment for herself. There was an instant connection the minute our eyes met. Our eyes literally met because we are both close to six feet tall! This gave us a starting place to discuss how Satan uses physical appearance to sow seeds of rejection

and label us misfits. Kimberly's deliverance brought to the surface all the rejection and abandonment lurking in her past and cast it into the arid places beneath the feet of Jesus Christ. It stirred a passion in her for seeing others set free and led her to join our deliverance team. Eventually, that "someone else" she first called me about came in on his own for help.

Then there's Abigale, a dietician for a major league baseball team and host of a nutrition segment on a local network. She admitted on Episode 4 that perfectionism had distorted her identity. Her two sisters were much older and disinterested in her "little sister" antics, so she found ways to express her energy and need for attention by acting in school plays. Abigale knew from the beginning that she was destined for greatness with a God-given call on her life. However, her world fell apart at age 11 when she learned that her parents were divorcing due to infidelity. Insecurity took over as her ideal family crumbled. First, her father moved out, followed by her two sisters shortly after that. Abigale felt like a stranger screaming for attention. She started asking questions like, "What did I do? Could I have prevented this? Maybe if I had been a better daughter..." She felt lost amid her shattered dreams and thought if only she could belong to the "cool crowd" where everyone is different by being the same.

Thus Abigale allowed the enemy to squeeze her into a box where she stagnated for a long time, constantly striving to be perfect. Soon the cool crowd turned into the party crowd with alcohol and drugs. She dropped out of college. In the midst of her dark days, she met her husband, Patrick, which brought a new role as a doctor's wife. To keep up the appearances of her new identity, her striving for perfection exploded. She wore more makeup, bought better clothes, and drank martinis to fit in.

Then Abigale began a shift toward nutrition. She realized the healthier she got and the more weight she lost, the more attention she received. Her heart told her that being thin equals perfection and belonging. Her weight became an idol. She told us she looked like a bobblehead on a size 0 stick body, but she did not see that in her reflection until years later. Her cute, perky appearance was all a front to hide the starving, insecure, abandoned little girl inside.

There is no fear in love; but perfect love casts out fear, because fear involves punishment, and the one who fears is not perfected in love. *1 John 4:18 (NASB)*

Abandonment, fear of rejection, striving for perfection, and lust for attention were her tormentors. The word *tormented* in the Greek translates as being tortured and vexed with physical and emotional pain. Abigale's prison centered around the lie that she must be perfect to be loved and accepted.

Distorted behavior is the result of a warped self-image and lost sense of identity is the basis of sin. *1 John 3:4 (Mirror translation)*

God created us in His image, but the fall of man brought with it a fallen identity full of disbeliefs that counter the word of God. He changes that by aligning us with the truth found in the mirror of His word.

For you did not receive the spirit of bondage again to fear but you received the spirit of adoption by who you cry out Abba Father. *Romans 8:15 (NASB)*

Abigail's childhood dreams of greatness are now unfolding before her as she lines up with God's image in the mirror — one choice at a time.

In Kimberly and Abigail's stories, there is a common thread of identity theft. The enemy strives to build strongholds right next to your God-given gifts to keep them from operating. These two women were meant to be encouragers but the enemy brought in defeat. It follows that people who have the gift of healing often struggle with infirmity. People with the gifts of prophecy and intercession are silenced. The gift of leadership is foiled with failures, and the gift of service is trampled with betrayal.

The Original Lie that Steals Your Identity

In Gen. 3, Satan beguiled Eve into thinking something was held back from her on the Tree of Knowledge. That lie instilled distrust and caused her to sin by eating the forbidden fruit. Adam and Eve immediately hid when they realized for the first time that they were naked. Before that, they were naked and unashamed. Now instead of reliance on God, they began to strive for a "do-it-yourself" system to get what they wanted. Lust of the flesh, the lust of the eyes, and the pride of life (see 1 John 2:16) shifted their focus to self. They now hid because they saw that they were different; they had lost their identity. Their days of reflecting on the glory of God ended when they ate from that tree. We still have the choice today: the Tree of the Knowledge of Good and Evil or the Tree of Life. We can make that same wrong decision anytime, or we can choose life! (See Deut. 30:19)

Adam and Eve were banished to the land of Nod. Nod represents wandering and never being able to settle. When you lose your identity, you are captured in this spiritual region of the soul. God knows we do not belong there and He desires to deliver us.

Our wrong agreements allow rejection, abandonment, isolation, and distrust to initiate their torment. Satan targets God's creation, and like Abigale and Kimberly, I

wanted to be just like everyone else. I wanted the same backpack. I wanted to wear a size five shoe, not size 10. I wanted to weigh 125 pounds and be like Kathleen, not weigh 180 pounds at 6 feet tall. I was made differently, and the enemy called it rejected. I isolated myself in distrust from the wounds of being bullied and mocked.

The greatest gift God gives women is their ability to love and nurture. We are designed for that. I like to joke that God created Eve with the rest of the wiring for love. We got the premium upgrade, and the demonic kingdom knows it. In Revelation 12:13 when the dragon, Satan, was thrown down to earth he persecuted the woman who gave birth to the son. He knows our identity as women and hates it. When we begin to build walls of distrust because of rejection and abandonment, we retreat into a corner and allow this *thief* to steal our identity. My husband used to tell me he could not get past all my walls and I agreed with him. I remember thinking those walls took me years to build and they were my protection.

Identity Theft Brings Struggle

When you operate under a false identity, you struggle. Jacob did that. He assumed his brother Esau's identity to steal the family blessing. It was already his, but he took it prematurely, and that caused him years of delay until he came face to face with God in Genesis 32. After that night of struggling, God asked Jacob, "What is your name?" This time he honestly answered, "I am Jacob." When he assumed his correct identity, God released His blessing and changed Jacob's name to Israel.

God cannot bless a false identity. It takes surrendering your past to be free. You get a new name, the one God appointed from the beginning of time. The word "name" in Hebrew means lifestyle. You get a new lifestyle with God. When God told the Israelites to exterminate the names of the idols from their new address, He meant it.

...I have called you by your name; you are Mine! *Is. 43:1 (NASB)*

You Are God's Address

You are God's address. You are his temple. When you said, "I do," you were given a new name and the wedding ring of the Holy Spirit as your seal or guarantee for eternity (Heb. 7:22). The lights in your temple are lit, but my guess is you are not yet that bride without wrinkle or spot. When you accepted Jesus Christ as your Lord and Savior, you became a threat to the enemy. You have a power source and an adversary. The demonic

kingdom does not like your new address or your new name, so they begin to use the wounds of your past to build a counterfeit identity over your new one. They set their threshold by God's threshold and their doorpost beside God's doorpost to hide the truth.

He said to me, "Son of man, this is the place of My throne and the place of the soles of My feet, where I will dwell among the sons of Israel forever. And the house of Israel will not again defile My holy name, neither they nor their kings, by their harlotry and by the corpses of their kings when they die, by setting their threshold by My threshold and their door post beside My doorpost with only the wall between Me and them. And they have defiled My holy name by their abominations which they have committed. *Ezek. 43:7-8 (NASB)*

God told Ezekiel to describe the temple to the house of Israel: its structure, its exits, its entrances, all its statutes and all its laws (Ezek. 43:11). God wants you to see the original blueprint that He designed for your life complete with your strengths and weaknesses. It is your fingerprint here on earth that cannot be replicated. No one else can do your assignment; no one else has your blueprint plan. You are uniquely created for a time such as this! However, those entrances and exits, those thresholds and doors have some vulnerabilities.

God showed Ezekiel in chapter 8:3 that at the north gate of the inner court sat the idol of jealousy. When I think of myself as the temple of the Lord, the northernmost gate that gets most of the attention in the Bible is my mouth. If jealousy is seated there then so are its companions of bitterness, negativity, frustration, blaming, and anger. (More on them in the next chapter) What defiles the temple comes up from the heart and out of your mouth, and it curses the very first thing it touches; your lips. Your words are defiling your temple!

Rejected from the Crowd

I mentioned earlier that I just wanted to be part of the crowd. I wanted to be accepted, but I was rejected. I learned the hard way that the crowd does not go the distance with God. You have to fight the herd mentality of conforming to the pattern of this world. We have an inborn need to be a part of a tribe because that is how God established the movement for his Ark. Tribes are dwelling places of the Godly that are like-minded in their kingdom plans. It is a very different crowd that is set apart.

Blind Bartimaeus fought the crowd. The blind in that day were required to identify

themselves with their clothing. The cloak he wore said, “I am an unproductive blind beggar.” As he cried out to Jesus for mercy, the crowd sternly told him to be quiet. He didn’t listen and cried out even louder (Mark 10:48). Then Jesus stopped and heard his cries. Now the crowd that had previously tried to silence him changed their position and told him to stand up and take courage. Bartimaeus threw off the cloak that bore his false identity. Jesus gave him his sight and said, “Go! Your faith has made you well.”

Desperation will cause you to ditch everything for God. Bartimaeus had no plan to retreat to an old lifestyle; he wanted that new name. Do you?

Take the Rejection Test

1. Do you find yourself comparing your circumstances or situations with others, yet you never seem to measure up?
2. Do you feel like you’ve missed life’s opportunities and now it is too late?
3. Is no amount of encouragement enough to convince you of your worth?
4. Do you feel rejected if you are not greeted or acknowledged by your leaders?
5. Do you seek the approval of others and suffer from the addiction of people pleasing?
6. Are you easily offended or embarrassed from discipline or correction?
7. Do you try to prove yourself in public?
8. Do you feel like you are on the outside looking in during interactions with people?
9. Do you think you could do a better job than the current leader or teacher, given the opportunity?
10. Do you believe no one understands you, or what you are going through?

If you recognize these symptoms, don’t throw in the towel yet keep reading! God is answering the cry of your heart by shedding light on the lies of agreement that have sabotaged your destiny and stolen your identity.

Five Steps to Freedom

1. **Begin declaring your identity daily.** Example: "I am loved. I am a child of the King. I will take back the full borders of my Land of Promise for the Kingdom of God. I am a wife who respects her husband, a mother who cherishes her children, a gifted_____ (fill in the blank). I walk in healing restoration and reconciliation. I can do all things through Jesus Christ who strengthens me according to His purpose for my life because I am a daughter of the King and He knows my name."(John 14:28; Phil 4:13)
2. **Pray for the revelation of God's love to show you who you are to Him.** There is nothing you can "do" to earn His love. If you are a parent, you know that when you first held your child, you did not give that child a laundry list of expectations to earn your love. The minute that baby was born you were "in" love. Allow that love from your heavenly Father to enter your heart so you can know your new name.
3. **Recognize that your past is under the blood of Jesus Christ.** Your past is not your address; He died to free you from that bondage. Demons of guilt and shame will always remind you of your old name just as they did to Paul when they called him a murderer in Acts 28:4, but that was his past. When he shook the snake off his arm, they changed their minds and called him a god. Shake off your past snake and become the temple blueprint for God.
4. **Pray:** Dear Heavenly Father, thank You for creating me with a unique identity and purpose. I pray that You would enlighten the eyes of my understanding to know the dimensions of Your love. Lord, I know that the identity You gave me can only be received by a revelation from You.

I bind the spirits of rejection, isolation, abandonment, and distrust that have stolen my identity right now in the Name of Jesus Christ. I loose a spirit of adoption that names me as the beloved. I loose a Spirit of Truth that identifies who I am and who I am called to be. I will no longer shrink back in fear because of experiences. Holy Spirit illuminates who I am as well as Your specific purpose for my life.

I know the plans You have for me are to prosper me and give me hope for my future. Your purpose gives me the freedom to be successful and fruitful. I will bring You all the glory! Father, let Your original identity be my reality. In Jesus' Name, I pray. Amen and Hallelujah.

5. **Find a deliverance counselor.** If you continue to struggle with spirits of rejection, isolation, abandonment, and distrust, it's time to boot them out once and for all. God wants to see you free more than you do!

Chapter 4

Bitterness-The Most Toxic Spirit

God's View Today Episode 4

See to it that no one comes short of the grace of God; that no root of bitterness springing up causes trouble, and by it many be defiled. *Hebrews 12:15 (NASB)*

Sandy's first words to me were, "I am an angry, bitter woman whose words are destructive. I have spent the majority of my life in abusive relationships full of control. I am a fighter who refuses to be victimized, but I am losing a battle I cannot see."

When Sandy married a gentle man, she expected her life to start coming up roses. However, bitterness was deeply rooted in her soul, and its destructive force was wreaking havoc on her health. The scowl on her face mirrored the toxins rotting inside her body. The roses were nowhere in sight.

Sandy watered and kept the weeds of bitterness fertilized with a long list of her abusers and their offenses. She held court daily playing the judge, jury, and prosecuting attorney. In her mind, she was right, and her judgments were accurate. The list grew with debts of unmet expectations. She upheld the charges to ward off vulnerability, but Sandy was the one in prison sentenced to life.

Her pain escalated to a level 10 and sleep disappeared for 8 months. Her mind was racing at night with hyperactive thoughts and unrest. She was diagnosed with Insomnia, Chronic Fatigue, and a Thyroid disorder that included an arsenal of medications and a vicious cycle of side effects.

Sandy used her anger to control her abusers. She remembered the breaking point when she said, "This is the very last time I will be abused. This is the day I take control." She claimed anger as her friend. It assumed the role of bodyguard and hid her vulnerability.

Sandy's declaration of friendship with anger created an ungodly soul-tie which had to be broken before we could take her through deliverance. Spirits have souls, they can think, they can reason, and they can manipulate your emotions.

Sandy's deliverance was peaceful, and the spirits left without much notice. That night she slept through the night for the first time in years. The following morning she followed her daily routine of stretching

before she got out of bed. As she braced for the pain that usually followed, she was amazed. It was gone!

Sandy noticed, however, that her energy levels were worsening. Her concern drove her back to the doctors for a myriad of tests. What they found out surprised everyone. Her thyroid was healed, and the medication was the problem. Once she stopped taking it, she felt great.

First God restored Sandy then she took on the restoration of her boat. Facebook photos revealed a new Sandy the following summer as she spent long hours sanding, refinishing, and painting to get it ready to sail. Her pictures are full of joy, sunshine, and sand. The roses are finally blooming in her life.

The Unmerciful Servant

Expectations like Sandy's list of offenses, keep you waiting for the other person to apologize or acknowledge their bad behavior. These debts found in Mathew 18 deliver you to the jailers for torment. When Jesus asked Peter how many times, should he forgive he responded with a generous, "Seven times." That was a stretch for Peter. Jewish culture at the time was three. Four offenses rendered you completely cut off. I can only imagine the look on Peter's face when Jesus came back with, "Seventy times seven." I am sure that puzzled look is what prompted Jesus to begin the parable of The Unmerciful Servant found in Matthew 18:23-35.

I will paraphrase, but in this parable, Jesus stated that the Kingdom of Heaven is like a king who wanted to settle the debts owed to him by his servants. The king had the servant who owed him a large sum brought before him. It was a debt no one could pay; let's use 39 trillion dollars as an example. The king demanded if he could not pay, he would liquidate of all his assets. Today that compares to a creditor telling you, "I will take your house, cars, 401k, all of your stocks and bonds, and if this does not cover the debt, I will throw you into prison." You can imagine the horror when the king also included this servant's wife and children as part of the payment. The servant fell to his knees and begged for forgiveness. The king moved with compassion, released the servant, and forgave his debt.

The freedom probably caused him to run out of the courtroom overcome with joy and gratitude. However, the elation was temporary. Scripture tells us this servant ran into a fellow servant who owed him the equivalent of 4 months of back wages. When his friend could not repay him, he grabbed him by the neck and started choking him while screaming, "Pay me what you owe!" The fellow servant begged for forgiveness but no mercy was shown, and he was dragged off to debtor's prison. This grieved the other servants that were watching, and they reported it to the king. The king summoned the servant back before him, called him a wicked servant, and advised that he should have forgiven the debt just as he was forgiven. With that, the king "delivered" the unmerciful servant to torturers to be jailed until he could pay back all he owed. Then Jesus added, "This is how my heavenly father will treat you if you do not forgive with your heart." Matt. 18:35

In this parable, the 39 trillion dollars was a debt no one could pay. It represents the price Jesus paid on the cross for our sins. The smaller debts, by comparison, are the expectations we hold on to waiting for some sign that our offender understands the pain their actions caused. Those debts or expectations invite the devil's overworked and highly paid jailers of self-pity or self-righteousness, to enter. Self-pity whispers in your ear, "I should not be treated this way, it is unfair! They should know better." Self-righteousness screams, "I would never treat anyone that way how dare they do that to me!" They are the jailers who deliver you to the tormentors. Once you agree with them, demonic claws clamp deep in your soul imprisoning you with spirits of bitterness, resentment, frustration, blame, and anger. If you can discern their voices quickly and forgive your offender, you will not be sentenced to jail.

Recruits from the Portal of Hell Reinforce Your Jail Cell

When you rehearse debts from your past, you open a portal to hell. All the demons assigned to that original argument hear the alarm and report for duty. They get a royalty payment when you play their old song of torment! When they arrive anger explodes, and bitterness invades to destroy the fruit of the Holy Spirit. They want to murder your purpose by keeping you in bondage. Where there once was joy, there is sorrow, love turns to hatred, and peace evaporates in anxiety.

I hear it all the time in our counseling offices, "I didn't do anything; it was my spouse's sin that has left me bitter!" Sins of others that come from abuse, molestation, or adultery keep the victim pointing fingers at others while they are being entrenched in an even deeper grave of bitterness. Your mouth becomes an open grave spewing word

curses that cause you to be judged just as you are judging others.

Their throat is a yawning grave; they use their tongues to deceive (to mislead and to deal treacherously). The venom of asps is under their lips. Their mouth is full of cursing and bitterness. *Romans 3:13-14 (NASB)*

You say things like, “He/she is a cheater, a liar, an abuser!”

When you rehearse these facts you are not speaking the truth of God’s plan for that person, but instead, you are glorifying the demons operating in them, and they get stronger. Your words have power, and they are aiding and abetting the demonic agenda while God’s plan for you both shrinks further away. The person you want to see change the most is chained by your bitter words and so are you!

Bitterness Distorts Your Vision

Bitterness causes distorted vision. You no longer see the truth of the situation because you filter everything through its pain.

Michal, David’s first wife, looked out her window and saw David leaping and whirling before the Lord, and she despised him in her heart (2 Sam. 6:16). She was looking through the window of past offenses that kept her from seeing the truth. In just the chapter before, David had become King in 2 Sam. 5:12-13, and his first course of action was to take on more concubines and wives and bear many children. Michal was not seeing her husband worshipping God; she had a memory of this type of behavior and assumed he was flirting again.

Bitterness had distorted her vision, and it left her barren until her death in 2 Sam. 6:23.

Here is one of my favorite Joyce Meyer quotes: *”Harboring unforgiveness is like drinking poison and hoping your enemy will die! Unforgiveness poisons anyone who holds it, causing him to become bitter. And it is impossible to be bitter and get better at the same time!”*

Bitterness Has To Go

Bitterness is the most toxic spirit of all. That is why God made Marah, which means bitter, his first stop in the wilderness after he delivered the Israelites. They left with all the gold and silver as their back pay after 430 years of bondage under Egyptian rule. Their deliverance was miraculous, but their souls were bitter. They needed to renew their minds!

When clients come in for deliverance like Sandy, they are in awe of the tangible presence of God during their session. They walk out of our offices free. Many even say they feel like the weight of the world was lifted off their shoulders. I think the Israelites thought that too! However, after deliverance, there is a war over who you are going to listen to. Clients often complain, “I still have some of the same thoughts I had before deliverance.” I tell them, “God didn’t wave a magic wand and erase all your memories; he set you free so you can renew your mind.”

The devil knows how to throw thoughts at you after deliverance to get you back to Egypt. He has had many years of practice. However, God is greater, and his path is not a superhighway that will get you instantly to your destination. His way is a narrow road that few will find. It involves a relationship with Jesus, the branch that made the bitter water sweet.

God dealt with it in the wilderness for 40 years, and only two made it into the Promised Land.

Those are not good betting odds!

Those slaves were free, but they still had a beaten, rejected and bitter slave mentality.

A Spirit of Bitterness Causes Physical Sickness

Elizabeth Cohen, a Senior Medical Correspondent from CNN, wrote an article titled, “Blaming Others Can Ruin Your Health.”¹ In this article, she contends that when we feel negatively towards someone, our bodies instinctively prepare to fight that person, which leads to physiological changes such as an increase in blood pressure. Cohen quoted Dr. Charles Raison, Clinical Director of The Mind-Body Program at Emory as saying, “We run hot as our inflammatory system responds to dangers and threats.”

Cohen continues on to say that “feeling this way in the short term might not be dangerous — it might even be helpful to fight off an enemy — but the problem with bitterness is that it goes on and on. When our bodies are constantly primed to fight someone, the increase in blood pressure and in chemicals such as C-reactive protein eventually take a toll on the heart and other parts of the body.”

“The data that negative mental states cause heart problems is just stupendous,” Raison says. “The data is just as established as smoking, and the size of the effect is the same.”

¹ Cohen, Elizabeth, CNN Senior Medical Correspondent, “Blaming Others Can Ruin Your Health” August 18, 2011, 2:37 p.m. <http://www.cnn.com/2011/HEALTH/08/17/bitter.resentful.ep/index.html>

Kathleen's look at bitterness—It's More Than a Bad Taste In Your Mouth!

The hurt you are nursing will become a strong resentment. What others did to you is not fair, plain and simple. You may think, "I'll never forgive them for this." Bitterness causes you to clench your fists at the thought of certain people, become highly offended by some past event, and end up so touchy people walk on eggshells around you. It is toxic, and it makes you feel crummy.

I know how you feel; I have been tempted in the same way. So I wanted to share some Biblical principles that have helped me resist storing up those horrible feelings and emotional baggage.

The Bible is very explicit about how bitterness affects a person and why it is so important to release this negative emotion. It is bad enough that it adversely affects us spiritually, but as Phyllis shared bitterness can make you sick. Medical science is continually confirming that harboring bitterness will release toxins that are the root cause of many deadly diseases such as cancer, cardiovascular diseases, immune system disorders, and a host of mental issues like depression and anxiety.

Bitterness can temporarily feel empowering, but in reality, it imprisons us and prevents us from releasing forgiveness. A person who can readily forgive is generally healthier physically and has healthier relationships. They are far less likely to turn to drugs and alcohol than someone is who carries a grudge.

The book of Hebrews gives us some interesting insight into the actual root of bitterness. Bitterness has a way of weighing us down by tying us to destructive patterns. The devil will cleverly and skillfully use the sin of bitterness to ensnare us, so we do not complete our race.

Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every **weight**, and the sin which so easily **ensnares** us, and let us run with endurance the **race** that is set before us... *Heb 12:1 (NKJV)*

I love how The Passion Translation translates this verse. It tells us to let go of every wound that has pierced us.

As for us, we have all of these great witnesses who encircle us like clouds, each affirming faith's reality. So we must let go of **every wound that has pierced us** and the sin we so easily fall into. Then we will be able to run life's marathon race with passion and determination, for the path has been already marked out before us. *Heb 12:1 (TPT)*

Another way of translating Heb. 12:1 is “**get rid of every arrow tip in us.**” Words or actions that have wounded us emotionally are like toxic arrow tips embedded in our soul. These arrow tips of bitterness weigh us down and keep us from freely running our race for the win. Think of a marathon runner who has trained for an Olympic race his entire life. Can you imagine him competing while holding his gut from the excruciating pain of an arrow tip piercing through? His hopes for a medal are surely dashed if he even completes the course at all.

Bitterness is a trap! It destroys lives, severs relationships, and leaves broken hearts in its wake. It breeds hatred. Now Satan really has us because hatred is the same as murder in the eyes of God. We must let go of every hurtful word and act that has wounded us. Get rid of murderous spirits of bitterness!

Weed Your Garden

Some plants are very invasive, and we must be careful not to plant them in our gardens. I once admired a plant in my sister's yard, so she gave me a cutting complete with the roots. It was a vine with small yellow, white, and purple flowers and I thought it would look nice growing on my fence. I was not sure the roots would take hold, but you should see it now! It is all over my yard, and I am having issues with it obliterating my grass and other foliage. It has taken over like an obnoxious weed, and it all started with what appeared to be a harmless little cutting with roots.

Bitterness is just as invasive. At first, you feel justified and empowered by the emotion. It may even be a “good” feeling much like the pretty flowering vine I planted. However, if left to take root, it will take over your soul (garden), and you become toxic to yourself and to everyone around you. No one like a garden overrun with weeds!

...looking carefully lest anyone fall short of the grace of God; lest any **root of bitterness springing up cause trouble**, and by this many become defiled; *Heb 12:15 (NKJV)*

Where does that root come from? How does it spring up? Well, before there can be a root, there must be a seed. Seeds are hidden. They are buried in the soil of your heart when you accept offense and resentment. Before you know it, the seeds germinate and take root. Now you have a problem that is visible to everyone, creating a poisonous and contagious atmosphere that invites others to share your resentment.

That is because bitterness is usually expressed through our tongue (speech). It loves to slander, or gossip, making false accusations and damaging another person's character

and reputation. It happens to be a favorite pastime of The Slanderer himself. The Greek word for slander is *diablos* which is one of Satan's names: Diablo, The Slanderer.

The Hebrews have a name for slander—*lashon hara*, which means evil tongue. Bitterness usually results in using our tongue to speak out against someone to defame or belittle them, making us feel better about ourselves. Now here is the scary part, the Hebrew word for leprosy and slander are the same! One who slanders, or gossips, is considered a leper. We need to picture ourselves with the smelly, rotting flesh of leprosy before speaking against someone. It is a debilitating disease and highly contagious.

Miriam, the sister of Moses, slandered her brother and immediately she became leprous. Hebrew tradition says that Aaron was struck with leprosy as well because he listened to the slander. The one who listens to slander is just as guilty as the one who is speaking it! Whoa, that gives us the difficult responsibility to walk away from gossip and resist the temptation to find out more of the juicy information—for praying, of course! I think we are all naturally “nosy” but let's resist the temptation to engage in slander, looking carefully to ourselves and to one another, and circumvent a lot of trouble!

What is next? It is simple: just let it go. You cannot do it by yourself so lay it all at the feet of Jesus. The weeds of bitterness will no longer be in your garden. Let Him be your confidant and follow the One who forgave the brutality of the cross for our sakes. Jesus bore it all so you and I can be free.

Do you want to feel better? Stop nursing that hurt. Unclench those fists. Pick up the eggshells and let it go!

The Heart Forgiveness Test to Release Bitterness

Then summoning him, his lord said to him, ‘You wicked slave, I forgave you all that debt because you pleaded with me. Should you not also have had mercy on your fellow slave, in the same way, that I had mercy on you?’ And his lord, moved with anger, handed him over to the torturers until he should repay all that was owed him. My heavenly Father will also do the same to you if each of you does not forgive his brother from your heart.” *Matt. 18:32-35 (NASB)*

So, how can you tell if you have truly forgiven from your heart? Let's summarize this chapter and find out if you pass.

Test Question #1. Do you feel like you are owed an apology, or are you waiting for your offender to accept the blame and feel the shame?

If you answered No, you are on the right track, go to test question #2.

We must love unconditionally and have no expectation of debt as in “they owe me.” Debts enlist self-centered emotions to manipulate you. Fact: You cannot trust your emotions! They are part of your sinful nature. This life does not owe you a thing, you are here to love God and know Him! Any other expectation is a debt, and it invites what comes next.

Test Question #2. Does self-pity or self-righteousness drive your emotions? Do you hear their worn out song:

“I should not be treated this way!”

“They should know better!”

“This is not fair!”

If you answered No, you are passing, go to question three.

If you answered yes, you are probably sitting in a jail cell of bondage with the tormentors of bitterness, resentment, frustration, anger, and blame. The key is to recognize the sound of the jailers and quickly run away to safety with forgiveness. If you can quickly release your offender, you stand a better of returning to peace.

The storm of your offender’s behavior is not your dwelling place! You can join in the battle and get caught in their hurricane or choose to forgive and center yourself in the eye of the storm where there is peace. That choice will always be yours to make.

Keep in mind that forgiveness is all about you, not them. You do not want demons in others to define you. Your emotional state is not an indication of whether you have forgiven or not. It takes a while for your emotions to catch up but they will.

Test Question #3. Does the past come up in every argument?

Remember when you allow the past to come into a current issue, you open that portal to hell. All the demons who brought in that original debt of unforgiveness now have access to you again. It is the royalty check that is still paying the demons, and your debt load is increasing!

I remember an instance of revisiting an old offense that startled me with instantaneous torment. I was crushed under the weight of all the fears from the past. When I recognized the door, I repented and forgave my offender. My quick response closed the portal and the demons of fear left.

Did you pass?

Whole heart forgiveness is a selfish choice not to let the behaviors of others steal your blessings. Do not let their demons manipulate your emotions. Keep your heart focused on Jesus and walk in love. Thankfully, Jesus never said, “They don’t deserve my forgiveness, look at them, they aren’t even thankful for what I’ve done. My life traded for their life? They don’t deserve it.”

He did not say that, but we sure do!

Make a choice today.

You can dine at the table set before you in the presence of the enemy with your head anointed with joy (Psalm 23), or you can become the food source of demons at Satan’s table. They are salivating as they chew on you with bitterness.

Where do you choose to sit? Is that debt worth your identity? God is jealous for your whole heart, and he wants you free!

Be ready to forgive just as Jesus is always ready to forgive you when you repent.

For You, Lord, are good, **and ready to forgive**, And abundant in lovingkindness to all who call upon You. *Psalm 86:5 (NASB)*

If you are still struggling, right now close your eyes, envision the one who hurt you coming through your front door. They are weeping and asking you to forgive them. Would you be able to forgive? If the answer is “yes,” then you are in the right place. You can now release all the pain, bitterness, hurt, and anger and be free.

Postscript: Ending on a lighter note!

A particular four-year-old prayed,

“And forgive us our trash baskets as we forgive those who put trash in our baskets.”

Chapter 5

Soul Ties or Soul Mates- Who Are You Still Bound To?

God's View Today Episode 6

Or do you not know that the one who joins
himself to a prostitute is one body?
For He says, "The two shall become one flesh."
1 Cor. 6:16 (NASB)

"He is my soul mate!"

"She is like a drug that I am addicted to."

"He will always have a piece of my heart."

These words follow the person who swept you off your feet and mesmerized you like an intoxicating drug. You craved the time you spent with them and never got enough. The world affectionately refers to these people as our "soul mates," someone our hearts will always be joined to regardless of time or place. It is a relationship, even after all these years that you cannot get over.

It almost sounds romantic, doesn't it? Well, it is not! It is a scheme of delusion from the demonic realm to trap your soul and set up an idol in God's dwelling place. It is not a soul mate; it is an ungodly soul-tie that gives access to demons.

Soul-ties are established through either sexual sin, emotional manipulation, or both. The latter is often overlooked. However, for clarity, these are people who use ungodly influence to cause you to do or feel things you would not have done or felt if they had not introduced them to you. We will go into this type of soul-tie later in the chapter.

Disclaimer! You will not find the term soul-tie in the Bible. They are referred to as bonding, joining, cleaving, or knitting together of the flesh.

And Adam said:

“This is now bone of my bones And flesh of my flesh; She shall be called Woman, Because she was taken out of Man. Therefore a man shall leave his father and mother and be **joined** to his wife, and they shall become one flesh.”
Gen. 2-23-24 (NKJV)

The Hebrew word for cleave or joined is “dabaq” which means to stick or adhere to, glued or fastened together. We will refer to this binding as a ‘soul-tie.’

There are both godly and ungodly soul-ties. Marriage is a godly soul-tie. Sexual relationships outside of marriage are obviously ungodly and worldly. Worldly thinking considers it an intelligent thing to do before marriage. How else will you know if you are compatible or not? The world only understands the physical danger of unprotected sex. The God of this world has blinded their eyes to the spiritual implications and dangers of ungodly sex by calling it irrelevant and therefore have moved the ancient boundaries of Biblical morality.

There are no contraceptives that can provide protection against the spiritual dangers of sex outside of marriage!

Phyllis’ Personal Testimony

I remember a healthy fear of opening the door to sexual sin. I waited until I got close to my goal of graduating from college. I purposed to stay focused and not let sex derail me. However, three months before I crossed the finish line, I had sex with my boyfriend. Within a week or two of opening that door, I got sick, and the battle with various infirmities continued for the next 20 years. In retrospect, I can see how the enemy used sexual sin to delay my purpose and keep me in bondage with infirmity.

Years later, during a worship service at church, the Holy Spirit impressed upon me to break the ungodly soul-tie to my college boyfriend who I affectionately referred to as my “first love.” I made statements that he would always have a piece of my heart, but God was clearly saying, “I am jealous for your whole heart!” I ignorantly had handed demons a beachhead to execute torment over my body and soul.

The Law of Unions

The Law of Unions is illustrated clearly in the following scriptures:

...Now the body is not for sexual immorality but for the Lord, and the Lord for the body. *1Co 6:13 (NASB)*

We can see from this scripture that the Lord is setting apart the body for Himself and for holiness. It is important to the Lord what we do with our bodies. We are not our own but His.

... do you not know that the one who **joins** himself to a prostitute **is one** body with her? For He says, "THE TWO SHALL BECOME ONE FLESH." *1Co 6:16(NASB)*

But the one who **joins** himself to the Lord **is one** spirit with Him. *1 Co 6:17 (NASB)*

These scriptures demonstrate when we join ourselves with someone, they become a part of us. If you join with a prostitute, your body becomes part of the prostitute's body and vice versa. This example of having a sexual encounter with a prostitute is, of course, an ungodly soul tie. Through this ungodly union, there is an ungodly exchange as you become "one" sexually. The one who joins himself to the Lord is one spirit with Him. There a holy exchange with the Lord creating a Godly soul-tie. This is the Law of Union, and it can be godly or ungodly.

In the above verse from 1 Corinthians 6:17, Paul the Apostle, is quoting from Gen. 2:24, *For this reason, a man shall leave his father and his mother, and be **joined** to his wife; and they shall become one flesh.*

The word "joined" in the Old Testament is also translated to stick, adhere, cleave or cling. It is describing the clinging, cleaving nature of a man and woman through sexual union. The Apostle Paul quoted this same scripture to describe our union with Christ. As a man is joined to his wife, they shall become one flesh, and as we join, adhere, cling to, and cleave to the Lord, we become one with Him. We know that when this happens, we receive His righteousness, His peace, His joy, and we become like Him! In turn, we also give to the Christ our body, our mind, our heart, our soul and more. This godly and holy exchange is the operation of the law of unions. This law is also in operation in the natural realm as well. When there is a sexual union between a man and a woman, there is an exchange, and it is not always good if it is ungodly union. There is always a giving and a taking. In marriage it is holy, and the exchange is holy. We have all noticed

couples that begin to act and even look alike as they grow old together. There has been a godly and holy unity.

Unfortunately, the converse is true as well! We can receive a demonic impartation from a sexual partner if we are not married them. Unholy behaviors, ungodly attributes, ungodly character traits, begin to “cling” to us. Our personality may even begin to change. We wonder why we are having similar issues as our partner. We have encountered a union of the flesh that enables demonic impartation, and it’s dangerous. It will open doors you don’t want open!

The Hebrew word for “one” is “echad.” The pictograph for this word is a picture of a wall and a door meaning a “wall-door.”

echad-one	
𐤅	𐤄
dalet	chet
door	wall

(Read from right to left)

A wall separates the inside from the outside. Only through the door can one enter or exit uniting the inside with the outside. When we are one with the Lord the door through the wall of our soul is open to what is good and holy. Angels can ascend and descend. If your “wall-door” is open to an ungodly relationship, you have opened yourself up to the problems of your partner. Who knows what may pass through!

We Are Made in God’s Image

Man is a three part being made up of a body, a soul, and a spirit. We are made in God’s image and likeness as a triune being.

Now may the God of peace Himself sanctify you completely; and may your whole **spirit, soul, and body** be preserved blameless at the coming of our Lord Jesus Christ. *1 Thess. 5:23 (NKJV)*

The part of us that is made new during Salvation is our spirit.

Therefore if anyone is in Christ, he is a new creature; the old things passed away; behold, new things have come. *2 Cor. 5:17 (NASB)*

Most of us would love to get a new body with salvation. That sounds like a silly thing to say, but I believe many people think we get a new soul via some drive-thru make-

over when we say “I do” to the Lord. We did not get a new body or a new soul. We got a new spirit. That makes our soul a candidate for the process of healing, deliverance, and sanctification as the bride of Christ. The body will catch up later when we meet Him face to face, and become without wrinkle or spot! That is a promise no youth serum can make! Until that glorious wedding day, we surrender to the leading of the Holy Spirit who is now our guarantee. The Passion translation calls him our “wedding ring,” promising our groom is coming back.

In 1 Corinthians, Paul speaks of “two becoming one flesh.” This scripture refers to flesh as your body, the temple of the Holy Spirit, being defiled with sexual intimacy outside of a covenant of marriage.

Or do you not know that the one who joins himself to a prostitute is one body with her? For He says, “THE TWO SHALL BECOME ONE FLESH.”¹⁷ But the one who joins himself to the Lord is one spirit with Him.¹⁸ Flee immorality. Every other sin that a man commits is outside the body, but the immoral man sins against his own body. *1 Cor. 6:16-18 (NASB)*

However, in Romans Paul refers to the flesh as the mind realm of the soul.

For we know that the Law is spiritual, but I am of flesh, sold into bondage to sin.¹⁵ For what I am doing, I do not understand; for I am not practicing what I would like to do, but I am doing the very thing I hate. *Romans 7:14-15 (NASB)*

Therefore, when bonding of the flesh takes place sexually, there is a bonding of the body and the soul. This bonding allows demons to go back and forth between two people like a spiritual STD. I remember my mom saying, “You don’t want to sleep with that person because you will be sleeping with half of Ft. Lauderdale.” I used to think she was crazy, but she was right! There is a multiplier effect with sexual sin and demons use it as a superhighway for mass transit.

Kathleen always says, “Demons are parasitic, like fleas. They will jump from one to another, and where there is one flea there is an infestation!”

Several years ago, I watched a show on the History Channel about the “Summer of Love” in Haight-Ashbury, California. The hippie battle cry of 1967 was “Make Love Not War!” The term “free love” became the sentiment of the times, and the sexual revolution exploded. This show gave the law enforcement’s perspective of that summer. One of the officers disclosed the overdoses, rapes, and murders on record that year made it the highest crime summer in California’s history. Then he brilliantly stated, “It was as if someone opened Pandora’s Box and all Hell let loose.”

Legitimizing sexual sin is a worn out demonic tactic to bring moral downfall. Today it is called “the new norm.” Most couples would not consider marrying without the trial run of living together.

We know there is no sin greater than any other sin in God’s eyes. However, sexual sin carries much greater consequences. I am sure that is why in Acts Chapter 15 the Council at Jerusalem voted not to burden the new Gentile converts with all 613 Jewish commandments. They chose the top three and that included sexual immorality.

Therefore it is my judgment that we do not trouble those who are turning to God from among the Gentiles, but that we write to them that they abstain from things contaminated by idols and from fornication and from what is strangled and from blood. *Acts 15; 19-20 (NASB)*

More Stories of Sexual Sin Soul-Ties

One of my favorite illustrations of a sexual sin soul-tie came from a man who told me he was once the happiest person on the planet. I thought that was a strange statement to make because he reminded me of “Eeyore.” He was always moaning and complaining about life in general. He said his downfall began in college when he slept with a girl who had Bi-Polar Manic Depression from being date raped. He accurately summed it up by saying, “I feel like I caught her depression.”

One summer I volunteered at a Hospice facility where the patients typically had less than 6-weeks to live. Before I started, the Lord revealed that I was going in to minister to one person primarily and I would know her by her name. When I met Madonna, I knew she was the one. She was not much older than I was, and she was in the end stages of Parkinson’s disease. The only movement she had left was in her small finger. She used it to navigate her mouse pad on the computer. It was her connection to the outside world. Her breathing was labored and her voice barely audible.

As a Hospice volunteer, you cannot ask your patients questions, you wait until they initiate a conversation. Madonna began by asking me about my job. When I shared with her my role at Above & Beyond Counseling Center she asked, “Do you think my illness has something to do with demons?” That positioned me to ask an ignorant question intentionally, “How did you catch Parkinson’s Disease?” She snickered with disgust, “You cannot catch Parkinson’s disease, and if you could you would not be in this room! My husband had Parkinson’s disease, and when he died, I got it.” There it was, the lay-up shot for my next question, “Did you sleep with your husband before

you married him?” I was surprised she did not throw me out or call the nurse. Instead, her eyes narrowed like an eagle looking for prey. “No one has ever asked me that, do you know anyone who didn’t?” I told her, “Not many and I am not judging you.” I explained how a sexual sin soul-tie could open the door to spirits of infirmity. Then I dropped the bomb, “That demon did not need you as long as its host was still alive, but when your husband died, it had every legal right to enter you.”

I was taking a chance at bat, and I hit a home run. Madonna was stunned. No one had ever connected her sickness to her husband’s death. She fired out the questions, and once I got through them all she confessed she wanted to ask Jesus into her heart, but no one ever offered to lead her in prayer. Madonna accepted Jesus Christ that day, and we were able to break the soul-tie with her husband. When I came, back the following week, she looked like a different person. Her eyes were dancing, and her cheeks were rosy. Madonna was smiling and sitting up in bed!

She joyfully announced all her dreams that week were sweet and restful. She began to explain, “The medications I am on keep me in and out of sleep all day long. I dream a lot, and my dead husband was in most of my dreams chasing me. Real or not that fear lingered long after I woke up and left me in a state of continual anxiety and unrest.”

Fear was wreaking havoc on her body but no more. Madonna had peace in her soul, and her body revived. I do not know the end of that story, but she did not die on my watch. Instead, she went home improved not dying as expected! The Lord had more work to do in her life, and now He had time.

If you were promiscuous in your youth, do not despair. With God, there is always an escape route, and that is accessed through the blood of Jesus Christ. Keep reading, and we will walk you through the door to freedom at the end of the chapter.

Ungodly Soul-Ties Based on Influence and Manipulation

On “*God’s View Today*,” I gave an example of an ungodly soul-tie based on influence when I brought up the Youth Minister who came into the office struggling with an addiction to marijuana. He attended our group deliverance seminar and still struggled with addiction. He feared one of the children in his youth group would see him smoking, think it was acceptable, and then he would become the ungodly soul-tie that influenced them.

At the root of his addiction were unbroken soul-ties with people who introduced him to marijuana, those he got high with, and dealers who sold it to him. When I asked, “Don’t you think these relationships are open doors?” He replied, “Well, yes, of course,

but It never occurred to me.” Once he broke these soul-ties, we bound up the Strongman of Bondage and called out the Demon of Addiction. He was finally free.

That is one example of an ungodly soul-tie through influence. Let’s broaden that scope to include people who operate with control. Do you have people in your life that through manipulation cause you to feel guilt, shame, anger, or depression? Here is a clue. Have you ever said, “I really don’t want to go, but I don’t want to let them down?” Guilt is notorious for constructing these types of soul-ties, and what follows is typically anger or resentment.

If you struggle with fear of failure, it is likely connected to authorities, parents or teachers, that suggested you would not amount to anything.

If you believe your doctor’s words over God’s and you accept the final verdict of “incurable,” there is an ungodly soul-tie at the root of your infirmity with your doctor.

Consider the bullies on the playground that first brought in fear and rejection. Friends that took you to a scary movie that invited night terrors. Acquaintances or idols that influenced you to smoke, drink, and party. Bartenders at your favorite clubs that served you too much alcohol. Bosses, managers, supervisors, and co-workers who used control to dominate you. People who betrayed you and brought in rejection, suspicion, and sabotage. Pastors and their wives and fellow church members who used guilt or shame to get the church work done. Even the most loving family members will use control to motivate.

I remember arguing with my daughter during a group deliverance seminar. I wanted her to put my name on her list of ungodly soul-ties. She argued, “I would never consider you an ungodly soul-tie.” In front of the crowd, I asked, “You mean I have never controlled or angered you?” She replied, “Well yeah, of course, you have.” She put me on her list. I love that my daughters and I made it through the teenage years! There were no saints in my household.

You can have a good godly soul-tie based on love and an ungodly soul tie of control with the same person. When you sever the soul-tie, it does not sever the relationship. It improves it by removing the root of the control that is keeping love from fully manifesting. However, some relationships need to go, and by now you probably know which ones they are.

A Deliverance Story Based on an Ungodly Soul-Tie of Influence

My introduction to the children’s deliverance ministry began with a 4- year old threatening to kill his 2-year-old brother and his grandfather with a knife while speaking in demonic tones.

“Zac” was raised in a loving home with strong Christian parents who felt like they were living through an episode of “The Twilight Zone.” One moment their son was a prayer warrior storming the gates of heaven and the next minute he was a violent bully. His parents were baffled. They had both gone through deliverance, and they understood spiritual warfare. They were consistent with discipline, yet they could not control their 4-year-old! When the demons manifested in Zac, his voice would switch to a low, threatening tone that was frightening. He could not read. However, the scriptures hung on his wall sent him into a rage of torment. He calmed down when they were removed.

As I prepared to pray for Zac, I told him he was like a little house. His eyes were windows, and his mouth was the door. I let him know that Jesus could remove whatever caused him to act like a bad boy because he had a gift to help him be a good boy. He was eager to receive his gift from Jesus, and he told me, “Miss Phyllis I do things I don’t want to do, but I do them anyway.” I was hearing the 4-year-old version of Romans chapter 7.

As I prayed for him, I heard the Holy Spirit tell me to call out a spirit of murder and violence. I ignored Him. I did not trust I was hearing God. Within seconds, his mother tapped me on the shoulder and informed me the Holy Spirit had prompted her to tell me to call out a spirit of murder and violence. God now had my full attention. As I began to call these spirits out of “Zac,” he started to choke and cough violently. His face turned beet red and after 20-30 seconds he stopped choking, sat up straight, and shouted, “It’s gone!” Before the grace of God that was holding my composure together wore off, I quickly prayed a blessing over him and sent him back to the playroom with his father.

As I turned to look at his mother, the expression on her face was shock. I remember thinking I was just “schooled” by the Holy Spirit in a trial by fire. I reminded her that spirits go the way they came and this one must have gained entrance through choking. Her answer surprised me, “We broke that soul-tie earlier when we prayed. An older boy choked my son on the playground at school when he was 2 years old. He came home that day with the bruises on his neck that proved it.”

I had a hard time with that because it was not my belief that spirits could just jump on an innocent child. She reminded me of the studies done on bullies, “Children that are bullied often become bullies. The boy that choked my son came from a family who had several members in jail for murder. My son was frightened, and he became a bully rather than stay a victim. Over the years his behavior has gotten progressively worse.” She then reminded me of this scripture in Proverbs:

Make no friendship with an angry man,
And with a furious man do not go,
Lest you learn his ways
And set a snare for your soul. *Proverbs 22:24-25 (NKJV)*

She made a believer out of me that day. Her son was free, and the spirits were gone. They still had to enforce firm discipline after deliverance, but now it worked!

This deliverance story reveals the ungodly influence soul-ties have on our moral character.

Please note! Many parents are looking for a quick fix for years of poor parenting. Parents tell me they are too tired when they get home from work to enforce clear boundaries with their children. They appease them by giving in to their demands to avoid the struggle. What they wind up with are entitled children that manipulate by wearing down parental resolve!

I remember a frazzled parent who, as a last resort, brought their child in for deliverance. Within 30 minutes of their arrival, my office looked like a war zone. I purposed not to intervene during this session so I could see how the mother managed her little handful. What I observed was a strong-willed child with a fearful parent. Mom cried, “Everyone can control him, but me!” This child did not need deliverance; he lacked consistent discipline and structure!

It makes no sense to take a child through deliverance if the parents cannot keep the doors to the torment shut. The spirits that are cast out will come right back using the parent’s weakness to return to the house (Matt 12:43).

Parents, deliverance starts with you first! You cannot expect your child to go through the process before you close your own doors. Children are mirrors of your behavior. Therefore, we require at least one parent to go through deliverance before praying for the child. You cannot understand how to war on behalf of your child if you are in bondage. Spirits test the parents to wear them down to reopen the doors to the children. A strong front-line is imperative.

An Ungodly Soul-Tie with a Spirit

In Episode 7 of “*God’s View Today*,” Michelle recalled growing up in an environment filled with anger and jealousy. As a child, she rehearsed in her mind, “I cannot wait until I hit 18. Because when I hit 18, I am going to tell everyone just what I think about them.” As it turned out, she could not wait that long. Her partnership with a spirit of

anger occurred at 16 while she was on the phone with her Aunt. Anger exploded under pressure, and Michelle liked the power and control it gave her. She called it her friend and willingly formed an ungodly soul-tie with a spirit of anger. It now had a legal right to stay and increase its torment.

Spirits have souls. They can think, reason, manipulate, and influence. When you co-partner with a spirit through agreement, an ungodly soul-tie forms. When we took Michelle through deliverance, she renounced that friendship and asked God for forgiveness. We were then able to deliver Michelle from anger's grasp.

There is power in your agreement. It may not be with anger but spirits of fear, depression, rejection, or loneliness. If you have joined the "I Am" name of God to one of these demons they have a hook in your flesh

A clue to this bonding is in your words. Have you ever said?

"I am a worry-wart."

"I am depressed."

"I am lonely."

When you join the words, "I Am" to a demon you are opening an unwanted door for the formation of an ungodly soul-tie. It is time to break free!

Steps to Break an Ungodly Soul-Tie

1. **Confess and repent from all sexual sin.** Speak the following proclamation aloud:
Thank you, Jesus, for dying on the cross that I might be forgiven. I confess all sexual sin and invite You, to be Lord of my life, especially my sexuality. I ask you to break every bond with those I have had sexual relations outside of marriage. I recognize that this is sin and I repent of all sexual sin.
2. **Sever the Soul-tie.** Pray out loud: *Thank you, Jesus, for dying that I might be set free. I break and sever every ungodly soul-tie with (speak out the name(s) of your sexual partners). I now use the authority I have in Jesus Christ to command all demon spirits to loose me now and have no further right in me through these relationships in the Name of Jesus.*

I decree that in the Name of Jesus Christ that my spirit be loosed from (name(s) of your sexual partners) and free from ungodly impartation.

I call back that part of my soul that was imparted to (name(s) of your sexual partners), and I send back any part of (name(s) of your sexual partner's) soul.

3. **Release them.** Pray: *I release any responsibility for (name(s) of your sexual partners.)*
4. **Free Your Emotions.** Declare: *I decree that in my emotions I will no longer meditate on, thus letting go of, all control, manipulation, and dominance. All fear of (name(s) of your sexual partners) is now removed from me in the Name of Jesus Christ and by the power of His blood.*

You now have re-established your authority over your own body and over any demonic activity associated with the ungodly soul tie(s).

Such were some of you, but you were washed, but you were sanctified, but you were justified in the name of the Lord Jesus Christ and in the Spirit of our God.
1 Co 6:11 (NASB)

Chapter 6

The Power to Change Your Atmosphere-Words, Sound, and Frequency

God's View Today Episodes 12 & 17

Death and life are in the power of the tongue,
And those who love it will eat its fruit Proverbs 18:21 (NASB).

She walked into my office and plopped on my couch defeated and distraught. A stunning woman with long dark hair, tanned skin, and big brown eyes full of tears. Her beauty was overwhelming. I just stared at her and blurted out, “You are gorgeous.” Her reply startled me, “Thank you, but it hasn’t helped me in life. That is why I am here. My father began telling me at 5-years-old that I was so beautiful the only thing I would be good for was prostitution. I know what you are thinking, but my father was my authority, and you believe your parents. His words told me that I would have to use my body to get what I wanted because I was not as smart as my brothers. I am here because I have been married six times and one of my husband’s sold me as a prostitute. I need you to break my father’s word curse, and cast out the spirit of insecurity that keeps driving people away.” It was one of those counseling moments when you are grateful for the grace of God that keeps your jaw from hitting the floor.

Words have power, and when you come into agreement with them, they open the door for the demonic kingdom to torment you. I’m sure right now you are thinking of words spoken over you and those you have spoken to others. However, there is so much more to understand with words, sound, and frequency so here goes.

Sound and the Power of Words

Isn't it amazing how sound in the form of music can bring back a memory, or inspire us to dream, make us laugh or cry? It's not only the lyrics but the actual sound of the music that is causing a change in us. Sound is so powerful it has been used in medicine to diagnose and cure diseases, and in the military as a form of weapon. I know my children always knew by the sound of my voice what was coming! It could strike fear, or it could release joy in their bones.

Science and the Bible

Science, in its effort to disprove and deny God's existence, continually does the opposite. In fact, their discoveries only prove His existence and His ingenious engineering of creation. The more science discovers, or more accurately we should say uncovers, the more we are validated in our beliefs. Why? Because it's in the Bible.

For example:

1. **Before telescopes and space travel, we knew that the earth hung in empty space.**

“He stretches out the north over empty space And hangs the earth on nothing. *Job 26:7 (NASB)*

2. **The earth is circular and not flat.**

It is He who sits above the **circle of the earth**, And its inhabitants are like grasshoppers, Who stretches out the heavens like a curtain And spreads them out like a tent to dwell in. *Isa 40:22 (NASB)*

When he made ready the heavens I was there: when **he put an arch** over the face of the deep: *Proverbs 8:27 (NASB)*

3. **Sound and words can promote life or be destructive.**

The **voice** (*qol*) of the Lord makes the deer to calve And strips the forests bare; And in His temple everything says, “Glory!” *Psa 29:9 (NASB)*

The Hebrew word for voice, *qol*, also means sound.

Death and life are in the power of the tongue, And those who love it will eat its fruit *Pro 18:21(NASB)*.

4. **Stars emit a sound-like a song.**

“On what were its bases sunk? Or who laid its cornerstone, When the morning **stars sang** together And all the sons of God shouted for joy? *Job 38:6-7 (NASB)*

New Age is Not New

New Age concepts are not really new. Many actually stem from precepts taken from the Bible. The problem is those who consider themselves New Agers, receive their inspiration or revelation from the wrong source and do not attribute or give glory to Christ the author of all truth. Their understanding is not rooted in Christ, and much of it has a strong demonic component with a mixture of false religions. This results in serious deception.

So the church shies away from many truths and wonders of the universe because of cults like the New Age movement. The demonic realm has used this cult to spit on the mysteries and wonders of the Bible, and now we as Christians think we cannot repossess what belongs to us. Of course, we obviously do not want to have anything to with doctrines of demons, but in reality, there is a lot of truth from the Bible that has been hijacked. It's time to take back what the devil has stolen.

For example:

1. **Rainbows**-this was given to us by God as a sign of His promise and covenant. It is not a symbol that belongs to the homosexual community.
2. **Laying on of hands**-Reiki teaches that Jesus learned the art of laying on of hands from Buddhist in the Himalayan mountains before He started His earthly ministry
3. **Light and sound**-The amazing effects they have on the human body and soul have gone unrecognized
4. **Drums and electric guitars**-the Psalms are filled with musical worship using drums and all forms of instruments

Let's Start at the Beginning

In the beginning God created the heavens and the earth. The earth was without form, and void; and darkness was on the face of the deep. And the Spirit of God

was hovering over the face of the waters. Then God said, “Let there be light”; and there was light. *Gen. 1:1-3 (NASB)*

Rabbis teach and understand the Word of God is living, organic, and has the power to create. Even the Hebrew letters, which were originally pictographs, have multiple layers of understanding and are creative in nature. Rabbis believe that there are more than 70 levels of revelation and understanding within each word. This creative life, His Word, was there, in the beginning, creating the world. The Gospel of John tells us that Jesus is the Word that became flesh and nothing came into existence without Him.

God spoke, He uttered His voice and the heavens and the earth, and the things therein were created.

By the LORD’s **decree** the heavens were made; by a mere **word from his mouth** all the stars in the sky were created. 9 For **he spoke**, and it came into existence, he issued the **decree**, and it stood firm. *Ps. 33:6, 9 (NET)*

By faith, we understand that the worlds were **framed by the word of God** so that the things which are seen were not made of things which are visible. *Heb. 11:3 (NKJV)*

In Hebrew, even the letters are treated as individual words. It is widely accepted and taught by Hebrew scholars that in the beginning, God spoke the letters of the Hebrew alphabet to create our world. The letters acted much like the periodic table of elements. Just like a scientist in a lab can take a molecule of hydrogen and add two molecules of oxygen and form water—H₂O so God took the individual letters, combined them, and formed life-giving words to create the universe.

Sonoluminescence-Star in a Jar²

Hebrews 11:3 reminds us that God created the world through the spoken word, or sound. He spoke and the sound of His Words, “Let there be light”—created light. Sonoluminescence, also known as “star in a jar,” is a minuscule demonstration by man of how sound can produce light. In a lab, a flask of water exposed to certain levels of sound waves will produce a very quick small burst of light. It’s quite a flimsy demo compared to God, but it does illustrate the power of sound and frequencies.

² Sonoluminescence-Star in a Jar <https://www.youtube.com/watch?v=OZHq0g3Tig>

Sound Frequencies

In Genesis 1:2, the Spirit of God moved upon the face of the water. The Hebrew word for “moved” means to *brood, incubate, flutter or vibrate*. The Holy Spirit initiated the vibrating of atoms so that everything vibrates and has a frequency. In quantum physics, this is known as the string theory.

It is also known that cells emit sound frequencies³. The cells of a healthy person will emit harmonious sounds while a person sick with cancer will have a dissonant sound. The body needs to be re-tuned to its original heavenly created, harmonic sound of wholeness. That explains why for centuries, music has proven to help promote both physical and mental healing.

The Lord wants us to be well and whole. I believe He is restoring to the church the understanding of sound and frequencies as yet another strategy for healing.

Musicians currently tune their instruments to 440hz. Hz stands for hertz which is how frequency or vibrations of sound is measured per second. In the times of King David, Bach, and the Gregorian monks, instruments were tuned to a variety of hertz or pitches. Tuning wasn't standardized until around 1950 when it became the world standard to tune instruments to 440hz. There many reasons why the frequency was standardized to 440hz other than the other popular frequencies used by King David, Bach, Gregorian Monks. There are conspiracy theories claiming Hitler used the 440hz to cause confusion and irritation in enemy troops. Others assert the rebellion among the young people in the 1960's was aggravated by rock n' roll produced with instruments tuned to 440hz.

Why is the pitch or hertz of music important?

The frequencies of music are known to affect the human body. As I mentioned earlier, the military has used sound frequencies as weapons and doctors use sound to diagnose and heal certain ailments in the body. Ultrasound technology is used by doctors to diagnose and to create an image of an unborn baby.

King David used his music to prophesy and to calm King Saul when he was demonically attacked. It is also known that many were healed when they listened to the Gregorian Monks chant their praises to God (the original chants were in Solfeggio frequencies rather than today's 440hz). I have used different Christian instrumentals

³ Cells emit sound frequencies: <https://www.popsci.com/scitech/article/2008-01/do-cells-make-noise>

tuned to a hertz other than the standard 440hz while ministering healing and the results were amazing. Creative miracles have taken place.⁴ Unless you are very musical with perfect pitch, most people will not be able to hear the difference.

There are Christian resources available you can purchase music played in different frequencies⁵. The instrumentals are peaceful and will allow you to enter into His presence easily. I personally like to use the 432hz music by John Carter and find people respond favorably to the relaxing sound.

Cymatics

Cymatics comes from a Greek word that means waves. It is a study of sound waves and how they can be visually reproduced creating beautiful symmetric patterns. The term was coined by Hans Jenny (1904-1972). He performed a simple experiment of putting sand on a plate and vibrating the plate with a violin string and noticed beautiful geometric designs were created with different pitches. The higher pitches produced complex designs while the lower pitches were more simplistic.

German Cymatics researcher, Alexander Lauterwasser, discovered the geometric patterns of turtle shells were the result of the frequencies of the water in which they live. It has been discovered the beautiful geometric patterns carved into ancient cathedrals, glass windows, and patterns found on the tiled floors, are patterns that can be reproduced by music in certain frequencies. Were the inspired artisans unknowingly responding creatively to the frequency of the worship music?

Cymatic experiments have been done to show the difference between 440hz (considered “unnatural” and creates subtle disharmony to the listeners) and 432hz. The patterns created show distinct shapes that resonate with nature and the 440hz creates indistinct patterns and a lack of unity and coherence.⁶ Since the human body is considered 70% water, we can see how sound can have an effect on our bodies for sickness or healing.

⁴ Many have been healed from a variety of infirmities—especially muscle and bone issues. As an example of a creative miracle, a lady with a broken tooth, woke up the next morning after a session of soaking with 432hz instrumental music and realized that the broken tooth was no longer bothering her. She looked into the mirror and discovered the tooth was totally restored. With joy, she cancelled her dentist appointment she had scheduled for that week.

⁵ John Carter: <https://www.tasteofmanna.net/>
WholeTones: <https://wholetones.com/>

⁶ Cymatics Experiment comparing 440hz to 432hz: <https://www.youtube.com/watch?v=1zw0uWCNsyw>

How can we use God's creation to maximize our health and well-being? These are gifts given to us and additional strategies of blessings for the children of God.

If sound can physically change physical matter and create designs in nature, then certainly we can use sound to change our own bodies to line up with the sound of heaven which declares "you are healed"! We know words can produce life and death and now we can add sound. His voice is the sound of many waters! Did you know that the thundering roar of a waterfall like Niagara Falls contains almost the entire spectrum of frequencies?

Water!

Dr. Masaru Emoto, a Japanese Quantum Physicist, experimented with water and discovered some amazing results when he played music or spoke words into water. He then froze the water and examined the ice crystals. Water that had the words like "I hate you," and "You are ugly," spoken over it produced disorganized, chaotic crystals.⁷ Water that had the words like "I love you," and "You are beautiful" produced crystals with beautiful designs. He also used different forms of music. Beethoven's music produced beautiful crystals, and heavy metal music produced mal-formed ugly crystals. He did other experiments using words and sound including prayer over polluted water causing a change in the molecular structure and the crystals of the water.

Since the human body is at least 65% to 70% water, we can see why the Bible tells us that life and death are in the power of the tongue. (*Prov. 18:21*) The Lord wants us to speak His words so He can continue to create peace within us and heal our minds and our bodies.

"I create the fruit of the lips: Peace, peace to him who is far off and to him who is near," Says the LORD, **"And I will heal him."** *Isa 57:19 (NKJV)*

Babies are formed in the watery womb of their mother. During pregnancy, words that were spoken and music heard by the mother can cause a positive or negative change in the baby. I personally have witnessed parents who desperately wanted a son and presumed their unborn child was a boy. They gave their unborn baby a boy's name and continually referred to the baby as their son. As it turned out, the baby was a girl! This little girl from the time she was being formed in her mother's womb was trying to please her parents. The parents loved their little girl at first sight, but she always exhibited

⁷ Emoto water crystals: <https://www.ncbi.nlm.nih.gov/pubmed/16979104>

sexual confusion and actually ended up in a homosexual lifestyle. Often the girls will grow up lesbian and boys will be gay. It started in the watery world of the womb! This is just one example, but you can imagine many other scenarios such as rejection, shame, and guilt. These are demonic ‘birth assignments’ that need to be undone and destroyed this will allow the destiny intended by God to be established.⁸

Created in His image

When the Lord breathed into Adam, he became a living soul. It is written in the Aramaic Targum Elohim (God) breathed into his nostrils and he became a ‘speaking spirit.’ We were created in His image to speak and for our words to have a creative-like power as well. Again, this is why the scripture tells us that “life and death are in the power of the tongue” (*Prov. 18:21*). How many teachers and parents have changed the course of the life of a young person by speaking negative or positive words to them?

Jesus, while in the wilderness, defeated Satan with “It is written.” His words caused the devil to flee. Jesus gave us a pattern to use to defeat the enemy. When a ‘believing’ believer gives the devil a tongue lashing with the word of God, it is as effective as a Holy Ghost whip, and he will bolt! The word spoken in faith will cause the enemy to flee.

Children are particularly susceptible to words and sounds, and it starts in the watery womb of their mother. They thrive and are nurtured on words in the same way the Word of God nurtures us. Our negative words, whether they are true or not, can be powerfully destructive. I have heard it said for every negative word spoken over a child, there needs to 10 to 20 positive words and affirmations to repair the damage.

Negative words are like poisonous darts which enter the soul and release destructive toxins which eventually create disease and sickness.

If these poisonous darts are not removed, they become an irritant, and the soul will try to create a barrier around the poisonous dart to protect the child. This emotional barrier forms a type of ‘cyst’ in our souls and sometimes will even become pre-cancerous or cancer in the physical body. What started out as an issue in the soul, becomes a physical disease in the body.

In fact, medically speaking, research has shown that various forms of cancer have their origin from wounds in the soul. The most dangerous are the emotional wounds carried for many years and never addressed. The natural realm reflects the actions of the unseen spiritual realm, and the unseen realm includes the hidden wounds that are buried deep

⁸ <http://www.sciencemag.org/news/2013/08/babies-learn-recognize-words-womb>

within us. Sometimes we bury them so deep to hide the pain, we don't realize we are storing these toxic emotions. This is why the Bible tells us, "May you prosper and be in good health—even as your soul prospers." *3Jn 1:2(NASB)* We can conclude that when our soul chronically struggles with emotional pain, it will negatively affect our health. Conversely, peace, joy, and contentment will naturally produce long life and divine health in our bodies.

Abraham was about 100 years old, Sarah was 90 years old, and both he and Sarah's bodies were as good as dead (Rom. 4:19). Even though in the natural they were no longer able to produce children, they continually spoke over themselves the word of the Lord. All the more so, when they called out their new names to each other, they were repeating the prophetic word that they were to be parents. Every time Sarah called out the name Abraham instead of Abram, she was declaring the word of Lord, "Husband, we are parents of a multitude!" As they believed they spoke, and it literally changed the physical makeup of their bodies to the point they were able to conceive a child.

What comes out of your mouth will change your life and could change someone else's life. What you listen to can transform your body. Jesus really meant it when He said, "Be careful what you are hearing." He also warned us that what comes out our mouth can defile us. Listen to words of life and speak only life-giving words over yourself and others.

Words kill, words give life; they're either poison or fruit—you choose. *Pro 18:21 (Message)*

Cancel the Word Curses

1. **Always begin with repentance.** God hears the prayers from the humble of heart. Begin by praying; *"Father, I confess that I have spoken word curses of judgment over myself and others, I repent for agreeing with the lies of the enemy that have overshadowed the truth of your purpose."*
2. **Break the word curses.** *"Father, I cancel every word curse of (list) that I have spoken, or that has been spoken over me in the name and blood of Jesus Christ. I break all agreement with these word curses and declare that they will have no power over me from this day forth. I purpose in my heart to speak words of life and not death in Jesus' name."*
3. **Ask God for His perspective.** *"Father, I need to see your perspective. Please fill me with your Holy Spirit and cause my thoughts to line up with your thoughts, my desires to reflect your desires, and my heart to love as your heart. I ask that you give me the "Eyes of Christ" to speak life and not death."*

Chapter 7

Deliverance from Regions of Darkness

God's View Today Episode 20

Your hand-to-hand combat is not with human beings, but with the highest principalities and authorities operating in rebellion under the heavenly realms. For they are a powerful class of demon-gods and evil spirits that hold this dark world in bondage. *Eph 6:12 (The Passion Translation)*

The purpose of deliverance ministry is to break off demonic oppression. This can mean demon possession in the nonbeliever or, more commonly, demonic influence against anyone, including Christians, who are instructed to “put on the full armor of God” (Eph 6:11). We know demons cannot reside where the Holy Spirit dwells, but they can certainly wreak havoc wherever they may find kinks in our armor.

Have you ever gone through deliverance or ministered deliverance and the demons returned? You wondered, how can this be? I thought I closed all the doors! What is wrong with me? And you desperately tried to uncover a secret sin that could be causing this ongoing issue in your life or the life of the person receiving ministry. You become frustrated with the lack of victory in your life. “Deliverance from Regions of Darkness” is another perspective on deliverance that will provide answers for many of the reasons your complete freedom is blocked.

Devils do not like to follow us into the heavenly places where God dwells. They know they have been cast down from these heavenly heights where we sit (Eph. 2:6). The revelation and truth of this placement gives us tremendous authority. As long as we believe the lies of the enemy about ourselves, the less able we are to access the blessings. When someone is having difficulty accessing truth, it is an indication the soul may be imprisoned in a land or region of darkness and held captive. Regions of darkness are the

haunts of demons, and in those places, they can vex a soul on their turf. It takes revelation light to show the way out of this captivity. The key is to pull a person out of a region of darkness, send the devils packing, and remember to close the gates behind them (Job 38:17).

The root cause of the demonic captivity is actually an identity problem and a perspective that is not holy. This allows demons to twist, manipulate, and deceive you with lies. The devil knows you are called and chosen. You have been created and designed to walk in the greater things of God, and the devil will try to keep you captive in hidden places to prevent you from accessing your full potential. He uses lies and misconceptions about yourself to create an evil conscience. We are called to come near to God with our hearts sprinkled clean by the blood of Jesus (Heb 6:22).

The word *conscience* means a “co-perspective.” Change your perspective from one of condemnation, guilt, and shame, to the truth of who you are—someone who has ascended into glorious perfection and authority with Christ Jesus. Just a sprinkle of His blood is enough to give you the heavenly victorious perspective you need to walk in the reality of the overcomer. An overcomer is a person who has a good conscience towards God and men. Your reality is determined by your perspective, and the perspective of being seated in heavenly places declares your victory and freedom—every time!

The Body Reflects the Functions of the Soul

Understanding the nature of the soul and how it functions is crucial to understanding the scriptures that relate to captivity and freedom. The soul cannot be seen with the naked eye but your physical body can! The physical body then becomes a visual aid or representation of how the soul operates. Take it from Job, who declared, “...in my flesh, I see God” (Job 19:26).

The bodily processes of hearing, tasting, eating, and drinking have counterparts in the soul. Jesus said to eat His flesh and drink His blood. We know that He is not telling us to be cannibals! The Psalms tell us to taste and see that He is good. We can smell His fragrance. We can feel His touch.

The functions of the body clearly reflect how the soul operates in the realm of the spirit. In the same way, you can have an issue in an area of your body and not be totally dysfunctional, your soul can be injured or fractured yet you can still manage. As an illustration, cancer may harm your kidneys, but the rest of your body can still function well. At first, you seem normal, and casual observers do not realize you are sick. Or if you break your baby toe, you definitely know something is wrong, but you can still

function and feel normal in every other way.

The same goes for the soul. You can have bondage or captivity in one area of the soul and still function. Compare this to pain or sickness in the flesh; if left unchecked, it will eventually cause devastating problems and even death.

Jesus, the Great Shepherd of Your Soul

Jesus is the Great Shepherd of your soul (1 Pet. 2:25). A shepherd has multiple sheep he cares for, making sure none of them are lost or scattered. His goal is to keep his sheep healthy and gathered together as one. The wolf is always trying to scatter, divide, and devour.

Each sheep has its own individual traits and personality, just like parts of your soul. When threatened by a wolf, the sheep are scattered, and one or two of them may end up being injured and separated from the rest of the flock. In exactly the same way sheep scatter and run away in fear, parts of your soul may scatter in response to trauma and “run” to close themselves off for self-preservation and protection. Those sheep, or parts of your soul will feel lost, wounded and fearful. They are always trying to find their way back into unity with the rest of the flock. Jesus, our Shepherd, is continually trying to make things whole or “one” by gathering together, restoring, and healing every part of our soul.

Jesus is the Good Shepherd, but He also speaks about the hired hand. The hired hand has no heart for the sheep and abandons them when he sees the wolf coming. The wolf mauls the sheep, drags them off, and scatters them. How many of us grew up without good shepherding? How many have had poor, non-existent or abusive parenting, bad teachers, or betrayal from trusted family friends? They were supposed to protect and nurture you but actually turned out to be no more than hired hands who left you vulnerable and victimized. A part of your soul scattered for safety and now you feel like a piece of you, something that was once an asset is missing, and you can't seem to get it back. You're “not yourself.”

But the Great and Good Shepherd of your soul knows where His sheep are and searches for them to bring them home and restore them to wholeness. The Lord is always about unity, and He wants your soul whole and not broken, shattered, or scattered. He is your deliverer, the one who pulls you out from the net that held you captive.

You will pull me out of the net which they have secretly laid for me, For You are my strength. *Psalm 31:4 (NASB)*

James, the Apostle, writes about the double-minded man (James 1:8, 4:8). The Greek word for “**double-minded**” *dispuchos* means “two-souled.” When the soul is fragmented or divided, a person is unstable in faith and in his or her emotions. Like clay pottery, the body can be crushed and broken so can the soul. The Hebrew word for “**oppress**” in Is. 58:6 means “crushed into pieces like broken pieces of pottery.” Someone who is oppressed feels crushed and broken into pieces. The Hebrew word for “**brokenhearted**” is defined as “broken into pieces or shattered.” How many times have you personally felt or heard someone say they felt broken or scattered? They were accurately describing a captivity or a fragmenting of the soul. The concept of a broken piece of pottery is an apt description of how they feel. But God, the Master Potter, knows how to mend His clay vessels and turn them into something even more beautiful!

The Lord uses the physical body as the metaphor of a clay vessel, and the concept of a flock of sheep to demonstrate how the unseen realms operate. This enables us to realize that what we do not see is as real, if not more real, than what we do see with our natural eye.

Regions of Darkness and Shadow Lands

Now that we have explained the nature of the soul and the unseen realm let us explore a few of the regions identified in the Bible. Even Paul the Apostle speaks of a person held captive by the devil to do his will (2 Tim. 2:26). What are those regions of captivity?

King David expressed the captivity of his soul through the Psalms. Most of us look at the Psalms as poetry or songs, but they are much more. David was not only a king and psalmist, but he was also a prophet and seer. Seers are a type or class of prophets who perceive the unseen spiritual realm as though it were tangible. They see into this dimension as the Spirit allows.

David used the Psalms to describe a reality of the invisible world that your soul can occupy.

Let's examine some of the Psalms of David and discover the regions of darkness he was experiencing.

The Soul in a Pit and in Danger of Lions

For without cause they hid their **net** for me; Without cause, they **dug a pit for my soul**. *Psa 35:7 (NASB)*

But when I stumbled, they gathered in glee; assailants gathered against me without my knowledge. They slandered me without ceasing.

Like the ungodly they maliciously mocked; they gnashed their teeth at me.

How long, Lord, will you look on? Rescue me from their ravages, my precious life (lit. soul) from these **lions**. *Psa 35:15-17 (NIV)*

His soul, *not his body*, was in danger of the net, the pit, and the lions. When you are continually mocked and slandered, the enemy digs a pit and throws you in it. You feel helpless and trapped, not able to escape. Often the mocking begins in childhood leaving you insecure and vulnerable. The voices of the children who picked on you and laughed at you, follow you into adulthood with others assuming the role of the mocker.

David cries out, “Rescue my soul from the lions.” He wasn’t talking about natural lions, or he would have left out the reference to his soul. He would have just said, “rescue me from the lions.”

The Soul in Prison

Bring my soul out of prison (*dungeon*), That I may praise Your name; The righteous shall surround me, For You shall deal bountifully with me.” *Psa 142:7 (NASB)*

David was never in prison. He is specifically referring to his soul. If you have a longing to worship but are having difficulty, this is often an indication of the soul being imprisoned. Thanking the Lord for the smallest things in your life becomes almost impossible because your focus is on the dark walls of your prison.

Specific Regions of Darkness and Their Effects on the Soul

There was no literal geographical land called the **Land of the Shadows or the Valley of Death**, but Jesus saw it! He became a light in the dark lands and led captives to freedom into their appointed destiny.

The people who walked in darkness Have seen a great light; Those who dwelt in the land of the shadow of death, Upon them a light has shined. *Isa 9:2 (NKJV)*

...Dwellers in a **land of death-shade**... *YLT (Young's Literal Translation)*

Certainly my enemies chase me. They smash me into the ground. They force me to live in **dark regions**, like those who have been dead for ages. *Psa 143:3 (NET)*

I have noticed people who are held captive in these regions of darkness will often reflect this captivity in their everyday life. They live in dwellings with little light and tend to isolate themselves. They will choose to live in bad neighborhoods and are attracted to areas of crime. Unclean spirits cling to them. Their dwellings become unkempt and dirty.

We can also note the influence of the Land of the Shadows over a region. If a cult establishes its base in a city, that city is under a shadow of darkness, and it can literally be felt and seen. Sometimes cities or towns that have cult strongholds, actually cause the city to become dark and desolate. No one wants to go downtown, and the businesses fail.

Prisons, Dungeons, and Pits with Miry Clay

Every land or region on earth has its own characteristic topographical features. For example, the United States has mountains, deserts, beaches, caves, etc. Even within the various topographies are prisons, caves, and pits. In the same way, regions of darkness or the Shadow Lands have pits, valleys, deserts, prisons, caves, etc.

The Soul in a Pit or Stuck in Miry Clay:

He brought me up out of the **pit of destruction**, out of the **miry clay**, And He set my feet upon a rock making my footsteps firm. *Psa 40:2 (NASB)*

David is describing a pit with sticky or slippery clay. He feels trapped in a hole that he cannot climb out of because the walls are slippery and the clay is sticky. This describes those who are stagnant and feel stuck. Every step they try to take is exhaustive and tricky to navigate. They need someone's help to pull them up and out.

On Episode 20 of *God's View Today*, Phyllis shared that she spiritually saw herself trapped in a pit with her feet stuck in the mud. She would tell people that it felt like she was trying to water ski in a lake of mud. The more effort she put forth, the more frustrated she became. Her engine was burning out, and she was going nowhere.

The Soul in Sheol or the Place of the Dead

O LORD, **You have brought up my soul from Sheol**; You have kept me alive, that I would not go down to the pit. *Psa 30:3 (NASB)*

Sheol is the place of the dead and is the ultimate region of the kingdom of darkness. David was obviously not dead when he wrote this! He was describing how his soul was suffering and afflicted in this place of darkness. Just as the Kingdom of heaven influences people on the earth to bring peace, joy, and righteousness, Satan's kingdom of darkness or Sheol ministers death and destruction. Sheol is constantly trying to influence and impact humanity to execute the enemy's evil intentions of death, strife, and oppression.

When your soul is trapped in the place of the dead, you feel death all around you. Clients will tell me they can see themselves buried and surrounded by darkness. Their words speak of death and not life. They say things like, "I wish I were dead," and hear spirits saying, "Just do it."

Often the enemy begins his assault on the young with self-injury. These children will tell you they hear the enemy taunting them to take their own life. Although the injurious cutting is a form of emotional release, the hook is there to push them toward suicide.

People trapped in this region need deliverance from spirits of death, suicide, depression, apathy, hopelessness, sadness, despair, shame, guilt, and self-pity.

The Soul in a Land of Forgetfulness

Will Your wonders be made known in the darkness? And Your righteousness in the **land of forgetfulness**? *Psa 88:12 (NASB)*

Like Irene in Episode 20 of *God's View Today*, captives in this land are those who feel left out, never chosen, with no one remembering their name. They will tell you they feel invisible.

When you are trapped in the Land of Forgetfulness, it's easy to compare yourself to those who are not. It leaves you feeling socially awkward and alone. You feel forgotten and isolated from people.

Have you ever been mid-sentence in a deep conversation and had the other person walk away from you? That could be a clue your soul is bound in this land. When you walk into a room with your friends does everyone remember their names, but forget yours? This is another clue your soul is bound in the Land of Forgetfulness.

People struggling in the land of forgetfulness need deliverance from spirits of rejection, isolation, abandonment, distrust, envy, insecurity, and bitterness.

The Soul in the Land of Silence

If Adonai hadn't helped me, I would soon have dwelt in the **land of silence**.

Psa 94:17 (CJB)

Traumatic experiences of sexual abuse or rape will force your soul into the Land of Silence. You may find yourself screaming at the top of your lungs, but no one hears you. Long after this experience, you find you no longer have a voice or opinion that anyone hears or cares about. Chances are you were born to be heard, so a muting spirit has been assigned to keep you quiet. The enemy will always try and build a stronghold right up against your greatest gift. Whatever that is, teaching, speaking, preaching or praying your sound is a threat to the kingdom of darkness.

People trapped in the land of silence need deliverance from spirits of muting, frustration, and fear of speaking.

The Soul in the Land of Wandering (Nod)

“Behold, You have driven me this day from the face of the ground; and from Your face I will be hidden, and I will be a **vagrant and a wanderer** on the earth, and whoever finds me will kill me.” *Gen 4:14 (NASB)*

Then Cain went out from the presence of the LORD, and settled in the **land of Nod**, east of Eden *Gen 4:16 (NASB)*

Nod is the Hebrew word for “wandering.” People struggling in this region are double-minded. They find it difficult to make a decision on their own. They vacillate between staying and going.

If you look into your generational backpack, you may see that your ancestors were driven from their land of inheritance like the Native American Indians or the African Americans. They were forced to leave their land and wander. For you, it looks different, but the spirits that cause you to feel lost and wandering are the same.

When we pray deliverance for people suffering from this, it often manifests with pain on their right shoulder where the keys of David sit on the mantle of authority (Isa. 22:22). If you are trapped in the land of Nod, the keys will not be there because you

cannot walk fully in your God-given authority. In this region of darkness, people continually put their mantle on and then take it off in fear of failure. There is a tendency to feel lost, leading to a desire to run away and hide.

For these reasons, people who are trapped in the Land of Nod need deliverance from spirits of double-mindedness, mind-binding, stupor, insecurity, and fear of authority.

Cain, however, was banished to wander for quite different reasons. His bitterness and jealousy drove him to murder his brother Able. People struggling with jealousy have a difficult time fitting in. They become hyper-critical and discontent. These people tend to believe they can do things better than the people in charge.

This group needs deliverance from spirits of bitterness, envy, judgment, blame, control, and anger.

The Soul in the Land of Jackals

The Hebrew word for “jackal” is *tan*, and it is also translated as “dragons” or “beasts that devour.”

Thorns will come up in its fortified towers, nettles and thistles in its fortified cities; It will also be a **haunt of jackals** And an abode of ostriches. *Isa 34:14 (NASB)*

The Land of Jackals is plagued by specific demons described in these verses.

The desert creatures will meet with the wolves, The **hairy goat** also will cry to its kind; Yes, the **night monster** will settle there And will find herself a resting place. *Isa 34:13-14. (NASB)*

The Hebrew word for “night monster” is *Lilith*, a female sexual demon. The hairy goat is a *Satyr*, which is also a demon of sexual lust and drunkenness. In the book of Leviticus, the Lord warns His people to stop sacrificing to this demon.

“They shall no longer sacrifice their sacrifices to **the goat demons** (satyr)...”
Lev 17:7 (NASB)

Jackals run in packs. People who are captive in this land have the sensation of being constantly pursued. They can aptly describe the desolation of this land and the continual fleeing from what feels like a pack of wolves. They are always on the defensive with no confidence to stand against the enemy.

People trapped in the Land of Jackals are stalked by spirits of fear. Terror invades

their night season. Sleep becomes a luxury. Spirits of nervousness activate hyperactive thoughts that bring in unrest as soon as they lay their head on the pillow to sleep. Their minds do not shut off at night.

Spirits of dread wait by their bed in the morning rehearsing a plot that overwhelms their victim. People suffering from dread say things like, “I wish I didn’t have to get out of bed, I would just like to pull the covers over my head and not face this day.”

This region of darkness devours dreams, hopes, and plans. Just when a person is on the brink of breakthrough everything is taken away. People say, “I feel like the rug just got pulled out from under me.” Spirits of theft dwell here to steal your God-given inheritance.

People trapped in the Land of the Jackals need deliverance from panic, anxiety, nervousness, unrest, hyperactive thoughts, terror, torment, fear of failure, fear of the unknown, fear of the future, dread and theft.

There are other regions of darkness and captivity of the soul, but it would take a book unto itself to describe and explain in detail those regions. Stay tuned! A book is being written to help you understand and be delivered once and for all from this kind of captivity.

Freedom!

Are you in a dark place? Rely on the scriptures and allow the Holy Spirit to open the eyes of your heart to see where you are being held captive. The literal Word of God illuminates the dark path, and you will be able to follow the Great Shepherd out of the darkness, the pits, and dungeons. He leads to where you are supposed to be—seated with Him in heavenly regions.

This strategy of deliverance produces many testimonies of victory. We see freedom from chronic oppression, guilt, and shame. People have been set free in 25 minutes after years of therapy. They finally have the resolve and understanding to never identify with the enemy’s lies. They close the gates to the regions of darkness that had held them captive.

Prayer and Declaration of Freedom (short version)

The following is taken directly from various Scripture translations. The version was chosen according to how it expresses in better detail the reality of the unseen regions.

Make this declaration aloud. Let it penetrate your heart and restore your soul to

wholeness. Allow your eyes of faith to see Him pull you out of the pit, out of prison, break the chains, and carry you to the land of your inheritance.

If Jesus used the scriptures by saying “It is written...” to defeat Satan when He was tempted after the 40 days in the wilderness, we can do the same.

Declare:

It is written The Great Shepherd of my soul (1 Pet. 2:25) hears my cries for help. He is here to lead me to the best pastures. He knows I have been battered, plundered, trapped in caves, or hidden away in prison and abandoned. No one has ever come to rescue me or say “Give her/him back! Restore My child to his/her appointed destiny!” (Is.42:22-23)

God watches over me, and His lamp is upon my head. Right now the Great Shepherd of my soul is lighting up the path before me that I may not stumble as I leave this place of darkness. (Ps. 18:27-32; Ps. 119:105; Job 29:2-3)

With the help of the Lord, I can come against an army of my enemies and be victorious. By my God, I can jump over a wall. He is my shield. He protects me and removes the obstacles in my way. He gives me the agility of a deer and enables me to negotiate the rugged terrain.

He takes me by the hand because I have not known the way. I haven’t been able to see where to go. (Ps.18:6)

He is my personal guide, directing me through unknown regions. He is right here to show me which roads to take, making sure I do not fall into a ditch. He sticks by my side, not leaving me for one minute.

He is making the dark places light before me and rough places level. He will not give me up. (Is. 42:6)

He cares for me and gathers me as a lamb in His arms, hugging me as He carries me, leading me to good pasture. (Is. 40:11)

He restores my soul to cycles of righteousness and removes me from cycles of destruction and unrighteousness. He is my Best Friend and my Shepherd. He always has more than enough for me. He offers a resting place for me in His luxurious love. (Ps. 23:1-3)

My soul is released like a bird from the hunter’s net. The net is broken, and I am set free to fly. (Ps. 124:7)

The Lord goes into my future to prepare the way, and His kindness follows behind me to spare me the harm and trauma of my past. (Ps. 139:5)

He places me in a wide-open field, and I bask in the warmth of His Son-light— I’m even a bit surprised to be loved! But His affection for me has broken through, welcoming me into the very throne room of heaven! He rescues me today because He delights in me. (Ps. 18:19)

He raises me up and seats me in heavenly realms with Christ Jesus. (Eph. 2:6)

I grab hold of the keys to my dark and lonely jail cell and escape into the sunshine. I close every gate to the regions of darkness, and I refuse to look back. My identity as a son or daughter of the King is restored and my only captivation is within His love. I freely choose His ways and His thoughts; I even walk in His righteousness! I use my gift of free will to say “no” to the enemy and “yes” to the Holy Spirit, who always leads me in truth.

My hope and my future are before me, bright with promise. I embrace my new freedom each day with thankfulness and joy! Amen!

Chapter 8

God is Not the Author of Sickness and Disease

Luigi's Story- Faith that Baffled Cancer *God's View Today* Episode 23

The text came in late May of 2017, almost a full year after our first show aired. It was Luigi, our videographer, and computer mastermind. His words were simple and clear, "I am ready to shoot the Grand Finale. I no longer have cancer."

Finding Luigi was a divine appointment that I mentioned in the Preface of this book. (If you did not read that, go back now and catch up.) We began filming *God's View Today* in April of 2016, and after two film dates with eight shows in the can, Luigi called me to ask for time off for a surgical procedure. Our filming plan was aggressive. We were scheduled to shoot 23 shows in 6 months on 6 Saturdays.

His voice was calm and the only note of concern I detected centered around keeping our schedule on track. He promised to be back on the set by the end of July. I assured him we could catch up later. I never asked him for details, I assumed it was a sports injury or something simple. Luigi looked like a healthy 24-year-old, working, attending college, and planning his wedding.

When I informed Susan and Kathleen, they immediately asked, "What type of surgery is he having?" I felt foolish because I did not ask, so they did.

In March of 2015, Luigi went to the ER doubled over in pain and passing blood. He was referred to a urologist, and the CT scan revealed a cancerous tumor in one of his kidneys. That surgery removed half of his kidney. In true Luigi fashion, he told us, "I didn't get it; I believed every second up to the first surgery that God could just take it out, but it didn't happen. I had a partial nephrectomy to remove part of my kidney." However, when Luigi went back 6 months later, the doctors found several masses that indicated cancer had spread to areas around his lymph nodes. Luigi knew this was not

God's will for his life, so his first thought was, "God is going to use this for something."

His surgeon referred him to the specialists at Moffitt Cancer Center in Tampa Florida. However, Luigi's insurance did not cover Moffitt, and he lost critical time changing insurance plans. Once he sat down with the specialists at Moffitt, they told him it would be a "big" surgery. They suggested first just taking out the masses that spread to his lymph nodes. However, they informed him there was a possibility they would take the rest of his kidney.

That is when we got the call about the second surgery scheduled for June of 2016. As warriors and mothers, the three of us declared and decreed healing until heaven was rattling at the sound! We gathered with church leaders around the bay area and placed Luigi on several intercessor lists. We were sure victory was at hand, but the news was not good. The surgery was more aggressive than the doctor's worst-case scenario. Luigi lost the rest of his kidney, spleen, all the surrounding lymph nodes, and the tail of his pancreas. His surgeons felt taking out more of the organs close to the cancerous masses would be the best course for his future.

The removal of the tail of his pancreas were words that tested my faith. I did not know anyone who had survived cancer of the pancreas. On top of this Moffitt disclosed that this type of cancer mutation was foreign to any they had seen and they had no treatment protocol going forward if the surgery did not stop it.

Luigi was out of the hospital one week before he caught a staph infection that brought him back. When Susan, Kathleen, and I got this news, we charged into that hospital room ready to battle and roar life back into his body. On that same day, one of the show's intercessors gathered a group to pray for Luigi. When we arrived at the hospital, Luigi told us that at the same time they were praying, the doctors noticed in the corner of an X-ray a collapsed lung full of fluid. His lungs were not their focus, but they were God's. Luigi barely escaped death by drowning that day. He remained in the hospital an additional 2-weeks with drains attached to his lung. It looked grim.

Luigi persevered, however, and was back on the set in 8 weeks to film episodes 9 through 13 in one day. He looked thin and pale, but confident and unmoved.

Things were quiet for a few weeks, and then we got a desperate call. Luigi was going through withdrawal from the pain medications. He had no history with drugs. He did not hear the doctors tell him to alternate the pills with Advil. When Luigi ran out, they cut him off cold turkey. He described those two weeks as the darkest time of his journey.

Finally, with the drugs out of his system, Luigi was released without limitation. We filmed shows 14-18, and he felt complete again. While preparing to go for his first run after months of inactivity, excruciating pain doubled him over and sent him back to the

hospital. He was there 4 days before they discovered a blockage due to adhesions from scar tissue that were choking his intestines. These adhesions were life-threatening and required emergency surgery!

The war was still raging, and those demons of infirmity were doing everything they could to take his life and keep the glory out of God's hands but they were no match for a young man in love. Luigi was determined to get out of the hospital because it was getting dangerously close to his wedding date. After several weeks, he was still not able to hold down any food. The day before his wedding, he ate lunch then convinced his team at Moffitt to let him go. Within 24 hours a weak but faith-filled Luigi was a married man.

We celebrated our seasons end in September of 2016 by filming episodes 19 through 22, and we continued, as we had all season to prophesy that show 23 would be Luigi's show. We waited for his phone call and the doctor's confirmation that the cancer was gone.

In May of 2017, Moffitt Cancer Center declared that he was cancer-free. It was an unknown pathogen to all the specialists except for one. They had no follow-up treatment plan for this cancer because none was needed.

One year later almost to the day, we came back in June of 2017 to film the grand finale. The day we released the show, the Facebook memory of Luigi's first hospitalization showed up on my news feed proving again that God's timing is perfect!

Luigi and his wife Adriana have more blessings to boast about. By the time this book is published, they will be holding their newborn son.

Luigi never asked, "Why me God?" He knew that he had opened some doors for the devil to sow seeds of death in his youth. He never attributed this to a lesson from God but instead knew the war was with evil to steal his destiny and that God would use it for victory.

God is Not the Author of Sickness and Disease

The Cross declares God's love and desire for us to live in divine health. He even designed and engineered our bodies to heal itself. The mistake we sometimes make is we believe the devil will never try to attack us with sickness. The devil waits to take advantage of us when we make bad choices in life. These choices in lifestyle result in poor emotional and physical health. In this case, the principle of what you sow you will reap comes into play. *But God!* God in His mercy will still heal us. Repent of any unhealthy lifestyle choices, that you may continue to walk in divine health.

The devil hates you and will never stop trying to harass you. The key when threatened by sickness, is to stand in the truth of the Cross *immediately*—at the very first sign of a threat. Stand your ground! Do not allow fear to overtake you through any of the devil's lying scenarios. This is his only weapon—lies. We empower him by accepting his lies. Be a believing believer. Know the truth-facts. The truth-facts are written in the scripture, not in a doctor's report or lab test. It is written: "I believed; therefore I spoke, we also believe. Therefore, we also speak." *Ps. 116:10 (NASB)* Faith needs to be spoken! Speak what Jesus has to say about your health and release your faith.

The important thing to remember is being attacked by the devil is not the same as being under his dominion and realize that what he says is not the final word. Luigi knew he had already won the battle against sickness and walked away with the gold! Not only did he personally walk away with the gold, but the Lord took vengeance upon his enemy and brought his family to victory as well! That will teach the devil to mess with one of His children!

How many know the devil will sorely tempt us beyond what we think we can stand—*but God!* God's faithfulness always brings us back to solid ground. I love to declare to the devil "*but God!*" The Lord says, "You are stronger than you know." Once we realize the strength His grace provides us, the devil always has to submit to the fact that he defeated. The most impacting "but God" we can declare is the victory Jesus won for us at the Cross—when he stripped Satan of his authority.

Then Jesus made a public spectacle of all the powers and principalities of darkness, stripping away from them every weapon and all their spiritual authority and power to accuse us. And by the power of the cross, Jesus led them around as prisoners in a procession of triumph. He was not their prisoner; they were his! *Col. 2:15 (The Passion Translation)*

A Few Things to Remember:

- God is not the author of sickness and disease. Sickness and disease are the foul offspring of Satan and therefore always your enemy. Never accept it as normal and always resist it.
- Never think your heavenly Father is trying to teach you something or that He has afflicted you with sickness to draw you close to Him. You would not inflict cancer on your child to teach her something—so why would your Father in heaven, who

is GOOD, do that to you? He has much better ways of instructing His children. His methods are love and mercy.

- Anything less than knowing that it is always God's will to heal will create a loophole for the devil to make you believe you should accept sickness.
- Do not deny the facts. Deny facts the right to exist because of the stripes of Jesus. The truth will always trump the facts. To deny Truth is to deny God.
- It is not about what you did or did not do. It is about what God has done and who He is. If Jesus healed a whole town, I am sure some of those folks were not exactly perfect or even doing the "right thing" yet He still healed them. Why? Because He loved them and He loves you the same way. He says, "Be healed! Now go and sin no more. Love Me as I love you!"

Luigi's Prayer from God's View Today Show 23

Lord Jesus, I pray before you today and give thanks for who you are and what you have done. Make clear your plans and will for us. There is no question or doubt that your promises are clear and that you want what is good for us. You give us hope for our future. I pray we receive ears to hear clearly what your spirit is saying and seek your face. You died for our sins and our sicknesses. I pray for the understanding that we are already healed and in your plan God. Help us not to focus on our troubles. Let us not forget that you are outside of time and you have already healed, delivered, comforted and provided for us. You are such a loving God. You declared our healing and restoration from the cross with the blood of Jesus Christ. Remind us of our promises, our hope, our salvation, faith, and love. I pray these things are rooted in our hearts. We bring these forward to our present circumstances because it is already done. I declare that Faith is the bridge to healing. Let it be on earth as it is in heaven. Because in heaven there is no sickness, trouble, or death, just the joy and glory of God that we call on now through the power of the Holy Spirit. I pray whole-hearted understanding that nothing can shake our faith and knock us down. I pray for the use of the supernatural provision of faith in us through the Holy Spirit. I pray for acknowledgment of who you are. Darkness, death, and sickness are completely separate from you. We will never say sickness or disease is from you. It is not your will, but we thank you for using it for your glory. As your children, we know the end of the story is you. I declare all struggle and pain will end with hope, grace, and love. Thank you for being the God of love that

permeates all sickness, even for those that do not love you, you still love them. Thank you for giving us a glimpse of how vast your love is for us. Your love covers everything. I pray that we remember to look up to you because you will never leave us or abandon us. Thank you for the Holy Spirit and your son Jesus Christ who died on the cross for us. I pray for those reading this that whatever your need is right now that you understand your healing is already provided for in heaven. I pray that you have faith to see God's will for your life. You are loved, made new, fully restored, forgiven, and you walk in the fullness of who he is. I declare that you walk and move forward. You will not stay behind in struggle. You are moving higher today from glory to glory. We cover you with the blood of the lamb and declare God's promises over you. I impart faith to you in the name of Jesus. You will feel God's embrace carrying you throughout any circumstance. Thank you, Jesus, for showing us your glory and mercy. Thank you for who you are. Thank you that there is nothing we can do to deserve or get more of your love. You gave it all. We get up and declare we are healed, provided for, and made new. You are our Father who gets all the glory. We do as you ask and stop thinking of our problems. I declare you will pick up the cross to move forward with God's plan for your life. I declare that you will talk to others in faith, stand strong, and give God praise even in the midst of darkness when you have nothing in you. I declare that this generation will release God's mercy to reach the ends of the world and touch the lost. I declare that we are your hands and feet on earth and we will make disciples of all nations, including our families and our future generations. I pray that we release what we have received in faith, even if our healing is not yet manifested in our body. We are your vessels moving forward. I pray all this in the name of Jesus.

Chapter 9

The Rest of the Stories

This Chapter is devoted to sharing a few of the testimonies from *God's View Today*.

A Deliverance Story- Healing Ulcerative Colitis *God's View Today* Episode 8

“I had faith to believe for my healing, but a demon was blocking my freedom!”

Elise remembered a life once full of travel and designing clothes as she gazed at the four walls of her bathroom. This was now her prison. She was on lockdown 18 times a day with no medical hope of release. Elise was doing life without parole, and she did not know her crime.

The voice of her accuser was the screaming demon of pain that doubled her over daily. She lived in fear, always mapping out the distance to bathrooms and wearing track shoes to get to them on time. She often lost the race.

Elise was in love and planning a wedding in Australia while her health was rapidly declining. Everything was planned in advance, the flowers, the music, the setting, and the fast. She chose not to eat or drink the whole day to avoid the scene of a soiled wedding dress.

Her new marriage was plagued with anxiety and depression. The symptoms were overwhelming as the doctors diagnosed her with incurable Ulcerative Colitis. She stood on faith, but fear of death was looming. She was losing control of her bowels in public more often, so she retreated into a dark world of isolation and loneliness. She asked God to take her home, but heard God say instead, “I will heal you.”

She had faith to believe for her healing. However, she recognized something demonic was blocking her freedom. During prayer, she heard the low guttural voice of the demon summoning her. God gave her a vision of a ruling demon with its minions calling her

to an altar used to sacrifice virgins. She started seeking help for deliverance. When she came to the Above & Beyond website, she had already gone through one deliverance online without success. Desperation drove her on.

Elise explained that the doors to her torment were buried many generations back in the culture of her ancestors that defiled the land through the sinful acts of the Druids. These types of land assignments based on covenants and agreements made to darkness open whole regions up to similar illnesses. Practices of new age had also filtered down through her bloodline, and the demons were able to keep operating through these open doors. Many of her family members struggled with similar issues of infirmity, and none of the males had survived childbirth.

I was not familiar with the customs of Australia or the Druid practices in Elise's family history that were related to the gutting of virgins on sacrificial altars and curses over the firstborn sons, but I knew someone who did! My friend Pat even knew the town she grew up in because he had been there. He gave me a tutorial on the Druid oaths and vows and then together we took Elise through deliverance.

As we prayed, the demons of infirmity tormenting Elise tossed her small frame from side to side releasing a high-pitched squeal that sounded like the sonar of a dolphin. Her husband, Grant, held her down to keep her from hurting herself. God revealed His Glory that day! Her case was presented, and God overturned the verdict. Elise was declared innocent and set free.

The evidence came the day after deliverance. Elise was released from the bondage of her prison cell, and her adult diapers were in the trash. Her bathroom trips were reduced to two. She fought the symptoms of pain with God's word, and within 8 weeks, they stopped. Today there is no sign of ulcers in her colon.

That year Elise's sister came in for deliverance, and she was healed of thyroid disease. The structures of iniquity over their bloodline had fallen, and Elise and her family were fruitful. Both Elise and her sister later became pregnant and delivered healthy baby boys.

If you struggle with a spirit of infirmity that is holding you in bondage, consider adding deliverance to your protocol. It may be the missing piece to your healing.

Freedom from a Murderous Spirit of Fear *God's View Today Episode 10*

Fear chased him toward a premature finish line with 40 seizures in one day. His body writhed under the pressure of the attack, his eyes rolled back in his head, and his soul was running toward the edge of the grave. Death was in pursuit, but life won the race. Meet Omar, an anointed worship leader, husband, and father whose life teetered on the edge of death because of a spirit of fear that entered through his eyes as a child.

His family relocated from Puerto Rico to the United States following his father's military career. He described his childhood as a circus of constant moving and never planting. His father did not want a weak son. He purposely exposed him to pictures of war, murder, and violence at an early age to toughen him up. Spirits of fear and death seized the opportunity to enter through his eyes and begin their torment.

His mother was emotionally unstable. She divorced Omar's father and became involved with Santeria, a form of witchcraft birthed in Africa that traveled to the islands of Cuba, Haiti, and Puerto Rico. Her second marriage was to a Padrino, a godfather in the practice of Santeria.

Omar ran from Santeria, and it's death threats requiring conformity. Rebellion, anger, and retaliation were now the friends that connected him to a kindred spirit found in The Latin Kings. He joined the gang, vowed his loyalty, and accepted their motto "Born in the darkness led to the light." However, another king was in hot pursuit of Omar's soul, and the true light of Jesus Christ broke in on the scene. The conflict was too much, and in a rare event, the Latin Kings blessed Omar out of the organization. This took connections high in the ranks and a trip to a Catholic church to "de-crown" him. He never turned back. It took a counterfeit crown to allow him to accept the one God had reserved for him.

Sin is a dethroned monarch. *Romans 6:12 (The Passion Translation)*

Life moved on for Omar, he was leading worship, married, and expecting his first son when the spirits of murder and death declared war. They launched their attack with over 40 seizures in one day. The prognosis was dim.

His church set up 24/7 prayer vigils but lurking in the room next to his were demons of death plotting their grand finale. A husband whose wife was dying screamed at his stepdaughter over the allocation of assets. The medical tech on duty asked him to leave the room. The enraged stepfather went home but came back with an agenda to murder his wife, her medical tech, and his stepdaughter.

He returned brandishing a gun and threatening to kill whoever got in his way. The medical tech hid in Omar's room. The stepfather searched for her but never saw the room right next door. It was hidden under the shadow of God's wings. Frustrated, he went back to his wife's room killed her and took his own life. Omar was safe, but it took time for him to feel that way.

After Omar was released from the hospital, I visited him at home and prayed the Micah 2:13 breaker anointing over him to help him come in to Above & Beyond Counseling for deliverance.

“The breaker goes up before them; They break out, pass through the gate and go out by it.

So their king goes on before them, And the LORD at their head.” *Micah 2:13 (NASB)*

It worked! During his deliverance, spirits of fear manifested by clenching Omar's teeth. I sensed they were about to release their fury. His body became rigid. Suddenly, I felt the love of God overtake me and begin radiating out of my eyes. All I could say was, “Omar just look into my eyes.” He saw God's love. The spirits of fear left, and his body relaxed in peace.

Omar later told me, he had experienced the love of God in the past, but this level of God's love was incomparable. I went to bed that night asking God, “Can you tell me what that was today? I have never seen a deliverance like this one.” His response was clear, “Perfect love casts out all fear.”

Today his parents are saved, the seizures are gone, the fear is gone, and Omar's baby boy has a new legacy to experience through his encounters with God. The blessings can now travel down to the next generation.

Freedom from Fibromyalgia
***God's View Today* Episode 14**
Phyllis' Story

"I share my full testimony of a life lived walking on eggshells with an alcoholic parent and dealing with Jezebel spirits of control on show 14. This piece of the story focuses on the fear-based infirmity that was the result." Phyllis Tarbox

Fear greeted me at the front door when I found my mother sitting in front of a typewriter with a bottle of pills, typing a suicide note. It got bigger when my father became terminally ill with cancer, and I was told, "Your childhood is over, it's time for you to grow up." I was nine. He died when I was 10, and I became my mother's sole caretaker. Her coping mechanism was alcohol. Mine was hiding.

In sixth grade, we moved to Florida, from a tiny beach community in Connecticut, where everyone knew my name, and I was safe. Now I was the new girl with nowhere to hide. I was 5'9", weighed almost as much as I do today, had green teeth, frizzy hair, and one-inch thick glasses. I had no friends, many bullies, and constant fear. I was mowing the lawn, paying the bills, gardening, grocery shopping, and mixing my mother's drinks! I became a good bartender and an awful student. I was over my head with false responsibility, and treading deep water.

My mother regained control of her life when I turned 13, and I cruised my way through high school and college with honors. The perfect storm hit my senior year in college when I entered into sexual sin. Within weeks, I got sick and stayed sick for the next 20 years.

I was sinking into despair. I had strep throat seven times, was diagnosed with toxic shock, had surgery for pre-cancer cells, and suffered from several bronchial infections. I was living on antibiotics and suffering from constant joint and muscle pain.

After a myriad of tests, I was finally labeled with the catch-all description of Chronic Fatigue/Fibromyalgia. It came ten years after it started and brought a word curse with no cure.

I followed all the dietary guidelines and lived without sugar, dairy, and processed foods. I became functional but not whole.

The doctors could only facilitate the healing of my body. I needed help in healing my mind, will, and emotions. I needed to be free from the fear that was feeding this monster.

I found a ministry that specialized in deliverance and co-partnered with the Holy Spirit! They got to the root of my fear issues and cast out the demons that kept me in

bondage. As the peace of God was prevailing, my body began to heal.

After years of delay, the enemy lost the battle.

I wanted to write, speak, and be involved with media. I had no clue how I would get there, but my dreams were big ones. When I went through deliverance, everything changed. One door after another began to open. People were jealous, but God was making up the time I lost. I was on a fast track to re-establish my purpose.

Funny side note- I always pictured myself on television at 22. When I actually made it in my late 50's with a high definition camera exposing all my wrinkles, I almost had a meltdown. Thankfully, my daughter was there to remind me that God was faithful to complete what he had started and this was not the time to fall apart!

My choices like Moses left me wandering in the wilderness for almost 40 years. You do not have to stay there another day. If this hit home for you, seek help. God is waiting to restore what the enemy has stolen.

Abuse Invites “Little Girl” Spirits of Fear *God’s View Today* Episode 16

“The sexual abuse started when I was 5 and repeated at 8, 10, 12 and 15. It began with molestation and increased in intensity with each of the four abusers. You don’t question it as a child. You just begin to feel like it’s okay and part of being loved, but you never speak about it. Instead, you think there must be others going through this just like me.” Susan from Episode 16 of *God’s View Today*

Spirits of fear that entered Susan from sexual abuse caused her to continue childish behavior as an adult. The demons that gained access to her soul at five behaved like a 5-year-old. We believe these spirits enter as the traumatized child dissociates, seeks to hide, or lets something else (a spirit) take the abuse. Hence, the legal right for the demon to stay is often not addressed.

My first deliverance encounter with these demons turned a 50-year-old woman into a pouting child right before my eyes. The spirit used the woman to declare in a baby voice, “I don’t want to go, I like it here.” Since that time, I routinely call out “little girl” (boy) spirits of fear that cause adults to hide and cower like a small child. They usually exit with a child-like manifestation.

Actual Deliverance: Freedom from a “Little Girl” Spirit

One of my favorite deliverance stories involved a client who was tormented by a group of these “little girl” spirits. She was in her mid-twenties at the time and had suffered a great deal of fear in her childhood from an angry alcoholic father. Her survival method was hiding in her room, and playing pretend games. She loved to dance so she would dress up in her dance costumes and pretend she was on stage somewhere else.

When we took her through deliverance “little girl” spirits of hiding, running away, and fear of abuse manifested as a dancing little girl with a nervous giggle. It looked like a dance recital going on in my office chair. Once we realized this was how she escaped as a child, we stopped the dance and commanded them to go.

This deliverance bore great fruit. My client returned to work and told her co-workers about her session. They replied, “We have a way to test your deliverance. You do something in every office meeting that everyone notices. We are not going to tell you what it is. We are going to watch you. If you don’t do it, we will know you are really free.”

My client later reported that she passed her co-workers test. Evidently, during each

meeting, she would randomly shrug up her shoulders and begin nervously giggling like a little girl. They were happy to tell her there was no sign of that little girl in attendance. She was free indeed!

Overcoming Depression and Grief
God's View Today Episode 15
Kathleen's Story

Everyone has a story. Everyone has a past. Until we have an encounter with true peace and love, we dwell, search and stumble in the realm of darkness. Even if we've had the best of parents, friends, and even prosperity, there is a darkness we live in until we meet Him—the Light of the world.

The untimely death of a loved one is probably the deepest wound the Devil can inflict. Every Passover, every year when we celebrate the day of His resurrection, I think about the Father's heart and how it must have ached for His only Son—His firstborn. I'm reminded of my own experiences with grief from a young age and into early adulthood. My mother graduated to be with the Lord when I was only eight years old, my father died on my sixteenth birthday, my closest brother died of cancer, and then by far the most painful —my firstborn, my baby girl, tragically lost her earthly life at 22 months old.

The Back Story

I have to say, if I were to meet me as a young adult, I would not have liked me.

I was extremely prideful, arrogant, and largely unteachable. My heart had been hardened, and I stubbornly scoffed at the likelihood that there was a God in heaven who loved me and cared about me. Nevertheless, I knew there had to be more, and my husband Stephen and I were seeking “enlightenment” in all the wrong places. We first met at the University of South Florida and then moved to New York for Stephen to attend graduate school. “Aha!” we thought, thinking we would find the answers we needed from the highly educated. This turned out to be disastrous. The professors were more confused, arrogant, and/or depressed than we were. No answers there!

Next Step

We decided to ditch the higher education scene, drop out of society altogether, and create our own utopia. Bad idea! Always a bad idea, by the way.

Our method of madness was to build our own boat from scratch, live on it, and raise the perfect children. Neither one of us had any experience with tools or building, but we did know how to research and learn. We sold most of our material belongings and

used an inheritance from our parents to purchase the boat plans and the supplies we needed. We both quickly gained knowledge and skills that would carry us through years of construction. Our tenacity paid off as we proudly watched our 55-foot sailboat transform from dream to reality before our very eyes!

Three years into construction we decided to have a child, and Kishina (our firstborn baby girl) was gifted to us. Being young, foolish and definitely lacking in parental skills, we created a playpen in our Volkswagen van. She could see us, and we could see her, but there were periods of time where we were down inside the hull of the boat, and she was out of sight. Like I said, bad parenting! We loved her dearly and enjoyed her immensely, but we were clueless about properly protecting and caring for her. We were selfish and our focus was mostly on our dream.

Now little girls naturally crave attention; they want to be played with and admired by their parents. One day the van gate was carelessly left unsecured, and Kishina toddled outside the safety of her makeshift playpen. By this time, the boat was completed enough to be launched at a boatyard on the Hillsborough River in Tampa. Without our knowledge, Kishina went into the water to be with her mommy and daddy. My heart flooded with panic and anguish when I went to check on her and saw that she was not in the van! Stephen and I searched the riverbank frantically and called out her name again and again. It wasn't long before I found her floating in the water, limp and unresponsive. Her little body was cold, her lips a frightening shade of blue. But she was still alive! We rushed her to the hospital, and although the doctors tried valiantly to save her, our innocent 22-month-old baby girl fell asleep forever the next day. Our "utopia" crumbled to pieces in an instant on this awful day. It was extremely painful and devastating. It was the worst day of my life.

Darkness

My world went from dark to abject, utter blackness. It was perhaps like the darkness that covered the Egyptians during the Passover, so deep it was tangible — suffocating and scary. In those days we didn't have car seats or seat belts, so we held our children on our laps. I remember how my body would tremble with torment and pain whenever we rode in the van. My arms longed to feel Kishina's warm, cuddly little body sitting on my lap. Sleep alluded me because of the nightmares. During the day I would be terrorized with open-eye visions of my child drowning, and the torment of guilt and shame immobilized me. I tried illegal drugs, chanting, and sampling many Eastern religions to get relief. Nothing helped, and I was getting worse. Crying became the daily norm.

This went on for over a year. Then, a fellow boat builder befriended us. He was a Christian, and I was not, and I didn't like being around him; his constant smiling really irritated me. What was in me, didn't like what was in him. Finally, he convinced Stephen to join him for a home church gathering. I would stay home and try my skills at astral-projection and other demonic activities to get relief. Although nothing was working, I still refused to go with my husband to anything Christian. I was raised as a Catholic, but I had long ago rejected my childhood faith. Jesus was not real to me, and I sought God in nature—if there was a God.

Stephen's Witness

Then the miracle began to happen. Stephen, who had his own issues, was starting to transform before my very eyes. He was becoming a man of peace, the peace that I had been searching for. I began to soften to his continuous invites to go with him to church meetings. Finally, I conceded to go with him, but I went totally stoned on pot just so I would be able to endure the services. But God! But God in His love and patience was beginning to soften and touch my heart.

I began to question the God of my childhood. Maybe He was really God, and if so, I was now on the wrong side! Fear gripped my heart. The Holy Spirit revealed to me that there were only two kingdoms in existence. First was the Kingdom of Darkness where Satan ruled and included all other religions, philosophies of men, and drugs. The other was the Kingdom of Light where the Lord Jesus ruled. I was alone in our boat cabin when He brought me to a place of decision. Openly and with sincerity of heart, I told the Lord that I would like to serve Him, asking Him to be my Lord and King. I knelt before Him in fear of remaining in torment for the rest of my life, and the thought of living in darkness for eternity terrorized me. Even in this state of mind, the Holy Spirit graciously assured me with the peace that passed all understanding. I felt real peace for the first time in my life. I was greatly relieved in knowing I had chosen the right side.

Baptized with the Holy Spirit

Just a few weeks later, I was reading in the scriptures how God required that we love Him with all our heart, soul, mind, and strength. I was shocked! I literally cried out, "You mean I have to love you, too? Is it not enough to just choose you as King? I can't love you. I don't even like you!" Even though I knew Jesus was a better choice than

Satan, I still blamed Him for all the suffering in the world and accused Him of not running the planet very well. Oh, I was ignorant! But God! But God was gracious and tolerated my insolence and poured out His mercy on me.

The Encounter

Fearfully, I called upon the Lord. I told Him that I would not be able to maintain my allegiance to Him and remain a Christian if love was a requirement.

That evening in the aft stateroom of our boat, I anxiously lay awake pondering this newly discovered requirement. My husband slept soundly beside me in the darkness as I tossed and turned to the familiar cadence of the gently creaking boat. Suddenly our bedroom began to glow with light, and Jesus appeared. To my amazement, He picked me up like I was a four or five-year-old child yet somehow I remained my adult self. I sat on His lap, and He embraced me with indescribable, tremendous love. He smiled and laughed with joy as He held me in His arms. My heart began to melt as His love and acceptance, like osmosis, infused my body and penetrated – deep into my anxious soul. I honestly do not know how long He sat there cradling me before tenderly laying me back down on the bed. Then He sat between Stephen and me, stroking our brows like a loving parent. He did everything for me that I did not do for my own daughter and wiped away my guilt and shame. What a God we serve! A few weeks earlier, He had revealed Himself to me as peace, and now He was showing me that He was also the greatest love. This love is a love that only He can give. No mother, father or spouse can pour out this divine substance. In the words of a Kari Jobe song, “Love came down and rescued me.”

Joy comes in the morning

When I woke up the next morning, I knew I could speak in tongues with my heavenly language. I knew I had been baptized by Jesus into the Holy Spirit. I walked around all day rejoicing, praising, worshiping, and speaking in tongues! The darkness was completely gone. No more night or day terrors. I told the Lord I never want to cry for me. I never want to feel self-pity like that again. If I cry, let it be for others that I might help bring them out of their darkness.

He became so real and tangible. He literally was there beside me laughing and yes, even joking with me throughout the day. I found myself laughing along with Him instead of crying. He had already revealed Himself to me as peace and love, but now

even joy overflowed my heart. I knew I had been circumcised in my heart to love Him and it was absolutely joyous!

“Moreover the LORD your God will **circumcise your heart** and the heart of your descendants, **to love the LORD your God** with all your heart and with all your soul, so that you may live.” *Deu 30:6 (NASB)*

More blessings!

The Lord has since blessed me with four more outrageously beautiful daughters. I had asked for sons as I felt I couldn't handle the care of another daughter, but He knew better. And what the Devil had stolen, God restored more than four times over!

Today they are all very accomplished and serve Him in worship and dance, in their families and careers. Our first daughter after my healing we named Haven Glory. She was a rest to our souls and a constant reminder of His glory. He had given us a haven of rest that was impregnated with His glory unspeakable!

Perfect love

I want to encourage you to be real and honest with God. He already knows what you are thinking and how you feel. I like what Phyllis always says: “He has big shoulders. He can handle it.” He is not a punisher! Instead, He will discipline (or correct) you, but it will be handled with love, mercy, and grace. Come to Him in sincerity and truth and expect Him to show up.

There is no fear in love; but perfect love casts out fear, because fear involves punishment, and the one who fears is not perfected in love. ¹⁹ We love, because He first loved us. *1 Jn 4:18-19 (NASB)*

God is love. *1 Jn 4:8 (NASB)*

Pray right now and let Love (with a capital “L”) cast out your fears. Let Love cast off the darkness. Love has a name. His name is Jesus.

RESOURCES

Above & Beyond Christian Counseling

<https://aandbcounseling.com/resource-library/>

Above & Beyond Counseling Academy

<https://academy.aandbcounseling.com/>

Deliverance Plain and Simple Manual

<https://academy.aandbcounseling.com/manuals/>

Deliverance Training Boot Camp

<https://academy.aandbcounseling.com/bootcamps-store/>

Children's Deliverance Training Boot Camp

<https://academy.aandbcounseling.com/product-category/childrens-deliverance-ministry/>

Practical Primers on Deliverance

<https://academy.aandbcounseling.com/product-category/practical-primer/>

Scriptamins: Daily vitamins for spiritual empowerment

www.ClearwaterHealingHouse.org

https://www.amazon.com/s/ref=nb_sb_noss_1?url=search-alias%3Daps&

Christian Healing School-Applying the principles of faith and the supernatural
(syllabus)

www.ClearwaterHealingHouse.org